

YORK COUNTY Strengthening Families

a Children's Home of York Program

A program for parents and youth ages 10-14

$25 gift card upon completion of the course!

SFP 10-14 is a free 7 week program that meets one night a week. Each week during the first hour, parents and youth meet separately, but work on similar skills. During the second hour, youth and parents have fun together as they play games and do family projects. Free childcare is provided for siblings under 9.



FOR PARENTS

- Set appropriate limits
- Encourage good behavior
- Use effective consequences
- Help your child do better in school
- Share expectations



FOR YOUTH

- Set & reach goals
- Appreciate parents
- Manage stress
- Follow rules
- Resist peer pressure



FOR FAMILIES

- Support goals & dreams
- Solve problems together
- Share family values
- Build family connection

Wednesday Evenings Beginning October 7th, 2026

October 14, 21 & 28, November 4, 11 & 18

Free Family Dinner at **5:30 pm**

Classes from **6-8 pm**

York Suburban Middle School

455 Sundale Dr, York, PA

Register here!

Children's HOME

Empowering Families • Enriching Communities

For More Information or to register, contact:

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SFP 10-14 is funded through CHOY and York County CYFS. York Suburban School District neither encourages nor discourages a student's participation in the activity described herein.