

October MAC Snack Menu



			1 Cheeze It	2 Trix French Toast Kit
5 Angie's Kettle Corn	6 Raspberry Fig Bar	7 Chocolate Chip Cookie	8 Ritz Bitz	9 School Returns on 10/19
19 Soft Banana Chocolate Granola Bar	20 Sun Chips	21 Graham Crackers	22 ... Muffins ...	23 Yogurt
26 Strawberry Chex Mix	27 Grandma's Cookies	28 Muffin	29 ... Ritz Bitz ...	30 ... Sidekick ...

Students' daily drink options: nonfat milk, water, and 100% juice. A fruit or vegetable option is offered daily in addition. All snacks are whole grains, low in added sugar, low in sodium, low in saturated fats, and contain no food dyes or ultraprocessed ingredients.

This institution is an equal opportunity provider.