METROPOLITAN CONFERENCE

BYLAWS & REGULATIONS



Revised: July 1, 2025

STATEMENT OF PURPOSE

The purpose of this organization shall be to:

1. Direct and control Metropolitan Conference (hereafter called the "Conference") inter scholastic athletics, grades nine through twelve, so that school boards, faculties, students and members of the various communities regard them as educational resources to be encouraged and fostered.

2. Establish standards of athletic participation and competition.

3. Develop good sportsmanship standards and inter-school relationships among the students, staffs, parents and communities of the member schools.

4. Organize, direct and control the member schools so they may efficiently manage and operate within the rules and regulations as prescribed by the California Interscholastic Federation and the California Interscholastic Federation San Diego Section, hereinafter known as CIF and CIFSDS, respectively.

5. Recommend to the Coordinating Council of the CIFSDS improvement in its rules and regulations affecting the health and welfare of the athletes in its athletic programs.

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ARTICLE 1

Article 1.1 Name

The name of the organization is The Metropolitan Conference (hereinafter called the "Conference") and it is a member of the CIF and CIFSDS. The Metropolitan Conference is the governing body of those leagues within the conference and approved by the CIFSDS.

Article 1.2 Principal Office

The principal office of the corporation for the transaction of its business is located at the Athletics and Compliance Office, through the office of Student Support Services.

Article 1.3 Change of Address

The Board of Directors may change the principal office from one location to another within San Diego County and such change of address shall not be deemed an amendment of these Bylaws.

ARTICLE 2

MEMBERS

Article 2.1 Classes of Memberships and Rights

2.1.1 The corporation shall have three classes of members:

2.1.1.1 **Directors** who are the Principals of the member schools and serve as the Directors of the Corporation.

2.1.1.2 **Athletic Managers**

a. Site Assistant Principal, usually the Assistant Principal, Student Activities

b. Site Athletic Coordinator

2.1.1.3 **Coaches Advisory Council**

One certified varsity head coach in the Conference from each CIFSDS approved sport shall constitute the Coaches Advisory Council

2.1.2 Rights of Membership

A) All comprehensive schools of the Sweetwater Union High School District in addition to Mater Dei Catholic High School, shall be members of the Conference. Additional membership shall be determined by the Conference subject to approval of the C.I.F., San Diego Section. A non-conference school may apply for seasonal membership only once in a fiscal school year.

B) The Metro Conference Directors shall be the governing body of the Conference. All comprehensive schools shall be represented on the Metro Conference Directors by one Principal and one athletic director

Article 2.2 **<u>Qualifications</u>**

2.2.1 Directors

Only principals of member schools shall be entitled to act as Directors of the corporation and each principal shall automatically become a Director upon attaining the office of principal and shall remain in that capacity only so long as he/she continues to serve as principal of the member school. For clarity the terms "Principal" and "Director" are synonymous.

2.2.2 Athletic Managers

Each member school shall designate an athletic director (a non-management teaching position) and an administrator, usually the Assistant Principal, Student Activities, for purposes of membership in the corporation's class of Athletic Managers. The designated athletic director and Assistant Principal shall constitute the class of Athletic Managers.

2.2.3 Coaches Advisory Council

One certified varsity head coach in the Conference from each CIFSDS approved sport shall constitute the Coaches' Advisory Council.

Article 2.3 **<u>Membership Book</u>**

The official membership list of the corporation shall be the current CIFSDS directory as amended by the corporation or the member school. The corporation shall keep a membership book containing the name and address of each member. Termination of membership shall be reported to the President who will report to the CIFSDS the date on which membership ceased. The book shall be kept at the corporation's principal office and shall be available for inspection by any Director or member of the corporation during regular business hours.

Article 2.4 **Non-liability of Members**

Insofar as it is legally authorized, the Metropolitan Conference shall defend and hold harmless and free from all liability of any kind the Members of its Board of Directors, Athletic Managers, Advisory Councils, its officers, directors, agents and employees while acting in their authorized capacity from all damages, costs, or expenses which may arise by reason of liability imposed by law because of injury to property or person by reason of their duties as a member of the organization. No member of this corporation shall be personally liable for debts, liabilities or obligations of the corporation.

Article 2.5 **Transferability of Membership**

Membership in the corporation is non-transferable and non-assignable except as set forth herein.

Article 2.6 **Termination of Membership by Resignation and Death**

The membership of any member of the corporation shall terminate (1) on his/her written request for such termination delivered to the President or Secretary of the corporation personally or by United States mail, such membership to terminate when the request is approved for cause by a majority of the Principals; or (2) on his/her death (provided such termination shall not relieve the member resigning or his estate, in the event of termination by death, of the obligation to pay any dues, assessments or other charges theretofore accrued and unpaid.)

Article 2.7 **Rights on Termination**

All rights of a member in the corporation or in its property shall cease on termination of membership as herein provided.

(Revised October 14th, 2019)

ARTICLE 3

COACHES ADVISORY COUNCIL

Article 3.1 **Membership**

One certified varsity head coach in the Conference from each CIFSDS approved sport shall constitute the Coaches' Advisory Council.

Article 3.2 **Duties**

The duties of each Coaches' Advisory Council shall include but are not limited to:

3.2.1 Recommend to the Metro Conference, policies, procedures and guidelines for the control and operation of the sport for which that Coaches' Council member is constituted.

3.2.2 Take action on matters referred by the Athletic Managers or the Principals.

3.2.3 Work with all coaches in their respective sport to determine All-League Selections and Players of the Year.

3.2.4 Inform each conference Principal, the District Athletic Coordinator, the CIFSDS Commissioner, the Breitbard Foundation, and the media of All-League Selections.

3.2.5 Ensure that all coaches in each of their respective sports keep records and submit reports of win/loss records and team position for varsity, junior varsity and freshman competition to the Athletic Managers and the District Athletic Coordinator.

3.2.6 Serve as the league representatives to attend all CIF-SDS seeding and advisory meetings and other meetings as called by CIF-SDS.

3.2.7 Inform the District Athletic Coordinator and Directors of the final results of All Conference/League meets or tournaments. The information shall include the winner's name, athletic record, date and name of the school the winner represents.

Article 3.3 Meetings

3.3.1 There shall be three (3) meetings held throughout the year as well as three (3) preseason coaches meetings that will be called no later than 5 days prior to the start of the season.

3.3.2 Special meetings may be called by the Chair of a Council upon one week's notice, or must be called upon the request of a quorum of the voting members.

3.3.3 All meetings of the Coaches' Council shall be governed by Robert's Rules of Order, as such rules may be revised from time to time, insofar as such rules are not inconsistent or in conflict with these Bylaws, with the Articles of Incorporation of this Corporation, or with law.

Article 3.4 Quorum

A quorum of any Council shall be a simple majority of the participating coaches in all sports represented.

Article 3.5 Voting

3.5.1 Each member in attendance shall have one vote at Coaches' Council meetings.

3.5.2 Tie votes will result in no change/status quo. If specific action is required that cannot remain "status quo," (e.g. selection of a representative) then a flip of a coin will be used to resolve such tie votes unless otherwise provided for within these Bylaws and Regulations.

Article 3.6 Officers of Each Council and Duties

3.6.1 The Chair of each Coaches' Council shall be a Representative selected by the coaches of that in a manner determined by them.

3.6.2 The Chair shall preside at meetings, approve items for the agenda, call special meetings not less than five (5) school days of the meeting and as required, provide the District Athletic Coordinator and Athletic Managers with a copy of all Council minutes.

(Revised December 7, 2017)

ARTICLE 4

ATHLETIC MANAGERS

Article 4.1 **Membership**

4.1.1 One Assistant Principal (usually Assistant Principal Student Activities) from each member school.

4.1.2 One Athletic Director from each member school.

Article 4.2 **Voting**

4.2.1 All meetings of the Athletic Managers shall be governed by Robert's Rules of Order, as such rules may be revised from time to time, insofar as such rules are not inconsistent or in conflict with these Bylaws, with the Articles of Incorporation of this Corporation or with the law.

4.2.2 Each school will have two votes: one by the Assistant Principal; one by the Athletic Director.

4.2.3 Proxies shall be in attendance at the meeting with a letter from the member authorizing the proxy

4.2.4 Tie votes will result in no change/status quo. If specific action is required that cannot remain "status quo," (e.g. selection of a representative) then a flip of a coin will be used to resolve such tie votes unless otherwise provided for within these Bylaws and Regulations.

Article 4.3 **Meetings**

Five (5) meetings per year shall be held by the Athletic Managers. All meetings will be conducted as required by the CIFSDS, or governing law.

Article 4.4 **Officers of the Athletic Managers and Duties of Elected Officers**

4.4.1 Appointed officers of the Athletic Managers shall be limited to Assistant Principals, on the same rotation as the Board of Directors assisted by the District Coordinator of Athletics.

4.4.2 The District Coordinator of Athletics shall preside at meetings, approve items for the agenda, call special meetings as required and provide the Directors with a copy of the minutes of the meeting prior to the following Directors meeting.

4.4.3 The President shall act as Parliamentarian and shall preside at the meetings in the absence of the District Coordinator of Athletics.

4.4.4 The Recording Secretary shall be responsible for all official correspondence for the Athletic Managers and shall record minutes.

Article 4.5 **Quorum**

A quorum of the Athletic Managers shall consist of a simple majority of the member schools (not individuals) present.

Article 4.6 **Duties of the Athletic Managers**

4.6.1 Establish rules of order for the conduct of meetings, which may include the selection of a permanent facilitator.

4.6.2 Work with Conference scheduler and establish athletic schedules. Season schedules established by the Athletic Managers shall not be changed without the approval of the Athletic Managers. Individual contests may be rescheduled by mutual agreement as approved by the Principal or his/her designee.

4.6.3 Serve on Appeal Committees to hear and adjudicate complaints, protests and questions of eligibility filed by member schools upon the direction of the Conference President and District Athletic Coordinator.

4.6.4 Assign tasks to various advisory committees, coaches' committees, councils, etc.

4.6.5 Review recommendations from advisory committees, coaches' committees, parents and other bodies and forward their findings to the Board of Directors for consideration when appropriate.

4.6.6 Make recommendations to, and act upon referrals from, the Directors.

4.6.7 Make recommendations to the Directors for amendments to the Conference Bylaws and Regulations.

4.6.8 Conduct surveys and studies.

4.6.9 Establish Conference playoff format within established Conference/League and CIFSDS Regulations as needed.

4.6.10 Establish procedures for selection and select League representatives to CIFSDS playoffs within established Conference/League and CIFSDS Regulations.

4.6.11 Recommend placement of Conference schools into leagues according to Conference Regulations.

4.6.12 Recommend to the Directors entrance/contest fees and fee distribution for consideration at the May Director's meeting.

4.6.13 Assume other duties as assigned by the Directors.

(Revised October 14th, 2019)

ARTICLE 5
BOARD OF DIRECTORS

Article 5.1 Number

The Corporation shall have one (1) principal and one (1) athletic director of member schools shall be entitled to act as Directors of the corporation. One (1) member of the Assistant Principal of Student Activities, selected by that group will also serve as a member of the Directors.

Article 5.2 Powers of the Board of Directors

The Directors shall exercise the powers of the corporation, control its property and conduct its affairs, except as otherwise provided by law.

Article 5.3 Duties of the Board of Directors

5.3.1 Perform any and all duties imposed on them collectively or individually bylaw, by the Articles of Incorporation of this Corporation, or by these bylaws.

5.3.2 To appoint and remove the officers of the corporation.

5.3.3 Supervise all officers of the corporation to assure their duties are properly performed.

5.3.4 Meet at such times and places as required by these Bylaws.

5.3.5 Require that special meetings of members be called whenever and as often as they deem necessary and whenever demanded by the required number of members as provided in these Bylaws.

5.3.6 Register their school address with the Secretary of the corporation. Notices of meetings mailed or e-mailed to them at such addresses shall be deemed valid notices.

5.3.7 Adopt policies, regulations and procedures to direct and control Metropolitan Conference interscholastic athletics.

5.3.8 Establish and control the budget of the conference. The Conference Budget should be adopted no later than the fifth meeting of the school year for the following school year.

5.3.9 Assign responsibilities to the Athletic Directors.

5.3.10 Review and act upon, as appropriate, items referred by the Athletic Directors.

5.3.11 Solicit input from the Athletic Directors.

5.3.12 Recommend a voting position to their Conference representatives to the CIFSDS Coordinating Council on all CIFSDS Coordinating Council agenda items.

Article 5.4 **Qualifications**

The principal and athletic director of member schools shall be entitled to act as Directors of the corporation. Each principal or athletic director shall automatically become a Director upon attaining the office and shall remain in that capacity only so long as he/she continues to serve as principal or athletic director of the member school.

Article 5.5 **Term of Office**

Each Director shall hold office only so long as employed in the capacity of Principal or Athletic Director of a member school.

Article 5.6 **Compensation**

Directors shall serve without compensation.

Article 5.7 **Non-liability of Directors**

The Directors shall not be personally liable for the debts, liabilities or other obligations of the corporation. Insofar as it is legally authorized, the Metropolitan Conference shall defend and hold harmless and free from all liability of any kind the Members of its Board of Directors, Athletic Directors, Advisory Councils, its officers, directors, agents and employees while acting in their authorized capacity from all damages, costs, or expenses which may arise by reason of liability imposed by law because of injury to property or person by reason of their duties as a member of the organization. No member of this corporation shall be personally liable for debts, liabilities or obligations of the corporation.

(Revised December 7, 2017)

ARTICLE 6
GENERAL PROVISIONS RELATING TO BOARD OF DIRECTORS MEETINGS

Article 6.1 **Place**

Meetings of the Board of Directors shall be held at the principal office of the corporation or at such other place or places as may be designated from time to time by the Directors.

Article 6.2 **Notice of Meetings**

Written or printed notice of the time and place of every regular meeting shall be provided in accordance with the Ralph M. Brown Act or as required by the CIF or CIFSDS. The notice shall be given by the Secretary or other persons designated by the President. Special meetings may be called by the President upon twenty-four (24) hours' notice and in accordance with the notice provisions of the Ralph M. Brown Act.

Article 6.3 **Contents of Notice**

Notice of all meetings shall specify the place, the day and the hour of the meeting and the general nature of the business to be transacted.

Article 6.4 **Consent of Absentees**

The actions taken at any meetings are as valid as regular meetings if a quorum is present.

Article 6.5 **Quorum**

A quorum shall consist of a simple majority of the Directors.

Article 6.6 **Proxy Voting**

Directors shall be entitled to vote or act by proxy. A signed letter of authorization or email by the Director(s) will be filed with the Secretary prior to the meeting. A proxy shall be in attendance at the meeting in order to vote, with no dual or written voting allowed, which means that a Director cannot and may not give a proxy to another Director.

Article 6.7 **Voting**

6.7.1 Each Director is entitled to one vote on each matter submitted to a vote of the members. Voting at duly held meetings shall be by voice or hand vote, except as otherwise expressly provided in these Bylaws.

6.7.2 Items brought to a vote and either passing or failing may not be resubmitted until the next school year unless approved for reconsideration by a two-thirds (2/3) vote of the Directors of the conference.

6.7.3 Tie votes will result in no change. If specific action is required that cannot remain "status quo," (e.g. selection of a representative) then a flip of a coin will be used to resolve such tie votes unless otherwise provided for within these Bylaws and Regulations.

Article 6.8 Conduct of Meetings

6.8.1 Except as otherwise expressly provided in these Bylaws or by law, no business shall be considered by the Directors at any meeting at which a quorum, as previously defined, is not present, and the only motion which the Chair shall entertain at such meeting is a motion to adjourn.

6.8.2 All meetings of the Directors shall be governed by Robert's Rules of Order, as such rules may be revised from time to time, insofar as such rules are not inconsistent or in conflict with these Bylaws, with the Articles of Incorporation of this Corporation, or by law.

6.8.3 Meetings of Directors shall be presided over by the President of the corporation or, in the President's absence, by the Vice-President or, in the absence of both, by a chair chosen by a majority of the Directors present. The Secretary of the corporation shall act as Secretary to the Directors. In case the Secretary is absent from any meeting of Directors, the presiding officer may appoint any Director to act as Secretary for the meeting.

Article 6.9 Majority Action as Board Action

Every act or decision by a majority of the Directors present at a meeting duly held and at which a quorum is present is the act of Directors, unless the law, the Articles of Incorporation of this corporation, or these Bylaws require a greater number.

Article 6.10 Action by Unanimous Written Consent Without Meeting

Any action required or permitted to be taken by the Directors under any provision of law may be taken without a meeting if all Directors, individually or collectively, consent in writing, including e-mail, to such action. Such written consents of consent shall be filed with the minutes of the proceedings of the Directors. Such action by written consent shall have the same force and effect as the unanimous vote of the Directors. This provision will not and may not be used construed as being used to avoid the open meetings requirements of the Ralph M. Brown Act.

ARTICLE 7

OFFICERS OF THE BOARD OF DIRECTORS

Article 7.1 **Number and Titles**

The officers of the corporation shall be President and Secretary-Treasurer.

Article 7.2 **Qualifications, Election, and Term of Office**

7.2.1 The office of president shall be appointed by the Superintendent. The secretary/treasurer shall be appointed by the president.

Article 7.3 **Duties of the President**

7.3.1 The President shall be the Chief Executive Officer of the Corporation and shall, in general, be subject to the control of the Directors and supervise and control the affairs of the Corporation. The President shall perform all duties incident to the office and such other duties as may be required by law, by the Articles of Incorporation of this Corporation, by these Bylaws, by the Regulations, or by any action which may be prescribed from time to time by the Principals at any general meeting of the Corporation.

7.3.2 The President shall preside at all meetings of the Directors and at any general meetings of the Corporation. Except as otherwise expressly provided by law, by the Articles of Incorporation, or by these Bylaws, the President shall, in the name of the corporation, execute such deeds, mortgages, bonds, contracts, checks or other instruments which may from time to time be authorized by the Directors.

7.3.3 The President shall also:

a. Call all special meetings.
b. See that all notices are duly given in accordance with the provisions of these Bylaws or as required by law.
c. Appoint all standing and special committees; identify their charge, responsibilities, and scope of jurisdiction.
d. Serve as one of the three (3) conference representatives to the CIFSDS Coordinating Council during the term of office.

7.3.4 Check Signing Procedure

Two signatures are required on all Conference checks: The Secretary-Treasurer of the Corporation and the District Athletic Coordinator, who also serves as President of the Conference, are designated as authorized signors for the efficient operation of the Conference's day to day business operations. All expenditures must be approved by the Conference.

Article 7.4 Duties of the Secretary-Treasurer, Athletic Coordinator's Office

The Secretary-Treasurer shall:

7.4.1 Certify and keep at the principal office of the corporation the original or a copy of the Articles of Incorporation, the Bylaws and the Regulations, as amended or otherwise altered to date.

7.4.2 Keep in the Athletic Coordinator's office, a book of minutes of all meetings of the Directors and Members, recording therein the time and place of the meeting, whether regular or special and, if special, how authorized; the notice given; those present at the meetings of Directors; the number of Directors present at the meetings of the Directors; and the action taken or recommendations made at all meetings. The recording Secretary shall distribute to the Directors a copy of the minutes of the previous meeting not less than ten (10) days prior to the next meeting.

7.4.3 See that all notices are duly given in accordance with the provisions of these Bylaws or as required by law.

7.4.4 Serve as custodian of the records of the corporation.

7.4.5 Keep at the principal office of the corporation a membership book containing the name and address of each member and, in any case where membership has been terminated, record such fact in the book, together with the date on which the membership ceased.

7.4.6 Exhibit at all reasonable times to any Director of the corporation, or to the Director's agent or attorney on request, the Bylaws, the membership book and the minutes of the proceedings of the Directors of the corporation.

7.4.7 Maintain a record submitted by the Coaches' Advisory Council of the results of the preliminaries and the final results of All-Conference meets or tournaments. The record is to include the winner's name, athletic record, date and the name of the school the winner represents.

7.4.8 Perform all duties incident to the office of the Secretary-Treasurer and such other duties as may be required by law, by the Articles of Incorporation of this corporation, by these Bylaws or which may be assigned from time to time by the Directors

Article 7.5 **Duties of the Secretary-Treasurer (financial officer), Athletic Coordinator's Office**

7.5.1 Have charge and custody of, and be responsible for, all funds and securities of the banks, trust companies or other depositories as shall be selected by the Directors.

7.5.2 Receive, and give receipts for, monies due and payable to the Corporation from any source whatsoever.

7.5.3 Disburse or cause to be disbursed the funds of the corporation as may be directed by the Directors, taking proper vouchers for such disbursements.

7.5.4 Keep and maintain adequate and correct accounts of the corporation's properties and business transactions, including accounts of its assets, liabilities, receipts, disbursements, gains and losses.

7.7.5 Exhibit at all reasonable times the books of account and financial records to any Director of the corporation or to the Director's agent or attorney on request therefore.

7.5.6 Render to the President and Directors, whenever requested, an account of any and all of the transactions of the Secretary/Treasurer and of the financial condition of the corporation.

7.5.7 Prepare, or cause to be prepared, an annual financial statement.

7.5.8 Perform all duties incident to the office of the Bookkeeper and such other duties as may be required by law, by the Articles of Incorporation of this corporation by these Bylaws, or which may be assigned from time to time by the Directors.

Article 7.6 **Compensation**

Officers of the corporation shall serve without compensation.

(Revised December 7, 2017)

ARTICLE 8

Article 8.1 Ad Hoc Committees

8.1.1 Ad Hoc Committees for specific purposes, investigations or activities may be designated from time to time by resolution of the Principals or by the President. The Chair of this Committee shall be appointed by the President.

8.1.2 Ad Hoc Committee meetings will be advisory and meetings shall be closed except with permission of the Ad Hoc Committee.

Article 8.2 CIFSDS Coordinating Council Representatives

8.2.1 The representatives of the Conference to the CIF-SDS Coordinating Council are the Conference President, One (1) member from the Athletic Directors, and one (1) member of the Metro Directors.

8.2.2 Representatives will be directed what vote to cast at meetings by the Board of Directors but based upon that input, guidance, and discussion of new information at the Coordinating Council meeting may vote their conscience in the best interest of the conference following discussion with other Metropolitan Conference representatives to the CIFSDS Coordinating Council prior to casting their vote.

(Revised December 7, 2019)

COMMITTEES OF THE BOARD OF DIRECTORS

ARTICLE 9

(now see article 14)

ARTICLE 10

MEETINGS OF THE BOARD OF DIRECTORS

Article 10.1 **Regular Meetings**

There shall be five(5) regular bi-monthly meetings of the Metropolitan Conference Board of Directors each school year. At the last annual meeting, the schedule of meetings for the subsequent year will be determined.

Article 10.2 **Coordinating Council Meeting Dates**

It is the intent of these Bylaws that the annual meeting dates be held prior to the date of the CIF-SDS Coordinating Council meetings.

Article 10.3 **Special Meetings**

Upon twenty-four (24) hour notice, additional meetings may be called by the President or by a written or verbal request of a majority of the Directors.

Article 10.4 **Open Meetings**

All regular meetings of the Metropolitan Conference are open to the public, including the press, unless otherwise stipulated by these Bylaws and Regulations or relevant provisions of law including the Ralph M. Brown Act.

Article 10.5 **Agenda Items**

All agenda items shall be submitted in writing and delivered to the President and each member school five (5) days prior to the meeting.

(Revised December 7, 2017)

ARTICLE 11 FISCAL YEAR

The fiscal year of the corporation shall begin on the first day of July and end on the last day of June in each calendar year.

ARTICLE 12

BYLAWS

Article 12.1 Effective Date of Bylaws

These Bylaws shall become effective immediately on their adoption. Amendments to these Bylaws shall become effective immediately on their adoption unless the Directors, in adopting them as hereinafter provided, state they are to become effective at a later date.

Article 12.2 Amendment

12.2.1 Subject to any provision of law applicable to the amendment of Bylaws of nonprofit corporations, these Bylaws or any of them may be altered or repealed and new Bylaws adopted as specified in section 12.2.2.

12.2.2 Subject to the power of the Directors to change or repeal them by the vote of a majority of Directors present at any special or regular meeting of directors at which a quorum is present (provided written notice of such meeting and of the intention to change the Bylaws is delivered to each Director at least five (5) days prior to the date of such meeting or by the written consent of all Directors without a meeting) and provided that a Bylaw fixing or changing the number of Directors or changing the qualifications for a Director may not be adopted, amended or repealed in any case except upon a vote of two- thirds (2/3) of the Directors of the Corporation

Article 12.3 Certification and Inspection

The original, or a copy of the Bylaws as amended or otherwise amended to date, certified by the Secretary of the corporation (Athletic Coordinator's office) shall be recorded and kept in a book which shall be kept in the Athletic Coordinator's office and such book shall be open to inspection by the members at all reasonable times during office hours.

ARTICLE 13
INTERPRETATION & ENFORCEMENT OF BYLAWS AND REGULATIONS

Article 13.1 The President of the Conference, with consultation from Metro Conference Directors, shall interpret and enforce all Metropolitan Conference Bylaws and Regulations.

Article 13.2 Interpretations of Conference Bylaws and Regulations shall be given by the President within one (1) working day following receipt of a written request from any Director. Such interpretations shall be provided to all Conference Directors, in writing, when the interpretation is rendered.

Article 13.3 Interpretations of Conference Bylaws and Regulations by the President shall remain in full force and effect unless changed by a vote of the Directors at any regular or special meeting.

Article 13.4 Interpretations made by the President shall be an agenda item at the next regular Directors' meeting for discussion as a change, no change, or addition to the Conference Bylaws or Regulations.

Article 13.5 An appeal by the school of the President's interpretation is available as delineated in the Conference Regulations. Neither a student nor the parent(s) may appeal the President's decision or interpretation.

(Revised December 7, 2017)

ARTICLE 14

(formerly Article 9)

CORPORATE RECORDS, REPORTS AND SEAL

Article 14.1 **Minutes of Meetings**

The Corporation shall keep in the Athletic Coordinator's office, a book of minutes of all meetings of Directors and of all meetings of members with the time and place of the meeting; whether regular or special and, if special, how authorized; the notice given; the names of those present at Directors' meetings; the number of members present at members' meetings; and the action taken or recommendations made at all meetings.

Article 14.2 **Books of Account**

The corporation shall keep and maintain adequate and correct accounts of its properties and business transactions, including accounts of its assets, liabilities, receipts, disbursements, gains and losses.

Article 14.3 **Inspection of Records by Directors**

The books of account shall be open to inspection at all reasonable times by any Director. Every Director shall have the absolute right at any reasonable time to inspect all books, records and documents of every kind at the location where the books and records of the corporation are maintained. Such inspection may be made in person or by agent or attorney, and the right of inspection includes the right to make copies.

Article 14.4 **Corporate Seal**

The Directors may adopt, use and, at will, alter a corporate seal. Such seal shall be affixed to all corporate instruments, but failure to affix it shall not affect the validity of any such instrument. (Revised December 7, 2017)

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SECTION 1

ADMISSION CHARGES FOR CONFERENCE CONTESTS

Section 1.1 Establishment of Charges

1.1.1 The maximum price of admission to be charged for all Conference contests for the subsequent year shall be determined at the May meeting upon a review of a plan submitted by the Athletic Managers. The maximum admission charges shall be uniform for all Conference games in any particular sport. Once maximum admission prices have been established, no deviation shall be permitted during that school year except by unanimous vote of the Directors.

1.1.2 For all Conference contests the Principals of competing schools may determine upon mutual agreement no less than 1 week prior to a contest to set ticket prices at less than the maximum price determined by the conference.

1.1.3 Admission policies, charges and disbursement of funds for tournaments and non-conference contests are determined by the school in accordance with the requirements of the CIFSDS which is the sanctioning organization of the tournament.

(Revised December 7, 2017)

Section 1.2 Student Admission

ASB cards must be shown at the gate with tickets for admission. Exceptions to this rule can be made by vote of the Athletic Managers.

Section 1.3 Duties of Host School

The host school shall furnish all game tickets.

SECTION 2 DISTRIBUTION OF GAME INCOME

Deleted by Board of Managers March 22, 2012

SECTION 3

PASSES

Section 3.1 Five (5) types of Conference passes will be honored

3.1.1 Participating Schools Pass. This pass shall have the name of the school preprinted before being issued to the school. The pass is valid only for contests in which the school is a participant. Each conference school will be given 25 passes.

3.1.2 Staff Identification Cards. All staff members with a school issued photo identification card will be admitted to Conference contests, in which the employee's school is a participant, along with one (1) guest.

3.1.3 All Conference Pass. This pass will be issued to the Superintendents of the districts within the conference, district office staff, other district employees and 5 to each member school.

3.1.4 Press Pass. A maximum of five (5) complimentary participating school Metro passes may be issued by a school for student press purposes. The passes shall have PRESS pre-stamped on them in addition to the member school's name.

3.1.5 Lifetime Pass. This pass, good for all Metropolitan contests, is issued by a vote of the Directors to individuals based on their service to the Conference.

3.1.6 Criteria for Selection of Lifetime Pass Recipients

1. Standing lifetime pass committee to consist of Metropolitan Conference Board of Directors.
2. Board of Directors will consider lifetime pass nominees at the 3rd Director's meeting of each school year, usually in March.
3. Nominations for lifetime pass recipients may come from any member of the Metropolitan Conference Board of Directors.
4. Recommendation by the Board of Directors to be based upon significant contributions to the Metropolitan Conference over a significant period of time.
5. Lifetime pass recipients are to be recognized and passes awarded at the Director's meeting of each school year, usually in May.

Section 3.2 Other Passes

3.2.1 A.S.B. Lifetime Pass. This pass is not a Conference pass. It is issued by the Conference schools and admits the cardholder only to home contests of the issuing school and is not valid at "away" contests or at any CIF or CIFSDS contests.

3.2.2 Scouting Passes. The Conference will NOT issue scouting passes.

3.2.3 Field Passes. A maximum of fifty (50) field passes (twenty-five [25] for each side) may be issued by each member school. The number includes all coaches, managers, attending staff, water boys/girls and school administrative staff.

Section 3.3 CIFSDS Passes

3.3.1 Member schools will honor all CIFSDS passes at all events in which the school is a participant, including tournaments.

3.3.2 CIFSDS Boys and Girls Scouting passes are gender specific and will be honored only for the event for which they are issued.

Section 3.4 Ordering Passes and Miscellaneous

3.4.1 It shall be the responsibility of the Conference Bookkeeper to order the passes yearly.

3.4.2 No other passes will be recognized.

SECTION 4
PLAYER ELIGIBILITY

Section 4.1 Establishment

4.1.1 Player eligibility shall be determined in accordance with the Bylaws and Regulations of the Corporation and in accordance with the Constitution and Bylaws of the CIFSDS. Player eligibility is governed by Article 20 – Eligibility Requirement of the California Interscholastic Federation State and San Diego Section Constitution, Bylaws, Rules and Regulations.

(Revised May 20, 2022)

4.1.2 Additional requirements may be imposed by the School District of which the school is a member. Such requirements are not in effect upon participating schools not a part of the District.

4.1.3 Additional site requirements may be imposed by the individual schools. Such site specific requirements are not in effect upon other participating member schools.

Section 4.2 Eligibility Determination

4.2.1 When appropriate for the Conference to make an eligibility determination, any appeals of the eligibility of a student are to be referred to the District Coordinator of Athletics for investigation. The District Coordinator of Athletics shall inform the principal, rule on the eligibility, and provide a decision, in writing, to all concerned parties.

4.2.2 It is the intention of the Metropolitan Conference for students to establish eligibility and participate in athletics at one school throughout a student's time in high school. As such, **all transfers** will be reviewed by the District Coordinator of Athletics and are subject to review by CIF-San Diego Section, pursuant to Article 20 – Eligibility Requirements and Article 50 – General Rules (Section 510 Undue Influence, Pre-Enrollment Contact, Disclosing Pre-Enrollment Contact, Athletically Motivated Transfers) of the California Interscholastic Federation State and San Diego Section Constitution, Bylaws, Rules and Regulations.

(Revised May 20, 2022)

4.2.3 Decisions of the District Coordinator of Athletics or designated individual shall be binding on Metropolitan Conference personnel only.

Section 4.3 Scholastic and Residential Eligibility

CIFSDS rules pertaining to scholastic and residential eligibility shall be followed. The attendance boundaries of each member school of the Conference shall be considered as a separate district as defined by CIFSDS rules, rather than as a division of a larger district.

Section 4.4 Responsibilities

The site principal has the ultimate responsibility for verification of athletic eligibility.

Section 4.5 Ineligible Players, Knowledge of, Etc.

If any staff member, official, coach or administrator has information or receives information to suspect there may be an ineligible player participating with any Conference high school, that person is obligated to report the information, in writing and signed, immediately to the site Principal who will, in turn, forward the matter, signed and in writing, to the Principal of the school concerned. The Principal shall immediately initiate an independent site investigation to determine the player's eligibility. Upon completion of the investigation, a report of the investigation shall be filed with the SUHSD District Coordinator of Athletics or other designated individual and the reporting Principal. In the event the President is undecided or not in agreement with the eligibility report, the Principal shall promptly refer the matter to the District Coordinator of Athletics or other designated individual for further investigation and action.

(Revised Nov. 22, 2004; Mar. 22, 2012 and May 20, 2022)

Section 4.6 Ineligible Participation in All Sports

An ineligible player may not participate in inter-school scrimmages, practice games, meets or matches. The penalty for violation of this is determined by current CIF and CIFSDS Bylaws. In addition to those penalties, the Conference penalty shall be forfeiture of that contest in which the student participated, or loss of individual points earned in that sport/contest.

Section 4.7 Scholarship and Citizenship Requirements

4.7.1 Scholarship and Citizenship Requirements for Eligibility. Eligibility requirements apply to all students whether they are enrolled in traditional or alternative education programs. Any student participating on an athletic team of a Metropolitan Conference school must be enrolled in twenty (20) semester periods of work: four (4) classes in a traditional schedule. In order to be eligible to participate in athletics, a student must maintain a 2.0 ("C") average and be passing a minimum of four (4) classes in a traditional schedule in both scholarship and citizenship.

4.7.1.1 Any Student attending a Learning Center or other Alternative Education program, must earn two (2) credits during the 6 weeks grading period prior to the schoolwide grade report with a "C" or better. The official date of completion, is the date the credit is signed off by the instructor as complete. All Learning Center or Alternative Education credits must be recorded prior to 4:00 p.m. on the Friday of the designated progress report week. (Revised February, 2018)

4.1.1.2 Any Student attending the Launch Academy will maintain athletic eligibility at previous school provided they met all transfer requirements.
Launch Academic eligibility:

1. Students on independent studies track must earn two (2) credits during the 6 week grading period prior to the school-wide grade report with a "C" or better
2. Students on cohort pacing track must maintain a 2.0 ("C") average and be passing a minimum of two (2) classes in a quarter schedule in both scholarship and citizenship

(Amendment to Bylaws August 19, 2021)

4.7.2 Incomplete grades are considered failing grades for determining scholastic eligibility until such time as the incomplete grade is changed in accordance with a written school district policy and a passing grade is substituted for the incomplete grade.

4.7.3 In order to be consistent with provisions of the California Education Code and the CIF and CIFSDS bylaws, weighted grade points shall not be used in determining athletic eligibility. *(Revised Nov. 22, 2004; March 22, 2012)*

4.7.4 When a student is concurrently enrolled in either an adult school course, community college course or any course outside of the Sweetwater School District or Mater Dei Catholic High School, the following will be used to determine athletic eligibility:

The student's grade point average will be determined by the classes the student is enrolled in at the student's home school. For example, if a student is enrolled in 4 classes at the high school and 1 class at a community college, only the 4 courses at the high school will be used to determine eligibility.

(Revised December, 2015)

4.7.5 Athletes transferring to an alternative education program at any time except the start of a grading period, as either academically eligible, or ineligible, will be required to earn two (2) credits by the end of the current grading period enrolled, regardless of the date entering the alternative education program

(Revised February, 2018)

Section 4.8 Regaining Eligibility

4.8.1 A student who failed in the previous grading period to meet eligibility requirements may attend summer school and regain eligibility.

Scholastic Grade Point Average: Summer school participation will not result in a student becoming ineligible because of grade point average but may result in a student becoming eligible. All grades achieved in an accredited summer school program will be averaged with all grades received at the semester period immediately preceding summer school, unless the summer school grade replaces previous semester or quarter grade. If the student is enrolled in the same summer school course as the student was enrolled in the semester immediately preceding summer school, the grade earned by the student during summer school will replace the grade of the previous semester, and GPA will be calculated with the new summer school grade and all other grades earned during the previous semester/quarter. Only courses for which letter grades are awarded in summer school will be included and weighted in accordance with the SUHSD grade point computation formula. The result will be the GPA factor which determines eligibility for the opening of the school year.

Citizenship Grades: Summer school participation will not result in a student becoming ineligible because of citizenship grades but may result in a student becoming eligible. Summer school citizenship grades may be used to replace the lowest citizenship grades earned during the semester/quarter immediately preceding summer school. Students do not need to repeat the same course in order to replace a citizenship grade from the previous semester/quarter. During a summer session, a student may earn full semester credit for any course taken.

4.8.2 The Principal may approve a substitute course. It is the intent of this section that failed academic courses are replaced with the same academic course prior to enrollment.

4.8.3 Each school has the option of making their on-site requirements more restrictive. However, all schools have the responsibility of maintaining the conference minimum requirements.

4.8.4 If a student athlete transfers from one Metropolitan Conference school to another school within the conference, the receiving school's requirements will be the determining factor in establishing that student's athletic eligibility. A student transferring because of a coach's discipline or pending discipline is considered to be transferring for an athletic motivation and is subject to CIF and CIFSDS transfer restrictions.

4.8.5 Credit Recovery Course

In order to maintain consistency throughout the Metropolitan Conference as well as the integrity of calculating grade point average, the following practice will be used in considering credit recovery courses for the purpose of determining athletic eligibility:

Credit Recovery Courses may be included when calculating a student's g.p.a. only after a grade has posted on the student's transcript, at the end of a semester. Therefore, no progress report grade will be issued nor will the course be considered when determining eligibility at a progress reporting period. Credit recovery courses will be considered as summer school courses have been in the Metropolitan Conference; a grade for a credit recovery class will not result in a student becoming ineligible because of grade point average but may result in a student becoming eligible.

Section 4.9 Grade Check

School personnel are required to observe the following rules in determining scholastic and citizenship eligibility:

4.9.1 The point at which athletic scholastic eligibility, scholarship and citizenship is checked is at each school-wide grade distribution. This notification may be at school or by mail and it may be on a school or computer form.

(Revised November 22, 2004)

4.9.2 Any change in scholastic or citizenship status of a student (from eligible to ineligible or from ineligible to eligible) becomes effective the next calendar day following the official notification. For example: A student previously eligible receives notification of failing grades on Friday. He/she may compete that day, but becomes ineligible on Saturday. A student, previously ineligible, receives notification of passing grades on Tuesday. He/she must wait until Wednesday to compete.

(Revised November 22, 2004)

Section 4.10 Eligibility and Rescheduled Contests

An athlete who was originally eligible when a contest was scheduled and then postponed may not compete in the postponed game rescheduled after a new grading period if the athlete does not meet the scholastic requirements at the time of the rescheduled contest. An athlete who was ineligible when a contest was first scheduled but regained eligibility by the time the contest was rescheduled may compete after a new grade report.

Section 4.11 Novice Sports Guidelines

NOVICE - A student athlete who is a beginner, new to the sport, or has limited high school experience.

Novice Sports offered in the Metro Conference – Co-ed Football, Co-ed Wrestling, Girls Volleyball, Boys Basketball, Girls Basketball, Girls Soccer, and Softball

BASIC NOVICE GUIDELINE

1. A student's first year at the Novice level must be their first time participating in that sport in high school.
2. A Senior would only be allowed to participate at the Novice level if they had never played that sport in high school.
3. Student athletes are not permitted to play more than two consecutive years at the Novice level in any given sport

Section 4.12 Fifth Year Provision

Athletes wishing to seek a waiver for the limitation of the eight (8) consecutive semesters of attendance requirement, CIF Bylaw 204, must meet all requirements outlined in CIF Bylaw 204, (C),(1)(2) and receive approval from the SDCIF Section Office. In the Metro Conference, a fifth year of eligibility will only be permitted at the same school at which the student competed in interscholastic athletics immediately prior to the onset of the hardship condition, that is the direct and sole cause for extending his/her attendance beyond eight (8) semesters.

(Revision to bylaws, Approved by Metro Directors, December 13, 2016)

SECTION 5
COMPLAINT AND PROTEST PROCEDURES
(Other than Scholastic or Residential Eligibility)

A complaint may be filed against any Conference school or against any employees of any Conference school by any interested person for an alleged violation of any CIF, CIFSDS or Metropolitan Conference rules or regulations. Complaints regarding player eligibility are subject to Section 4 of these Bylaws and Regulations. The procedure for filing complaints, other than scholastic or residential eligibility, shall be as follows:

Section 5.1 <u>The Complaint/Protest Process</u>

5.1.1 The complaint must be signed by the complainant and the Principal of the school where the complaint originates or the complainant and the President of the Conference and sent to the respondent Principal and to the President of the Conference.

5.1.1.1 The complaint shall set forth in detail the charges that are made and the basis for the charges including specific reference to established rules, regulations, policies, bylaws, etc. so the respondent shall be able to prepare an adequate Response. The respondent shall prepare a written Response to the complaint to be filed with the President. The Response shall admit or deny each allegation of the complaint and shall set forth any new defenses. The Response shall be filed within five (5) working days of the respondent's receipt of the complaint from the Conference President unless granted an extension by the President.

5.1.1.2 The complaint shall be considered confidential as to those issues legally protected such a student records, health information, employee-employer confidentiality matters, and the like and shall be shared only as provided by law.

5.1.2 <u>Protests</u>

All protests of games must be made in writing, signed by the Principal, and signed copies shall be filed with the President of the Conference and with the Principal of the other school by 3:00 p.m. of the next school day.

5.1.2.1 A school may not protest a game because of questions involving an official's judgment.

Section 5.2 Investigation

5.2.1 Upon receipt of a Response to a complaint, the President shall investigate or refer the matter to another designated individual the protest and render a decision within 48 hours (counting only work days). If the President does not refer the matter for investigation, the President shall advise complainant within 48hours (counting only work days) either that no further action will be taken; that the matter is referred for investigation; or the President's determination of the complaint. *(Revised December 7, 2017)*

Section 5.3 Appeals of President or designated individual

5.3.1 A written request for an appeal of the President's or the designated individual's decision must be submitted to the President within 48 hours of the decision. The President will appoint an Investigatory Committee of three members currently serving as Athletic Managers or Board of Directors to make a ruling on the appeal. The Investigatory Committee shall hold hearing(s) within five (5) working days of formation of the committee unless an extension is granted by the President. All parties to The action and the Principals of their schools shall be notified of the date, time and place of the hearing by the Chair of the Committee. All parties to the action and the Principals of the schools involved shall have the right to call and examine witnesses, to introduce exhibits and to introduce and rebut evidence. Parties may be represented by legal counsel.

5.3.2 A decision shall be rendered by the committee within five (5) working days of the date of the hearing unless an extension is granted by the President. The decision shall be in writing and signed by at least two (2) members of the hearing panel. The decision shall include findings of fact, the determination of the issues and the sanction, if any. Copies of the decision shall be made and mailed to the parties and to the Directors within twenty-four (24) hours. The decision becomes effective on the date of mailing.

Section 5.4 Appeals of Athletic Directors Ad Hoc Complaint Investigatory Committee Ruling

5.4.1 Appeals of the decision of the Principal's Ad Hoc Investigatory Committee shall be referred to the CIFSDS as prescribed in the current CIFSDS Green Book.

5.4.2 Appeals to the CIFSDS shall be made only if there is an alleged violation of CIFSDS bylaws.

SECTION 6
CHAMPIONSHIPS, PLAY-OFFS, AND ALL-LEAGUE SELECTIONS

Section 6.1 Cancellation

No League/Conference/CIF/CIFSDS championship or play-off game shall be cancelled except by mutual agreement of the Principals of the schools involved.

Section 6.2 Tie Games

In all contests that do not have provisions for breaking a tie score at the end of regulation play, the League standings for each team in a tie game shall be credited with one-half game won and one-half game lost.

Section 6.3 League Championship

The school in each League winning the highest percentage of its League games will be declared the Champion.

Section 6.4 Co-Champions

If Section 6.3 does not determine a League Champion, then each team tied holding the highest winning percentage of their League games shall jointly hold the title of League Champion.

Section 6.6 Tie in League Standing

When two or more teams tie in League standings, the play-off representatives or rank of play-off representatives shall be determined by conference action. These actions shall include:

6.6.1 **Single Round Sports**

CIFSDS Play-off Berths. The following selection process will be utilized: if a tie persists, the team winning in head-to-head competition will be the champion. If a tie still remains and there is no tie breaker provision in that specific sport, then a coin toss is to be conducted by the District Athletic Coordinator and one member of the Athletic Managers. The scheduled visiting team in the tied contest shall make the call on the toss.

6.6.2 **Double Round Sports**

If the two teams that are tied will both go to the play-offs, their positions in the seeding will be determined by the team having the best won-lost record against the other. If a tie still remains and there is no tie breaker provision in that specific sport, then a coin toss is to be conducted by the District Athletic Coordinator and one member of the Athletic Managers. The scheduled visiting team in the tied contest shall make the call on the toss. Team seeding is determined by CIFSDS.

6.6.3 Sport Specific Tie-breaker provisions for seeding purposes only. If two or more teams are tied for the league championship, the teams shall be declared co-champions or tri-champions.

Baseball

1. Head to Head
2. Run Differential vs. Tied Opponents
3. Coin Flip

(Revised, Approved by Board of Managers, October, 2015)

Basketball

1. Head to Head of teams tied
2. Point Differential in contests between the teams that are tied.
3. Coin Flip

*Teams would still be considered Co- Champs for banner purposes.

(*Addition to bylaws, Approved by Board of Managers, August, 2014)*

Softball

1. Head to Head
2. Playoff game (if time permits)
3. Record against common opponents.
4. Coin toss.

(Addition to bylaws, Approved by Board of Managers, March, 2015)

Field Hockey

1. Head to Head
2. Playoff Game (if possible)
3. Goal Differential (Head to Head)
4. Goals Against (All League games)
5. Record versus common opponents
6. Coin Toss

Soccer

1. Head to head in league play
2. Goal differential between two teams in league matches
3. Coin flip

Water Polo

1. Head to Head
2. Goal differential

Lacrosse

1. Head to Head
2. Goal differential in only those Head to Head games
3. Goals against in all 12 Metro Conference games (not goal differential to avoid running up)
4. Coin flip

Tennis

1. From the two (2) head to head matches, the total sets won will determine the league champion.
2. If tied, it will be the total games won from the two (2) head to head matches.
3. If still tied, then it will to total sets won from the two (2) head to head matches from doubles.
4. If then tied, then the total games won from the Two (2) head to head matches from doubles.

(Addition to bylaws, Approved by Board of Managers, August, 2014)

Section 6.7 Championship

A championship shall be declared only if more than three-fifths (3/5) rounded off to the nearest whole number of the member schools participate in a season sport. There shall be NO informal competition or declaration of a champion, informal or otherwise, should this three-fifths (3/5) requirement NOT be met.

Section 6.8 All-League Selections

The Coaches' Advisory Council of each League sport shall be responsible for selection of the All-League teams/players. The format for selection will be at the discretion of the coaches of that sport or as otherwise determined by the Athletic Managers and the final selections will be in accordance with the guidelines prepared by the CIFSDS. After selections have been finalized, the Chair of that sport's Coaches' Council will forward the results to the District Athletic Coordinator who will distribute copies to the media and The San Diego Hall of Champions. The Hall of Champions has assumed the responsibility for preparing and distributing the certificates.

(Revised December 7, 2017)

Section 6.9 Conference Meet Rotation

The responsibility of Conference "meets" is on a rotation basis. This responsibility includes the selection of the facilities as well as the administration of the activity. The responsibility assumes the host school fielded a team during the season.

SECTION 7
ASSIGNMENTS OF METROPOLITAN CONFERENCE SCHOOLS TO THE LEAGUES

Section 7.1 **Leagues**

The Conference may choose to establish leagues within the Conference. A Leaguing Committee shall make a recommendation to the Board of Directors for consideration. The recommendation will include the rationale for the alignment. The Board of Directors will have final authority in determining leagues for the Conference.

Section 7.2 The Metro Conference will now form their leagues based on competitive equity to align with published CIFSDS Divisions. This would require a Re-Leaguing committee to review the divisional placement for the upcoming year to determine the leagues for each sport. **This change will result in the Metro Conference moving from a 2 year re-leaguing cycle to annual revision** of our league composition. The annual timeline for the formation of these leagues will coincide with the CIF release dates of the upcoming years divisional alignment breakdowns.

Sports Using CIF Power Rankings for Division Alignment

Teams in the following sports will be placed in either the ***Mesa***, ***South Bay*** or the **Pacific League:**

Volleyball	Water polo	Lacrosse
Field Hockey	Tennis	Basketball
Baseball	Softball	Soccer
Lacrosse	Football	

Sports Using Enrollment for CIF Division Alignment

Teams in the following sports will be placed in either the ***Mesa***, ***South Bay*** or the **Pacific League:**

Cross Country	Golf	Wrestling
Track and Field	Swim/Dive	

NOTE: *With regards to sports using enrollment as a criteria for the formation of leagues, recommendations for schools placement in either the Mesa, South Bay or Pacific League will come from the coaches of both leagues at their post-season meeting. Discussion and input from all coaches in attendance should take place and a draft proposal for both leagues will be presented to the Metro Conference Governance for review and final approval for the upcoming year.*

(Revision to bylaws, Approved by Metro Directors, Dec. 13, 2016 and May 17, 2022)

SECTION 8 TOURNAMENT AND POST-SEASON GAMES

Section 8.1 Advance Approval

All tournament sanctioning at all levels shall be in compliance with the provisions of the CIF, CIFSDS and the NFHS.

Section 8.2 Scheduling

No game shall be scheduled after the date for the last game as shown on CIFSDS master calendar without CIFSDS approval.

Section 8.3 Finances

The Metropolitan Conference shall not be responsible for the financing of any tournaments, playoffs, Conference or League contests. Such financing shall be a shared responsibility of the member schools with the host school being the coordinator. The conference does provide specified medals for league finals; see appendix

SECTION 9
APPROVED SPORTS, STARTING TIMES AND SITES, AND SUPERVISION OF CONTESTS

Section 9.1 **Approved Sports**

The Metropolitan Conference has approved all CIFSDS Section sports and teams for interscholastic competition (Refer to the current CIFSDS Green Book). In addition, effective with the 2000-2001 school year, In-Line Roller Hockey is an approved sport in the Metropolitan Conference.

Section 9.2 **New Sports**

9.2.1 In order to add a sport to a League within the Metropolitan Conference, there must be planned participation by at least three-fifths (3/5's) rounded off to the nearest whole number of the League schools. A vote by a majority of the Directors will allow the addition of the new sport.

9.2.2 Regulations governing the new sport must be submitted and approved by the Directors prior to its approval and competition begins.

Section 9.3 **Minimum Participation**

For a sport to be recognized as a League sanctioned activity and receive all benefits of such recognition (medals, titles, etc.), three-fifths (3/5) rounded off to the nearest whole of League/Conference schools must be participants. Where there is less than three-fifths (3/5) participation, a school may still compete as long as it meets all CIFSDS regulations but without League/Conference support.

Section 9.4 **School Participation in Non-Conference Sports**

Participation by a school in a conference deleted sport can continue provided the school meets all CIFSDS regulations.

Section 9.5 **Supervision of Contests** (Reference: California Administrative Code, Title 5, Section 553, as of September, 1994)

9.5.1 All athletic activities, wherever held when conducted under the auspices of a Conference member school or any class or organization thereof, shall be under the direct supervision of the authorities of the District of the member school.

9.5.2 Teacher supervision at athletic contests. No precedent shall be established separating responsibility of teacher supervision of athletic activities and teacher responsibility for supervision of the general co-curricular program. Member schools may supplement teacher supervision as they deem appropriate for the event.

9.5.3 The designated coach, responsible for the conduct of the team, must accompany any team to all practices and contests and must remain until all practices or contests are over and all members of the team have left the dressing room. A visiting team shall not be recognized by the host school unless accompanied by the coach.

9.5.4 The host school is responsible for the supervision and general conduct of all spectators. Members of the certificated staff of the visiting school shall supervise their students. The visiting school shall provide adequate supervision, in addition to the coach, for their students.

9.5.5 Faculty supervision shall be provided for all night contests starting after 5:00 p.m.

9.5.6 All Conference schools must follow the Supervision Guidelines adopted by the Conference.

SECTION 10
PAID EMPLOYEES OF THE CONFERENCE

Section 10.1 **Scheduler**

A paid scheduler will develop schedules for all varsity, junior varsity and novice sports following the guidelines in Section 11, Schedules, and Article 4, Athletic Managers.

Section 10.2 The Athletic Coordinator's office will be responsible for taking and distributing minutes for all Directors'and Athletic Directors' meetings. The Bylaws and Regulations of the Metropolitan Conference are updated upon direction of the President by the Athletic Coordinator's office from any interpretation of rules as a result of a vote of the Principals. Updated pages of the Bylaws and Regulations shall be dated with the date of the meeting in which the change(s) took place and mailed to each Director within sixty (60) days of the change(s).

The Athletic Coordinator's office will keep the account of the Metropolitan Conference and order passes and medals as necessary.

Section 10.3 **Selection and Salaries**

The selection and determination of salaries of paid employees is a function of the Directors.

SECTION 11

SCHEDULES, CANCELLATIONS, RESCHEDULING

Section 11.1 Scheduler

A person responsible for the preparation of schedules and "All Conference Meet" hosts is to be appointed by the Directors. This person is responsible for preparation of all schedules and submitting them to the Athletic Managers for approval.

Section 11.2 Rotating Responsibility

All Conference schedules shall be formulated on a rotating basis. The first Conference game of the current season shall be the last Conference game of the following season and host teams are to be interchanged. The second game of the current season shall be the first game of the following season, and so on.

Section 11.3 Metropolitan Conference League Meets

All Metropolitan Conference League Meets will be scheduled in a 13 year rotation schedule. Should a school not field a team, then the host school assignment will move to the next school in the schedule that does field a team.

Section 11.4 Rescheduling

After Conference schedules have been accepted by the Metro Directors, all dates are firm. If the date, time or location of a game or meet must be rescheduled, it will only be by mutual agreement of the Principal or the designated Assistant Principal of the participating schools. If the participating schools agree, the host school will assume the responsibility of notifying officials and media of the changes in a timely manner. Should a school leave the Conference, or a new school join the Conference, a new schedule will be made.

11.4.1 When rescheduling contests that have to be postponed, the game, meet or match will be rescheduled for the first day the facility is in condition to be used for a contest. Contests during non-school days are to be avoided. (See also 11.4.4)

11.4.2 The host school is responsible for determining the usability of the facility and/or the safety of the situation/circumstances.

11.4.3 If a question arises regarding the host school's decision, the Athletic Directors of the schools involved shall determine if the contest can be played. If the Athletic Directors cannot agree, the Principals of the schools involved will make the decision.

11.4.4 In track and cross country, meets shall not be re-scheduled closer than forty-eight (48) hours to each other and no meets shall be scheduled on Monday.

11.4.5 There shall be strict adherence to current CIFSDS Green Book Bylaws regarding the number of contests during a specified time period.

Section 11.5 Forfeitures Due to Strikes/Job Action

11.5.1 Games or matches not played as a result of authorized or unauthorized strikes, slowdowns or concerted job actions by teachers and/or a public or private Board of Trustees action or policy in response to, or in anticipation of, such strikes, slow-downs or concerted job action shall NOT be made up. The decision to play or not play shall be by mutual agreement of the Principals and/or District directive. There is no appeal of that decision.

11.5.2 If a team fails to show up or to play after an agreement to re-schedule and play the game, the regular rules relating to forfeiture shall apply.

11.5.3 If a Principal cancels a game(s) without mutual agreement, the game(s) may not be played at a later date without mutual agreement of the schools and the cancelling school shall forfeit the game.

SECTION 12 OFFICIALS

Section 12.1 Appointment

Officials shall be provided by the Assignment Secretaries of a CIF approved Athletic Official's Association(s) with a current contract with the High School Sports Officiating Coalition (HSSOC) or from other associations approved by the Conference.

Section 12.2 Pay

In no case shall the officials be paid more than the amount published by the CIFSDS.

SECTION 13 AWARDS/MEDALS

Section 13.1 **Cross-Country (Boys and Girls)**

	Medals Awarded
Boys Varsity	1st – 10th
Girls Varsity	1st – 10th
Boys JV	1st – 10th
Girls JV	1st – 10th

Section 13.2 **Tennis (Boys and Girls)**

	Medals Awarded
Singles	1st & 2nd
Doubles	1st & 2nd
Semi-finalist singles	Two
Semi-finalist double	Four

Section 13.3 **Wrestling (Boys and Girls)** Medals Awarded

14 sets 1st – 3rd

NFHS current weight categories for each league

Section 13.4 **Swim & Dive (Boys and Girls)** Medals Awarded

8 individual events 1st – 3rd

- 50 yard free style
- 100 yard free style
- 100 yard butterfly
- 100 yard back stroke
- 100 yard breast stroke
- 200 yard free style
- 200 yard individual medley
- Diving

3 relays 1st – 3rd

- 200 yard medley relay
- 200 yard free style relay
- 400 yard free style

Section 13.5 **Track & Field (Boys and Girls)** Medals Awarded

14 individual events 1st – 3rd

- 100 meter dash
- 200 meter dash
- 400 meter dash
- 800 meter run
- 1600 meter run
- 3200 meter run
- 100 meter hurdles
- 300 meter hurdles
- long jump
- high jump
- triple jump
- shot put
- discus
- pole vault

2 relays 1st – 3rd

- 4x100 meter relay
- 4x400 meter relay

(Revision of 5/17/22 Directors Minutes.)

SECTION 14 GENERAL RULES

Section 14.1 Bands and Cheering Section

The host school shall furnish any entertainment that is provided before the games and at half time. If the host school does not care to entertain, it may invite the visiting school to perform.

Section 14.2 Bands

14.2.1 The band of the host school is responsible for the music at the game.The pep band from the opposing school has the right to attend free of charge for football games only. Prior arrangements must be made with the host school.The band director must identify each band member from the school at the gate. All members must enter as a group or they must pay. The visiting band will perform from the stands.

14.2.2 The faculty band director shall be with the group whenever the band is present.

14.2.3 Bands shall not play while the band from the other school is playing or performing.

14.2.4 In football, the band must cease playing when a team breaks the huddle.

14.2.5 In football, the band of the team making the score should play after the extra point. If the band plays after the touchdown, it should soften the number during the conversion attempt, then play normally again.

14.2.6 In football, while the ball is in play, marching units shall at all times remain at least ten (10) yards from boundaries of the playing field.

Section 14.3 Pep Bands

The pep band will be the responsibility of the band director. The following rules will govern performances of pep bands:

14.3.1 Pep bands may play before games, between quarters, and at half time.

14.3.2 No more than two (2) amplifiers shall be used by pep bands and their sound level shall not exceed one hundred (100) decibels.

14.3.3 At football games, the band will be the responsibility of the band director. Visiting bands will not wear the regular band uniform; band jackets are permitted. Any exceptions must have the approval of the competing school's Principal and band director.

14.3.4 The visiting pep band will be admitted free of charge. Members of the pep band should be identified by carrying an instrument and under the supervision of a band director.

14.3.5 Pep bands will perform only during time-outs, between quarters and after scores. During half time, pep bands will play only following the field show; host band will have the right-of-way for all performances; guest band will play the Alma Mater before the host band.

Section 14.4 Cheering Sections

14.4.1 Yells shall be terminated immediately when the team breaks the huddle.

14.4.2 Cheerleaders shall discourage impromptu yells in the stands.

14.4.3 Cheerleaders shall discourage unsportsmanlike yells, i.e., booing,etc.

14.4.4 Cheering sections shall alternate in performing yells.

14.4.5 At basketball games, song and cheerleaders should not interfere with the warm-up drills of the teams on the playing court.

14.4.6 Kicking the bottom bleacher boards, stamping or banging megaphones on the floor or bleachers is not allowed.

14.4.7 After the game, cheering sections should stay for the completion of both school's Alma Mater.

14.4.8 Megaphones are to be used by the cheerleaders only and not by spectators.

14.4.9 Confetti is prohibited at all Metropolitan athletic contests.

14.4.10 Mechanical noisemakers, e.g., air horns, wooden clackers, cowbells, etc., are prohibited at all Metropolitan athletic contests.

14.4.11 All guidelines/rules in the CIFSDS Green Book will be followed.

Section 14.5 Guidelines for Cheerleaders - Indoor Events

The following has been established for cheers at indoor events. They are the result of requests from game officials and Assistant Principals-Student Activities for the purposes of safety. Cheerleaders will be expected to adhere to these rules at any gymnasium event.

14.5.1 Home cheerleaders will sit on the first or second row of the bleachers on the home side.

14.5.2 Visitor cheerleaders will sit on the first or second row at the end of their team bench or the bleacher behind the team.

14.5.3 No standing for floor performances except during quarters, half time or time outs.

14.5.4 Cheerleaders will alternate cheers during quarters, half time or time outs with the home cheerleaders performing first. There is to be no simultaneous cheering during these times.

14.5.5 It is a site decision to allow or not allow cheerleaders at basketball games to cheer on or behind the base line during the game.

14.5.6 These guidelines allow for cheerleaders to provide spirit cheers for their teams while, at the same time, making it safer for players, officials and cheerleaders.

Section 14.6 Multi School Agreements

The Metropolitan Conference will consider CIF Multi-school Agreement requests only between Sweetwater Union High School District schools and programs or schools affiliated with the District.

(*Approved Board of Directors, May 16, 2013)*

SECTION 15

TEAM PRACTICE OUTSIDE REGULAR SEASON

Section 15.1 There shall be no organized team practice in any Conference or CIFSDS sport outside the approved CIFSDS regular practice season with the exception that practice may be permitted under the bylaws of the CIFSDS.

Section 15.2 Declared Day of Respite. In accordance with CIF Bylaw 310 and in order to provide respite from interscholastic or approved competition, no interscholastic games, scrimmages, workouts, practices, team meetings or similar activities at which students, voluntarily or involuntarily, are present are to be held on Sundays or December 25.

SECTION 16

REGULATIONS PERTAINING TO SPECIFIC SPORTS

Section 16.1 Cross-Country

All meets, other than conference/league finals, are scored as dual meets. If more than two teams from a league are running in the meet, each set of schools from the league are scored as if they are in a separate meet; e.g. a score versus B as if C does not exist, A and C as if B does not exist and B versus C as if A does not exist.

16.1.1 A forfeit is a score of 15 to 50. If a team fails to finish at least 5 runners in a given division, this would constitute a forfeit. By N.F.H.S. rules, a runner from the top seven (7) individuals (fastest 7) on a team may not run in the Junior Varsity Division. A varsity team may be composed of up to 12 runners, but must include the best seven who are running in the meet that day. A junior varsity team may have an unlimited number of runners. Regardless of how many runners race for a school in a given division, only the top 5 may score and only the 6th and 7th runners will displace other runners when appropriate for scoring in dual meets.

16.1.2 Course Uniformity - When courses are shared, all coaches and schools hosting meets must mark the course as set by the establishing school. At present, the courses used are as follows with the establishing school in parenthesis:
Eastlake High and Park (ELH), Imperial Beach Pier Course (Mater Dei), Lucky Waller Park (MOH), Otay Ranch High (ORH), Rohr Park (SUHI).

16.1.3 Course Distance - Boy's courses should be between 2.9 and 3.1 miles. Girl's courses should be between 2.25 and 2.6 miles as established by National Federation of High School Sports rules.

16.1.4 Meet Host Responsibilities – Mark course with gypsum (not lime) and/or field marking paint in a manner that will direct the runners in the correct direction at any given point of the course. There should be clear markings approximately every 50 yards and at any intersections or turns. Flags and cones should also be used to help delineate the course's path when there are limited natural or manmade landmarks to guide runners in the correct direction. Any materials/items used to mark a course or its outer boundaries should be safe to the runner should they bump or fall onto them, e.g., no sharp stakes, wires, etc. The starting line, mile mark, 2-mile mark, 3-mile mark and finish line must be clearly marked. The mile mark and finish line must have a

large (readable from at least 50 yards) clock with an accurate race time displayed or a person posted reading split times aloud.
Individuals who will actively supervise and who are knowledgeable of the course will be placed at all intersections, turns or other areas where a runner might get confused. This is especially important where a course crosses itself. At crossings of sidewalks or service roads, adults will be stationed to protect runners from crossing pedestrians, bicyclist or other vehicles. A coach and runners should be made available, up to two weeks prior to the meet, who are extremely knowledgeable of the course, to guide visiting teams around the course. Failure of the visiting team or coach to preview the course or check for any changes to a course previously run, will disallow any complaints about the route unless it is grossly mis-marked or not marked adequately.
The host team shall provide to opposing participant coaches, media, and any other person who needs the information the complete results of all runners and teams who raced the course on that day. The results will include the #1finisher to the last finisher and include the scoring of the dual meet listing the scoring for #1-#15 and total points for these 5 runners in each dual meet scored. The sequential place listing of competitors should include at least the last name and first initial, school name and the runner's accurate time and overall place. The meet host or coach of the host (establishing) school must ensure that all necessary use permits have been secured from the agency authorizing the facility for the course, e.g., Chula Vista Parks and Rec. for Rohr Park, San Diego Parks and Rec. for Lucky Waller.

16.1.5 Modifications to Meet Management Guidelines or Schedule – Any changes in meet schedules, other than in case of an emergency, must be proposed and agreed upon by all coaches involved in the meet as well as the responsible assistant principal from each site, no later than the pre-season fall sports meeting. This would include both girls and boys coaches from all participating schools. Once a meet is scheduled on a given course it must remain at that course unless an act of man or nature causes the course to be unsafe. The host school principal will determine if the course is safe for participation. Any other changes coaches wish to make to meet organization must be within the parameters of the Conference; CIFSDS, CIF, and NFHS rules and guidelines. The changes must also be agreed upon by coaches of all affected teams. A proposal to combine races, which may affect the starting times of other races, must be agreed upon by all affected teams.

16.1.6 Each coach of a boys' team must designate their list of seven to twelve varsity runners at least 45 minutes before the race. A substitution may

be made after that timeline in the event of an injury or illness only. The runner being replaced may not then race on that day. Whenever possible, changes to the normal meet format and/or organization should be proposed at least three (3) days prior to the meet, to all affected coaches, to allow time to notify parents, etc.

Meet will be held after all dual meet are completed and no later than the Friday, one week before the CIFSDS championships are scheduled.

2:00 p.m. Boys Varsity* (Mesa and South Bay Leagues together)
2:30 p.m. Girls Varsity (Mesa and South Bay Leagues together)
3:00 p.m. Boys J.V. (Mesa and South Bay Leagues together)
4:00 p.m. Girls J.V. (Mesa and South Bay Leagues together)

* Start time for boys and girls will rotate each year; beginning 2014 girls' varsity will begin at 2:00 p.m. and rotation will begin each year thereafter.

Both Leagues will run simultaneously; then results will be segregated by league and scored by order of finish in each league.

One school from each league, on a rotating basis, shall be assigned the responsibilities of organizing and managing the league finals. Other schools are responsible for supplying knowledgeable meet supervision personnel and completing race duties such as mile, 2-mile splits, course guides, etc. The school assigned meet host responsibilities must ensure the course is properly marked and has sufficient cones, flags/ropes to guide the runners and keep them safe. This includes setting up a finish chute long enough to accommodate all possible runners in all four races. The host school must also organize meet results, the awards ceremony, and coordinate the other schools to ensure that all meet management and course supervision duties are completed in a quality manner.

The meet hosts are assigned on an alphabetical rotation. If leagues are re- aligned, the schools changing leagues are placed in alphabetical order in the new league and join the rotation.

League Representatives are responsible for notifying the Hall of Champions, and the Metropolitan Conference Athletic Coordinator of the All-League Team names and grade level within one week of the League Championship meet.

Unless changed by a majority vote of all head coaches of both boys' and girls' teams, the course recommended to the Board of Directors to be utilized for league finals is the Rohr Park Dual Meet Course. The Board,

in its discretion, will make the final determination based on alternate course availability, facility use charges, capacity, and support facilities.

Team Championships and All League Awards. There will be both a boy's and girl's runner of the year and a 1st and 2nd team all-league team for both the South Bay and the Mesa League. The runner of the year is the 1st place runner from each league's varsity league championship race. The top ten varsity runners, from each league, at the Metro Conference finals are 1st team all- league and the 11th -20th place runners will be 2nd team all-league.

Provided funding is available, the Metro Conference may provide medals for 1st through 15th place finishers in both the boys and the girls varsity league finals and 1st through 10th place finishers in the junior varsity league finals.

Team Championships within each league are determined based on a weighting of 50% of league place in the dual meet season and 50% for team place in the league championship races. In a seven (7) team league, 1st place receives 7 points, 2nd place 6 points, etc. In a six (6) team league, 1st place receives 6 points, 2nd place 5 points, etc. Points from league dual meet season are added to league finals points. The team with the most points is the league champion.

(Revision approved by Board of Managers, August 2014)

Section 16.2 <u>Football</u>

16.2.1 All Metropolitan Conference schools will provide approved goal post covers for all football games and scrimmages in which Metropolitan

Conference teams play. It shall be the home team's responsibility to provide the covers.

16.2.2 A football player may neither play up or down within the same week. An ineligible athlete will cause the forfeiture of the game.
(Revised 12/5/00 Directors Minutes)

16.2.3 Opponents in the Metro Conference may be videotaped. When playing opponents outside of the Conference then that State Association or local rule will apply.

16.2.4 No restrictions on number of games video taped.

16.2.5 Only the participating teams are permitted to film from the home press box. Upon approval of the home team, the visiting team may be allowed to videotape from the end zone using a "high pod." No scaffolding or other lifts will be allowed in the end zones.

16.2.6 All previous game videos will be exchanged. If both Head Coaches agree, they may exchange fewer than all of the previous videos.
(Revision of 9/19/00 Directors Minutes.)

16.2.7 If the video provided by a school to the opposing coach is of poor quality, blurred, no zoom or too low a level, the opposing coach will be provided the most previous video upon request.

16.2.8 In all varsity league games ending in a tie, the California Tie Breaker Rule shall be utilized for potential playoff purposes.

16.2.9 An athlete transferring to a conference school must have ten (10) school days of football practice within the fifteen (15) school days immediately preceding the athlete's participating in any interscholastic football contest.

Section 16.3 <u>Softball</u>

16.3.1 Rainouts. If one field is not playable and the other is, and this is the first game of the meeting between the teams, the game will be moved to the playable field. The second meeting between the teams will be moved to the other's field. If the rainout occurs during the second meeting between the teams and one field is playable and the other is not, the game will be played on that day on the playable field, regardless if a team has to travel twice to their opponent's field. The home team will be the team who is scheduled to be home team on that date.

Section 16.4 <u>Track and Field</u>

16.4.1 Dual Meets

16.4.1.1 Varsity Boys' Dual Meet

Individual events will have a maximum of three entries per school. Relay races will have a maximum of one scoring team per school. Additional non-scoring lanes in relays are permitted in lanes 4-8. There will be no use in lane 1 for a relay event.

16.4.1.2 Varsity Girls' Dual Meet

Individual hurdle races will have a maximum of three entries per school (if host school has enough hurdles).
Individual races shorter than 800 meters (excluding hurdles) will have a maximum of three entries per school when the track being run on allows for eight standard lanes. Relay races will have a maximum of one team per school. Field events will have a maximum of three entries per school.

16.4.1.3 Junior Varsity Boys and Girls dual meets

This division has the same events as Boys and Girls Varsity Division. The first heat in each event will be considered the scoring heat. Maximum number of four entries per school are allowed in the scoring heat. If a school requests additional non-scoring heats, based on the number of participants, a maximum of four additional heats per will per even will be run.

NOTE: Additional heats beyond the additional 4 allowed, may be added if both coaches are in agreement.
Non-scoring individual races of 800 meters or more will have unlimited entries for each school.

(Revision to bylaws, Approved by Metro Directors, February 27, 2017)

16.4.1.4 Lane Assignments in dual meets

Individual races: Home Team - odd numbered lanes
Visiting Team - even numbered lanes
Lane 1 is lane 1 whether used or not.

Relays: Home Team - lane #2; Visiting Team - lane #3

*If coaches agree to run additional non-scoring relays the s coring teams must be placed in lanes # 2 & 3 respectively.

16.4.1.5 Field Events in Dual Meets

Participants get 3 preliminary jumps / throws – top 4 qualifiers get 3 additional jumps / throws.

Finals will be contested worst to best based on the qualifier's marks.

A time limit may be established to end all preliminaries, and participants will be made aware of the time limit.
All Long Jumps must be completed before the Triple jump may begin.
High Jump & Pole Vault excluded from the above.

Starting heights: Pole Vault:
Girls – 6' JV Boys – 7' Varsity Boys – 9'
High Jump:
Girls – 3'10" JV Boys – 4'6' Varsity Boys – 5'

16.4.2 When there are maximum limits to number of participants in a race, non-scoring heats will be added.

16.4.3 Schools must provide at least three (3) lanes of hurdles for the visiting team. If fewer than six (6) lanes are available the visiting team is guaranteed three (3) depending on boys or girls division.

16.4.4 Coaches can agree to start the Girls and JV Boys 2 mile Run at 2:45. There must be a unanimous agreement of Head Coaches from both genders.

16.4.5 Entry cards are due to the host school by 2:30 p.m. A copy of team entries are due to the starter prior to start of the meet.

16.4.6 Changes cannot be made on field event entries once first field event starts. Changes cannot be made in running events once the first race begins.

16.4.7 Rain outs are to be scheduled on the following Tuesday except during spring break on the district school calendar. Head coaches can mutually agree to an alternative date with the permission of the Principal or Assistant Principal designee responsible for athletics.

16.4.8 When the Metro Conference Bylaws are silent on a rule then the National Federation of State High School Associations rules will be followed.

(Revision to bylaws, Approved by Metro Directors, December 13, 2016)

Section 16.5 <u>Volleyball</u>

16.5.1 The Conference preference is that only the higher rated official shall be used in refereeing junior varsity matches. Member schools shall

make that request of the Assignment Secretary at the time schedules are submitted.

16.5.2 Each school shall have available for officials a referee's platform or a reasonable facsimile for all home matches.

16.5.3 Protective padding or towels shall be wrapped around cables supporting volleyball standards.

Section 16.6 Participation in Two Sports

The Metropolitan Conference permits a student to compete in a maximum of two (2) sports at the same time provided it does not conflict with CIF and CIFSDS bylaws.

Section 16.7 Athletic Participation in the Same Sports

Metro Conference permits athletes to participate in two contests on the same day at the novice and JV levels only for all sports except football. Violation of Section 16.7 at the varsity level results if forfeiture of varsity game.

(Revision of 5/17/22 Directors Minutes.)

SECTION 17

DAYS, STARTING TIMES, AND LOCATION OF GAMES AND MEETS

Section 17.1 Cross-Country

Dual meet order of races is 3:00 p.m. Boys; 3:30 p.m. Girls; 4:00 p.m. Boys and Girls junior varsity or to accommodate the field. The 3:30 and 4:00 p.m. races might be delayed 5-10 minutes due to a large field of runners. Any race delayed longer than 10 minutes would require the consent of all head coaches (boys and girls). Race times will be flipped as necessary in order to provide equal opportunity to boys and girls for earlier/later start time.

Section 17.2 Football

Conference Varsity football games will begin at 6:30 p.m. on Friday. Conference Junior varsity football games will begin at 3:30 p.m. on Thursday at the same site as the Varsity contest. Conference Novice football games will begin at 3:30 p.m. on Thursday at the opposite site of the Varsity contest.

(Revision to bylaws, Approved by Metro Directors, December 13, 2016)

Section 17.3 Soccer

All soccer games will be held on days established by the CIFSDS matrix with girls competing against the same school as the boys but at opposite sites.

Section 17.4 Track

Track meets will be held on days established by the CIFSDS to avoid weekend relay invitationals and meet the necessary supervision assignments. Field events will begin at 2:45 p.m. and running events at 3:00 p.m.

Section 17.5 Basketball

17.5.1 Format for games will be Boys and Girls at opposite sites as follows:

Wednesdays and Fridays: Same gender

3:30 p.m.	Novice
5:00 p.m.	Junior Varsity
6:30 p.m.	Varsity

Section 17.6 Baseball and Softball

Conference Baseball and Softball games will be held at 3:30 p.m. on days established by the CIFSD matrix. Girls and boys junior varsity games will be played at the opposite sites of the varsity games. Novice games will be played on Saturdays at 10:00 a.m. or unless changed by mutual agreement by the Administration of both schools.

SECTION 18

PENALTIES

Upon an investigation and subsequent findings by the athletic coordinator in conjunction with the President of the Conference, penalties may be assessed against member schools or a specific athletic program for infraction of the rules of the Conference, the CIF, or the CIFSDS. CIF and CIFSDS Bylaws are published in the CIFSDS Green Book.

Section 18.1 **<u>The purpose of these penalties shall be:</u>**

18.1.1 To provide a remedy for an inequity, either actual or potential, which was caused by the rule violation.

18.1.2 In alignment with CIF, the penalty shall be of sufficient severity to provide a deterrent against further violations.

Section 18.2 **<u>Programs on Probation</u>**

The CIFSDS has the authority to place conference schools and/or specific athletic programs on probation. If a school or program violates that probation, CIFSDS has the right to penalize the specific program up to and including reducing the number of games or tournaments permitted; prohibiting the team or school from participation in their playoffs; or barring membership in the CIFSDS. Because penalties can be severe and impact many students, the community, the Conference and District when a school or program is placed on probation, the District Athletic Coordinator (or designated person), Principal, Assistant Principal in charge of athletics, Athletic Director and Coach shall:

1. Work closely throughout the duration of the probation, meeting at least 2 times (at least once prior to the start of the new season and once immediately after the team is selected).

2. Audit the team roster verifying residency of all student athletes which may include home visits, requesting additional forms of residency verification, conducting a parent meeting with agenda topics to include academic and residential eligibility

3. Scrutinize any transfer students into the program focusing on pre-enrollment contact, undue influence, athletic motivation, and residential eligibility.

The Coach shall:

1. Review residential eligibility requirements with all team members at least two (2) times during the season and encourage student athletes to share any knowledge of questionable residencies of student athletes.

2. Report to the Athletic Director or Assistant Principal all pre-enrollment contact of incoming freshman or transfer students, any questionable residential eligibility information and any other information that relates to the cause of the probationary status, or any pertinent information that relates to student athlete eligibility.

Section 18.3 **Hardship Appeals**

The Athletic Coordinator shall be notified, in writing, of all hardship appeals prior to their being filed with the Commissioner of the CIFSDS.