



Schuylkill Valley Elementary School

SEPTEMBER 2026

Every meal consists of servings from the following 5 meal components: Meat/Meat Alternate, Whole Grains, Vegetable, Fruit, and Milk
Students MUST select a MINIMUM of 3 meal components; Offered and MUST be a fruit or vegetable
A selection of white and flavored 1% Milk is offered daily.

NEW!

LACTAID® MILK IS HERE!

Now Offering
WHITE & CHOCOLATE LACTAID® MILK



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 A. Whole Grain Pancakes w/ Sausage Links B. PBJ Uncrustable Hashbrown/Honey Glazed Carrots Warm Cinnamon Apples Fresh Veggie/Fresh Fruit 	2 A. Chicken Nuggets w/ Breadstick B. PBJ Uncrustable Broccoli with Cheese Sauce Fresh Veggie/Fresh Fruit 	3 A. Mozzarella Sticks w/ Marinara Sauce B. PBJ Uncrustable Tater Tots Seasoned Green Beans Fresh Veggie/Fresh Fruit 	4 SCHOOL IS CLOSED 
7 SCHOOL IS CLOSED 	8 A. Subway Sandwiches B. PBJ Uncrustable Mixed Vegetable Fresh Veggie/Fresh Fruit 	9 A. Chicken Fettuccine Alfredo w/ Dinner Roll B. PBJ Uncrustable Steamed Broccoli Fresh Veggie/Fresh Fruit 	10 A. Grilled Cheese or Grilled Ham & Cheese B. PBJ Uncrustable Tomato Soup Steamed Peas Fresh Veggie/Fresh Fruit 	11 A. Hot Dog w/ Cheese Stick B. PBJ Uncrustable Tater Tots Baked Beans Fresh Veggie/Fresh Fruit 
14 A. Nacho Bel Grande B. PBJ Uncrustable Lettuce/Tomato Cups Fiesta Rice/Corn/Refried Beans Fresh Veggie/Fresh Fruit 	15 A. Chicken and Waffles B. PBJ Uncrustable Hashbrown/Honey Glazed Carrots Warm Cinnamon Apples Fresh Veggie/Fresh Fruit 	16 EARLY DISMISSAL 	17 A. Assorted French Bread Pizza B. PBJ Uncrustable Fresh Tossed Salad Steamed Peas Fresh Veggie/Fresh Fruit 	18 National Cheeseburger Day A. Cheeseburger or Chicken Sandwich B. PBJ Uncrustable French Fries/Baked Beans Fresh Veggie/Fresh Fruit 
21 A. Chicken Corn Dog B. PBJ Uncrustable Funnel Cake Fries Baked Beans Onion Rings Fresh Veggie/Fresh Fruit 	22 A. Assorted Personal Pizza B. PBJ Uncrustable Fresh Tossed Salad Mixed Vegetables Fresh Veggie/Fresh Fruit 	23 National Snack Stick Day A. Little Panther Sampler Platter Mac n' Cheese Bites/Wing Mozzarella Sticks B. PBJ Uncrustable Fresh Veggie/Fresh Fruit 	24 A. Breaded Chicken Drumsticks w/ Cornbread Poppers B. PBJ Uncrustable Mashed Potatoes w/ Gravy / Corn Fresh Veggie/Fresh Fruit 	25 National Quesadilla Day A. Chicken Quesadilla B. PBJ Uncrustable Fiesta Rice/Corn/Chips & Guacamole Fresh Veggie/Fresh Fruit 
28 A. Walking Tacos B. PBJ Uncrustable Lettuce/Tomato Cups Fiesta Rice/Corn/Refried Beans Fresh Veggie/Fresh Fruit 	29 A. Chicken Tenders w/ Dinner Roll & Butter B. PBJ Uncrustable Roasted Carrots French Fries Fresh Veggie/Fresh Fruit 	30 A. Sausage, Egg & Cheese on Croissant B. PBJ Uncrustable Hashbrowns Warm Cin Apples Fresh Veggie/Fresh Fruit 	 MEAL PRICES  Breakfast - Free for ALL Students Paid Lunch Cost - \$3.00 Menu is subject to change. ★ This institution is an equal opportunity provider. ★ INTERESTED IN SUBSTITUTING IN FOOD SERVICE? Call Louisa Trumbore 610-916-5726 	