

October AM/PM Preschool Snack

Menu

			1 AM: Rice Krispies w/ Milk PM: Raisins w/ cucumbers	2 AM: Muffin w/ Fruit PM: Pudding w/ Fruit Juice
5 No School Labor Day	6 AM: Yogurt w/ Fruit PM: Cheese Stick w/ Mandarin Oranges	7 AM: Honey Cheerios w/ Milk PM: Scooby Doo Graham w/ Milk	8 AM: Graham Cookies w/ Craisins PM: Cheez-It w/ Fruitable	9 School Returns on 10/19
19 AM: Oatmeal Bar w/ Applesauce PM: Animal Crackers w/ Craisins	20 AM: Strawberry Chex w/ Fruit PM: Hard Boiled Egg w/ cheese cubes	21 AM: Cheese Stick w/ Mandarin Oranges PM: Pineapple Cup w/ Cheddar Cheese	22 AM: Trix Cereal w/ Milk PM: Graham Cookies w/ Milk	23 AM: Cheese Stick w/ Fruit PM: Pudding w/ Fruit Juice
26 AM: Danimal w/ Fruit cup PM: Cheese Stick w/ Mandarin Oranges	27 AM: Honey Cheerios w/ Milk PM: Scooby Doo Graham w/ Milk	28 AM: Graham Cookies w/ Craisins PM: Cheez Its w/ Fruitable	29 AM: Oatmeal Bar w/ Fresh Fruit PM: Hard boiled egg w/ yogurt	30 AM: Cocoa Puffs w/ Milk PM: Mickey Mouse Goldfish w/ Peach Cup

*All snacks are whole grains, low in added sugar, low in sodium,
low in saturated fats, and contain no food dyes or
ultraprocessed ingredients.*

This institution is an equal opportunity provider.