



September Menu

LUNCH



Monday	Tuesday	Wednesday	Thursday	Friday
	Sep 1	Sep 2	Sep 3	Sep 4
			BBQ Chicken with Baked Beans & Roll	
	Bean & Cheese Burrito with Baby Carrots			Pepperoni Pizza
		Chicken Dumplings with Mixed Veg	Wow Butter & Jelly Sandwich with Fava Bean Crisps	
Sep 7	Sep 8	Sep 9	Sep 10	Sep 11
No School	Cheeseburger	Chicken Bites with Corn		
			Bean & Cheese Pupusa with Pinto Beans	Pepperoni Pizza
Sep 14	Sep 15	Sep 16	Sep 17	Sep 18
Crispy Chicken Sandwich & Fries			Grilled Cheese Sandwich with Fava Bean Crisps	
	Beef & Cheese Taco Stick with Baby Carrots	Bean & Cheese Burrito with Baby Carrots		Pepperoni Pizza
Sep 21	Sep 22	Sep 23	Sep 24	Sep 25
Chicken Bites & Fries	Pasta with Meat Sauce			
			Turkey Nachos with Refried Beans & Tortilla Chips	Pepperoni Pizza
		Chicken Dumplings with Mixed Veg	Wow Butter & Jelly Sandwich with Fava Bean Crisps	
		Build Your Own Cheese Pizza Kit		
Sep 28	Sep 29	Sep 30		
	Mac & Cheese with Diced Carrots	Chicken Bites with Corn		
Orange Chicken with Rice & Peas				
	Grab 'N Go Yogurt, Granola, String Cheese & Baby Carrots			
Extra 1/4 c Veg: Baby Carrots Fruit: 100% Fruit Juice	Extra 1/4 c. Veg: Celery Sticks Fruit: Apple	Extra 1/4 c. Veg: Cucumber with Tajin Fruit: Banana	Extra 1/4 c. Veg: Jicama Cubes Fruit: Nectarine	Extra 1/4 c. Veg: Broccoli Fruit: Peach

Lunch Includes:
Choice of 1% or Fat Free Milk,
Fruit & Vegetable of the Day

Vegetarian Meals in Green
All Grains Are Wholegrain Rich
Menu is Subject to Change