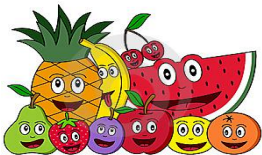


	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 W/C	1. Cajun Quorn & Sweetcorn Pizza (v)	1. Macaroni Cheese with Garlic Bread (v)	1. Winter Vegetable & Bean Hotpot (v)	1. Southern Style Quorn Burger with Herby Diced Potatoes (v)	1. Jacket Potato – Cheese (v), Beans (Ve) or Tuna
31/08	2. Chicken Tikka Curry with Rice & Naan Bread	2. Chicken Jollof Rice	2. Lamb Lasagne with Garlic Bread	2. Beef Burger in a Bun with Herby Diced Potatoes	2. Breaded Fish Fingers and Chips
21/09	3. Jacket Potato – Cheese (v), Beans (Ve) or Tuna	3. Jacket Potato – Cheese (v), Beans (Ve) or Tuna	3. Jacket Potato – Cheese (v), Beans (Ve) or Tuna	3. Jacket Potato – Cheese (v), Beans (Ve) or Tuna	
12/10	4. Egg Mayonnaise Sandwich (v)	4. Tikka Chicken Wrap	4. Cheese Sandwich (v)	4. Tuna Sandwich	3. Cheese Sandwich (v)
09/11	Frozen Raspberry Yoghurt (v)	Mixed Berry Sponge Cake with Custard (v)	Strawberry Jelly (Ve)	Fresh Fruit Platter (Ve)	Shortbread Biscuit (Ve)
30/11					
04/01					
25/01					
WEEK 2 W/C	1. Cheese and Tomato Pizza (v)	1. Mixed Bean & Cauliflower Tikka Curry With Rice & Naan Bread (Ve)	1. Quorn Spanish Style Rice (v)	1. Quorn Nuggets with Potato Wedges (Ve)	1. Jacket Potato – Cheese (v), Beans (Ve) or Tuna
07/09	2. Sweet Chilli Salmon Stir-Fry Noodles	2. Spaghetti & Meatballs in Tomato Sauce	2. Chicken Shawarma with Flatbread & Rice	2. Breaded Chicken Strips with Potato Wedges	2. Breaded Fish Fillet and Chips
28/09	3. Jacket Potato – Cheese (v), Beans (Ve) or Tuna	3. Jacket Potato – Cheese (v), Beans (Ve) or Tuna	3. Jacket Potato – Cheese (v), Beans (Ve) or Tuna	3. Jacket Potato – Cheese (v), Beans (Ve) or Tuna	
19/10	4. Egg Mayonnaise Sandwich (v)	4. Roast Chicken Wrap	4. Cheese Sandwich (v)	4. Tuna Sandwich	3. Cheese Sandwich (v)
16/11	Fruit Crumble & Custard (v)	Cocoa & Orange Sponge Cake (v)	Strawberry Cheesecake (v)	Fresh Fruit Platter (Ve)	Cheese and Crackers (v)
07/12					
11/01					
01/02					
WEEK 3 W/C	1. Vegetable Pizza (v)	1. Pasta in Tomato Sauce with Garlic Bread (v)	1. Vegetarian Hotdog and onions in a roll (v)	1. Vegan Sausages, Mashed Potato & Gravy (v)	1. Jacket Potato – Cheese (v), Beans (Ve) or Tuna
14/09	2. Mild Chilli Beef Taco with Yellow Rice & Baked Tortilla Nachos	2. Chicken Katsu Curry with Rice	2. Roast Chicken, Roast Potatoes and Gravy	2. Pork Sausages, Mashed Potato & Gravy	2. Breaded Fish Fingers and Chips
05/10	3. Jacket Potato – Cheese (v), Beans (Ve) or Tuna	3. Jacket Potato – Cheese (v), Beans (Ve) or Tuna	3. Jacket Potato – Cheese (v), Beans (Ve) or Tuna	3. Jacket Potato – Cheese (v), Beans (Ve) or Tuna	
02/11	4. Egg Mayonnaise Sandwich (v)	4. Sweet Chilli Chicken Wrap	4. Cheese Sandwich (v)	4. Tuna Sandwich	3. Cheese Sandwich (v)
23/11	Fruit Smoothie (Ve)	Apple Upside Down Cake with Custard (v)	Orange Jelly (Ve)	Fresh Fruit Platter (Ve)	Cocoa & Banana Cookie (Ve)
14/12					
18/01					
08/02					

All main meals are accompanied with a side of vegetables!

(v) Vegetarian, (Ve) Vegan

Available Daily- Fresh Fruit



Yoghurt



Salad



Bread

