

WHAT'S GOING ON AT CFCMS

HOME OF THE HAWKS!!!



August/September 2026

DATES TO REMEMBER

- Monday, August 24- First Day of School (ODD Day)
- Friday, September 4 - No School for all
- Monday, September 7 - No School for all
- Thursday, September 10 - Back to School Dance, 6-8 pm
- Thursday, September 17 - Grandparents Day
- Friday, September 25 - Progress Reports Distributed

CFCMS events will be announced during the announcements.

Please check the school website for updates.



Our first PAC meeting
will be Thursday,
September 3,
E-mail:
b.sydell@gmail.com



Meet Your PAC Organizer!

Please welcome B. McNair, your 2026-2027 CFCMS Parent Advisory Committee Organizer! B. is excited to work alongside our amazing Hawk parents, students, faculty, and staff to create a successful, engaging, and memorable school year. This year, the PAC will focus on building stronger family engagement, supporting our teachers and staff, creating meaningful experiences for our students, and growing together as one Hawk Family! Parents are encouraged to Join the Flight and discover how they can contribute their time, talents, ideas, or support.

Kroger Community Rewards

- Create or sign in to your Kroger account.
- Go to Community Rewards.
- Search and select **Suffolk Public Schools** or code **AN856**.
- Shop with your linked Shopper's Card.
- CFCMS receives donations at **no extra cost** to you!

Every purchase you make helps fund essential school programs, student activities, and classroom resources!

PARENT INFORMATION				PLEASE COMPLETE ALL SECTIONS OF THIS FORM	
Name	Last	First	Middle	Birth date	
Address				Home tel. #	
PARENT/GUARDIAN INFORMATION				Home tel. #	
Mother's/Guardian's name				Home tel. #	
Work tel. # (with extension)				E-mail	
Father's/Guardian's name				Home tel. #	
Work tel. # (with extension)				E-mail	
Parents or guardians listed above have permission to pick up the child, unless otherwise indicated. Notify the school principal immediately if there are court orders restricting noncustodial parents or others from contact with child. Provide principal with a copy of the order.					
EMERGENCY CONTACT INFORMATION					
Persons designated below are authorized to pick up my child from school in case of an accident, illness or an emergency.					
Emergency contact's name				Relationship to child	
Work tel. # (with extension)				Relationship to child	
Home tel. #				Work tel. # (with extension)	
E-mail				E-mail	
COMPLETE SECTION BELOW					
ALL PHYSICIAN INFORMATION					
Child's known allergies and medical conditions					
Physician's name				Tel. #	
Physician's address				E-mail	
Physician's phone				Date	
I, the undersigned, hereby authorize the school division to seek emergency medical assistance for my child if I or contact persons may be reached.					
Signature				Date	

Please submit all Emergency Cards at your earliest convenience if you haven't done so already.



IF PARENTS/GUARDIANS BRING OUTSIDE FOOD FOR THEIR CHILD, IT MUST BE CONSUMED IN THE CAFETERIA DURING THEIR LUNCH TIME **ONLY**.
NO DOOR DASHING PERMITTED!



FALL SPORTS

Keep an eye on our social media pages to be first in the know for all events!



Boys Tryouts: Wednesday & Thursday, Sept. 2nd & 3rd

2:15pm - 4:00pm, CFCMS Gym

Girls Tryouts: Tuesday & Wednesday, Sept. 8th & 9th

2:15pm - 4:00pm, CFCMS Gym

Open to all grade levels

Sign up sheets are in each grade level pods

See Coach Barbee for questions.

NOTE: Students must have a VHSL Physical form on file by the tryout dates. No Exceptions.

Students **MUST** have a ride to pick them up no later than 4:00 on tryout days!



ClassDojo

September PBIS Parent Survey

We would like to hear about how you feel about our school. We will use your answers to find ways we can improve our school. You do not have to answer all of the questions.

This survey is anonymous – nobody will know that your answers came from you.

Take Survey Here



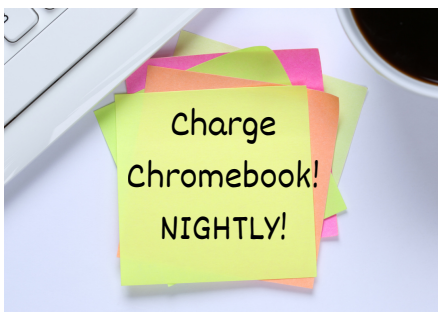
@CFCMS all
Hawks S.O.A.R.

Successful

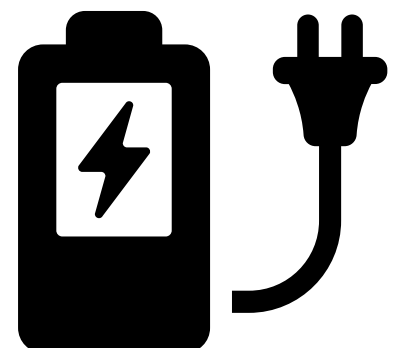
Organized

Accountable

Respectful



Parents, remind your students to charge their Chromebooks every night to ensure they are prepared for a successful school day. A fully charged device allows them to access materials, participate in lessons, and complete assignments without interruption.



#1


**SPIRITWEAR
DIRECT**

Join Our Spiritwear Store!

Welcome to our school's spiritwear store. Our store has tons of product and design options for you to choose from, letting you create your perfect custom spiritwear.

Your purchase can help raise money for our school!

Join below and we will keep you up to date on new products and promotions we add to our site.


JOIN TODAY


TWO MERCH STORES

#2

FRESH STARTS. FRESH STYLES.

Fully customizable fanwear from your favorite athletic and leisure brands.


**SIDELINE
STORE**


Design it
Your OWN
Way!





SUFFOLK PUBLIC SCHOOLS

Cell-Phone Policy *Simplified*

- 1 Out of Sight:**
Cell phones, smart devices and accessories should be turned off and stowed prior to students entering the school and may be accessed at the end of the school day.
- 2 Benefits of Compliance:**
A cell-phone free zone promotes a healthier and more focused educational environment where every child is free to learn. Violations of this policy will result in a warning followed by additional disciplinary action for future violations.
- 3 Cell-Phone Policy:**
Scan the QR Code to view the Suffolk Public Schools Cell-Phone Policy and other relevant information.



CCCMS COUNSELOR CORNER

Parents, make sure your students have joined the School Counseling Canvas Page for lots of school updates, scholarship info and much more!



Stay in the loop and get all the latest updates and essential information by visiting us!



[Col. Fred Cherry Middle School Website](#)

Water Bottle Rules

For safety and to prevent spills, only lightweight, BPA-free plastic water bottles or cups with secure lids should be brought to school. Stanley cups and other similar metal or heavy tumblers are not permitted, as they are prone to large spills and can pose a safety risk if dropped or misused. Please send students with spill-resistant, BPA-free plastic bottles only.



IN THE MONTH OF *September*

WE CELEBRATE.....

