

MENU

À LA CARTE (EVERYDAY ITEMS)

À LA CARTE EVERYDAY ITEMS	
Homemade Beef Burgers/Knockout Veggie Burgers	\$35
4pcs Crispy Chicken Tenders with Dipping Sauce	\$30
Hot Dog (Chicken)	\$15
Fries or Potato Wedges	\$15
Grab N Go Ciabatta Paninis	
Pesto, Tomato & Mozzarella Cheese Panini	\$55
Turkey, Cranberries & Swiss Cheese Panini	\$55
Pesto Grilled Chicken Panini	\$55
Tuna Melt Panini	\$55
Assorted English Muffin Sandwiches	\$20

Note: To pre-order from the À La Carte menu, please email cafeteria@isps.edu.tt by 10:00 AM. Be aware that daily À la Carte orders have a 10-minute wait time.



Snacks, Desserts & Drinks

MENU

PASTRIES. SNACKS. BEVERAGES

Flaky Pastry & Baked Pies - Chicken/Beef/Potato/Cheese	\$10
Sausage Rolls	\$10
Empanadas - Beef/Chicken/Cheese	\$10
Jamaican Patties - Chicken or Beef	\$20
Assorted Muffins	\$10
Assorted Cookies	\$10
Banana Bread Slice	\$10
Assorted Cake Slice	\$10
Brownies	\$12
Assorted Baked Tarts & Rolls	\$12
Fresh Fruit Cups	\$15
Fresh Fruit Chia Seed Bowls (Coconut Milk Base)	\$25
Whole Fruits - Apples & Bananas	\$9
Granola/Chewy Bars	\$7
Caramel Wafers	\$7
Cookies - Mialno/Oreos	\$10/\$5
Nutrigrain Cereal Bars	\$7
Frito Lays Brand Potato Chips	\$8
Gold Fish Crackers	\$8
Creamery Ice Cream Novelties	

BEVERAGES

Fresh Bottled Juices	\$15
Coconut Water	\$20
La Croix Drinks	\$12
Snapple Juice Drinks	\$20
Orchard Juice Box	\$10
Nesquik/Milo Milk Box	\$10
Fresh Fruit Smoothies	\$20
Fresh Lemonade	\$20
Iced Coffee	\$20



EVERYDAY BREAKFAST MENU

Breakfast Combo: 2pc Waffles or 2pc Pancakes with Fruit Compote, Eggs, Bacon or Sausages - \$30.

Everyday Breakfast Menu

Breakfast Combo: 2pc Waffles or 2pc Pancakes with Fruit Compote, Eggs, Bacon or Sausages

Fry Bake/Roast Bake

Scrambled Egg

Sauteed Trini Style
Sausages/Perdue Turkey
Sausages

Salt Fish Buljol

Fried Plantains

Bacon

Rotated Breaktime Menu

Waffles OR Pancakes with Fruit Compote & Syrup

Hash Browns

Grilled Cheese Sandwiches

Assorted Hot dog Bread
Sandwiches (Eggs/
Sausages/Cheese/Bacon)

Jamaican Patties - Chicken or Beef

Assortment of Flaky Pastry Pies

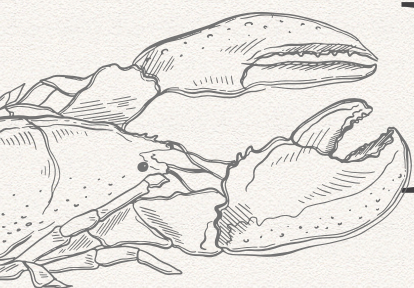
Sausage Roll Specials

Assorted Bagels with Cream Cheese/ Assorted Fruit
Jams/Butter/Chicken Salad / Tuna Salad / Trini Cheese Paste

Fresh Fruit Cups / Coconut Milk Chia Seed Bowls

Whole Fruit - Apple/Banana





PRICES

BREAKFAST

Bread & Veg	\$15
Bread & 1 Meat	\$20
Bread & 2 Veg	\$25
Bread & 1 Veg & 1 Meat	\$25
Bagel & Cream Cheese or Jam	\$20
2 Pancakes or 2 Waffle Pcs with Syrup	\$20
ISPS Combo 2pc Pancake or 2pcs Waffles with Fruit Compote Eggs, Bacon or Sauteed Sausages	\$30
Fresh Fruit Cups	\$20
Fresh Fruit Smoothies	\$20
Fresh Fruit Chia Seed Bowls	\$25
Whole Fruit – Apple or Banana	\$9

Contact us:
cafeteria@isps.edu.tt

