



SEPTEMBER 2026

PRESCHOOL

FREE BREAKFAST!
SERVED DAILY: ONE HALF HOUR
BEFORE SCHOOL STARTS!

Monday

Tuesday

Wednesday

Thursday

Friday

1

ASSORTED COLD CEREALS
FRESH BAKED SCONES
STRING CHEESE
FRESH SEASONAL FRUIT
MILK

2

ASSORTED COLD CEREALS
EGG BITES
MINI CROISSANT
FRESH SEASONAL FRUIT
MILK

3

ASSORTED COLD CEREALS
LOW SUGAR GREEK YOGURT
TOPPINGS BAR
FRESH BERRIES
MILK

4

ASSORTED COLD CEREALS
FRENCH TOAST
TURKEY BACON
FRESH MELON
MILK

7

**HOLIDAY
LABOR DAY
NO SCHOOL!!**

8

ASSORTED COLD CEREALS
BREAKFAST SMOOTHIE
KASHI STRAWBERRY BANANA
CRUNCH CEREAL POUCH
FRESH SEASONAL FRUIT
MILK

9

ASSORTED COLD CEREALS
EGG BREAKFAST WRAP
FRESH SEASONAL FRUIT
MILK

10

ASSORTED COLD CEREALS
BANANA SPLIT
W/HOMEMADE GRANOLA
YOGURT & BERRIES
FRESH SEASONAL FRUIT
MILK

11

ASSORTED COLD CEREALS
MINI BLUEBERRY WG PANCAKES
VERMONTY MAPLE SYRUP
FRESH SEASONAL FRUIT
MILK

14

ASSORTED COLD CEREALS
BREAKFAST BURRITO
FRESH SEASONAL FRUIT
MILK

15

ASSORTED COLD CEREALS
ASSORTED YOGURTS
FRESH BAKED SCONES
FRESH SEASONAL FRUIT
MILK

16

ASSORTED COLD CEREALS
MINI CINNAMON ROLL
HARD BOILED EGG
FRESH SEASONAL FRUIT
MILK

17

ASSORTED COLD CEREALS
EGG BITES OR STRING CHEESE
BANANA BREAD
FRESH FRUIT SALAD
MILK

18

ASSORTED COLD CEREALS
FRENCH TOAST
FRESH SEASONAL FRUIT
MILK

21

ASSORTED COLD CEREALS
FRESH BAGELS
SCRAMBLED EGGS
MILK

22

ASSORTED COLD CEREALS
CHICKEN SAUSAGE
MINI WAFFLES
FRESH SEASONAL FRUIT
MILK

23

ASSORTED COLD CEREALS
CHEESE OMELETTE
WG ROLL
FRESH SEASONAL FRUIT
MILK

24

ASSORTED COLD CEREALS
LEMON BLUEBERRY
RICOTTA MUFFINS
CANADIAN HAM
FRESH SEASONAL FRUIT
MILK

25

ASSORTED COLD CEREALS
BANANA SPLIT
W/HOMEMADE GRANOLA
YOGURT & BERRIES
FRESH SEASONAL FRUIT
MILK

28

ASSORTED COLD CEREALS
EGG BREAKFAST WRAP
FRESH SEASONAL FRUIT
MILK

29

ASSORTED COLD CEREALS
FRIED EGG SANDWICH
ON TOASTED ENGLISH MUFFIN
FRESH SEASONAL FRUIT
MILK

30

ASSORTED COLD CEREALS
LOW SUGAR GREEK YOGURT
TOPPINGS BAR
FRESH BERRIES
MILK

ALL MEALS INCLUDES: PROTEIN ENTRÉE, WHOLE GRAINS, FRESH FRUITS
CHOICE OF MILK: LOW-FAT, SOY OR ALMOND MILK
MENU SUBJECT TO CHANGE

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER