1	7:45 am – 9:20 am
Break	9:20 am – 9:35 am
3	9:40 am – 11:15 am
5	11:20 am – 12:55 pm
LUNCH	12:55 pm – 1:30 pm
7	1:35 pm - 3:10 pm

Wednesday September 2nd, 2026

1. Principal's Advisory Council Applications
Students are invited to apply for the 2026–27 school year! Together, we'll tackle issues at CHS, explore ways to improve our school culture and climate, and provide student feedback on new ideas, programs, and changes happening on campus. Interested in being part of the conversation?

- The application link is posted in your grade-level Google Classroom. Email Ms. Duethman at lduethman@carmelunified.org
- Available in the CHS office.
- See Ms. Duethman with any questions.

2. Mark your calendar for our annual Powder Puff game on Friday, Sept. 11th! The Class of 2029 will host the snack bar while we all watch the Juniors take on the Seniors!

3. Come collage a bookmark in the library during office hours or lunch on Thursday. We will provide all materials. If you'd like to reserve a spot during office hours to work on a bookmark collage, send Ms. McGowan an email by Wednesday.

4.Ready to Stand Out! Build the real-world skills employers and colleges want—on your own time! **Carmel Career Lab** offers 11 short, self-paced online courses covering interviews, communication, teamwork, time management, financial skills, and more. **Build skills. Boost confidence. Get ready for what's next! Register here!**

5. Interested in coaching Next Level Basketball this fall at Carmel Middle? Come to an information meeting tomorrow at break in Room 7. You can earn community service hours or get paid.

Cafeteria: Breakfast- whole grain pancakes, breakfast oatmeal bar, lucky charms lunch- western burger w/bbq sauce on whole grain bun, spicy chicken n whole grain bun, cheesy pull apart, fruit yogurt parfait w/granola, protein bento box, bosco sticks w/marinara sauce Special- butter chicken w/lemon rice or orange chicken w/veggie friend rice

Clubs meeting today: Pottery rm. 41, chess club rm 24

Clubs:

Join CHS D&D club. We will be having our first meeting this Thursday during lunch in Mr. Freitas's room. Whether you are interested in learning how to play or are an experienced player, stop by and start creating your character!

Sports:

Carmel High girls TENNIS continued with their preseason matches and beat Soquel High School 6–1 on Tuesday. Singles winners for the Padres were Lauren Klingel, Sophia Wetzel, Meya Lin and Bridget Trambley. Doubles winners were Naomi Foudy and Havana Razi-Symes, and Grace Xu and Anna Rasmussen. Go Padres!

Congrats to the JV Flag Football team for their 18-0 victory against Alisal High. Quinn had a pick six for a touchdown and another great receiving touchdown, while Eden added an offensive touchdown of her own. Varsity fell just short with a score of 15-12, with Kealani and Anabella both scoring touchdowns. Come support your Flag Football team next Monday and Wednesday at home!

Community service:

Carmel International Film Festival at Golden Bough is looking for volunteers. Students who have an interest in film, art, photography, music, writing, events - and those who just have a passion for volunteering in our community! Our festival lineup has Q&A sessions and screenings with some of the finest filmmakers, composers and artists of our time. If you are interested you are welcome to submit the volunteer form at the link here.

MEarth is looking for volunteers for their Glass Pumpkin Patch on September 18th-20th (flyer). They need help with setup,cleanup,packaging,parking, and much more. If you are interested here is the link to sign up.

For Parents:

Padre Parents General Meeting – September 2

Join us for our first Padre Parents General Meeting of the year on **Wednesday, September 2 at 8:00 a.m.** in the CHS Performing Arts/Theater Lobby. Come hear updates from school administration and staff, learn what Padre Parents has planned for the year, and find out how you can get involved. Coffee and conversation included! Can't join us in person? Join via Zoom: