KENNEDALE ISD
Committed to Excellence

School Health Advisory Council
2025-2026 Annual Report

Background

A School Health Advisory Council (SHAC) is a group appointed by the school district to serve at the district level. Members of the SHAC come from different areas of the community and from within the school district. Most members must be parents who are not employed by the district. Texas law [*Texas Education Code, Title 2, Subtitle F, Chapter 28, Subchapter A, §28.004*] requires the establishment of a SHAC for every school district. The SHAC is required to meet at least four times each year.

SHAC assists the district in ensuring that local community values are reflected in health education instruction. Additionally, the SHAC plays an important role in strengthening the connection between health and learning. The group can help parents and community stakeholders reinforce the knowledge and skills children need to stay healthy for a lifetime.

The Texas Department of State Health Services has developed a guide titled- *School Health Advisory Council: A Guide for Texas School Districts*. This document provides school staff and members of the community basic information about the value of SHAC to create a healthy school environment for students. The Kennedale ISD SHAC utilizes this document to help reach district goals.

SHAC Organization

Kennedale ISD has designated the Health Services Coordinator to organize the district SHAC. Sara Humphrey RN works closely with multiple members of the school district to ensure that SHAC is meeting the standards as set forth in BDF (LEGAL) and compliant with all SHAC related policies and mandates.

Nurse Humphrey schedules SHAC meetings, creates agendas, assists SHAC leadership, and ensures that all necessary information is posted to the SHAC webpage in a timely manner.

SHAC leadership consists of the Chair, Co-Chair, and Secretary. During meetings or events, the Lead Nurse serves consultative roles to ensure that meetings and events fulfill the needs of the district and are policy compliant. The Public Information Officer also assists SHAC leadership as needed.

2025 -2026 SHAC Membership

Membership and attendance in the 2025-2026 SHAC term remained steady. Meeting attendance has been small but consistent. The submitted composition of SHAC membership complies with district policy BDF (LEGAL) which states: *The board shall appoint at least five members to the SHAC. Most members must be persons who are parents of students enrolled in the district and who are not employed by the district. One of those members shall serve as chair or co-chair of the SHAC.*

The 2025-2026 SHAC consists of 19 members, eight of which are parents of KISD students and four of which are students.

Nurse Humphrey RN, served as the SHAC Coordinator and interim Chair. Due to attendance, a Chair was not able to be selected. Nurse Hunt served as the interim secretary and was responsible for logging meeting attendance, the documentation of meeting minutes, and other documentation as necessary. Nurse Humphrey worked with KISD Communications and Marketing coordinator to ensure necessary SHAC information was posted to the SHAC website in a timely manner.

The following listed individuals are the board approved members of the 2025- 2026 KISD SHAC:

NAME	EMAIL	AFFILIATION WITH DISTRICT
Amanda Coldren	amandamowery0@gmail.com	Parent
Ana Mariscal	anamariscal49@yahoo.com	Parent
Britney Romans	26romansb@kennedaleisd.net	Student
Heather Cain	cainh@kisdtx.net	Staff
Hudson Knotth	27knotth@kennedaleisd.net	Student
Irais Perez	perezolivaresi@kisdtx.net	Staff – Campus Nurse
Jazmin Herrera	Jazael84@yahoo.com	Parent
Jennifer Cleveland	jenniferc_h@hotmail.com	Parent
Katharine Wheatley	wheatleyk@kisdtx.net	Staff, Campus Nurse
Kevin Blount	blountk@kisdtx.net	Staff, AP
Kim Knotts	knottsk@kisdtx.net	Staff – Campus Nurse
Maria Cruz-Perez	mariaperezriv@gmail.com	Parent
Meredith Blue	Msmeredith83@yahoo.com	Staff
Miranda Canava	cistarrantkhs@kisdtx.net	CIS
Rawan Khzaalir	27khzaalir@kennedaleisd.net	Student
Rebecca Moss	rebeccamoss@ymail.com	Parent
Rosa Orozco	rosa.orozco1330@gmail.com	Parent
Samuel Okanigbuan	26okanigbuans@kennedaleisd.net	Student
Shemonica Daniel	Sdaniel1luv@gmail.com	Parent

SHAC Webpage

SHAC has a district webpage maintained by KISD. The page can be found under the district's Health Services tab at **https://www.kennedaleisd.net/departments/health-services/school-health-advisory-council-shac**

The page provides required information, resources available to the district community, mitigation plans and immunization information. SHAC meeting attendance records, recorded minutes, and recorded audio/video are also posted on the page in addition to SHAC bylaws and meeting dates.

Annual Reporting Criteria

According to BDF LEGAL of the District's wellness plan, the SHAC shall submit to the board at least annually a written report that includes the following:

1. Any SHAC recommendation concerning the district's health education curriculum and instruction or related matters that the SHAC has not previously submitted to the board.
2. Any suggested modification to a SHAC recommendation previously submitted to the board.
3. A detailed explanation of the SHAC's activities during the period between the date of the current report and the date of the last prior written report.
4. Any recommendations made by the physical activity and fitness planning subcommittee.

Required BDF (LEGAL) Board Updates

1. **Update Requirement** | SHAC Recommendations to the Board
   Regarding board update requirement number one, "*Any SHAC recommendation concerning the district's health education curriculum and instruction or related matters that SHAC has not previously submitted to the board,"* KISD SHAC 2025-2026 researched ways to enrich the students' education that impacted school health policies and health education beginning with the 2025-2026 school year.
2. **Update Requirement** | Modifications to Previous Recommendations
   Regarding board update requirement number two, "*Any suggested modification to a SHAC recommendation previously submitted to the board*," KISD SHAC 2025-2026 did not wish to make any modifications to past recommendations.
3. **Update Requirement** | Detailed Explanation of Activities
   Regarding board update requirement number three, "*A detailed explanation of the SHAC's activities during the period between the date of the current report and the date of the last prior written report,"* Please see the following subsections for activities related to this year's SHAC activities.
4. **Update Requirement** | Recommendations by Physical and Fitness Subcommittee Regarding board update requirement number four, "Any recommendations made by the physical activity and fitness planning subcommittee," there were no recommendations made to the school board during the 2025-2026 school year.

Meeting Dates

The KISD School Health Advisory Council met on four occasions during the 2025-2026 school year as required by district policy BDF (LEGAL) and Texas Education Code 28.004(a). The four meeting dates were as follows:

- October 20, 2025
- December 15, 2025
- February 2, 2026
- April 6, 2026

Accomplishments and Activities

- KISD SHAC worked toward creating our mission statement to explain our purpose/intention for those joining the group. "Providing all KISD students with quality health education and resources to develop healthy, active members of the community."
- SHAC members convened for the purpose of recommending curriculum material that aligned with the updated Health TEKS and Legislative requirements.
- SHAC collaborated with Dr. Devlin and Mr. Lucero to create a section of the Kinesiology program that would send students to elementary campuses to present the dangers of smoking and vaping on their body. Hoping to implement student presentations in the fall of 2026 to allow proper preparation.
- Discussions during SHAC meetings revolved around current educational programs and future educational materials that impact school health policies and health education.
- The SHAC website was continuously updated to comply with FFA (LOCAL) and BDF (LEGAL).
- SHAC continued to focus on re-establishing along with the rules and regulations that govern SHAC.
- SHAC started brainstorming activities for 2026-2027.

Conclusion

SHAC reviewed and discussed current Health Education Topics, collaborated towards setting goals for program implementation, and continued pursuit of ideas to increase active membership. The KISD SHAC remains in a re-building phase and will continue to work with parents and community members to build stronger partnerships.

Goal #1

KISD SHAC will continue to work toward providing recommendations that align with the legislation related to education that will impact school health policies and health education.

Goal #2

SHAC will continue to grow membership and build strong community partnerships for purposes of expanding the school district's role in health education throughout the district and its community.

Goal #3

SHAC will assist with health and wellness messaging within the community. Meetings will continue to be held in person and virtually to ensure consistency and accessibility to meeting information. The current members of SHAC are dedicated to creating a sustainable group of involved parents and community members to not only meet policy standards, but to improve the quality of health and wellness for our students.

This concludes the 2025-2026 report.