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BULLETIN

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Healthy School Teams

HST Requirements, Food Fundraising, Vending Machines & School Stores

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Wellness Promotion Policy (WPP) 2.035 Scope…



This Policy fulfills the requirements under Federal and Florida laws that school districts have a local **"school wellness policy"** to promote student health, safety, and the reduction of childhood obesity. It creates a wellness culture for all students and staff, emphasizing the connection between learning and health.

View: WPP (2.035)

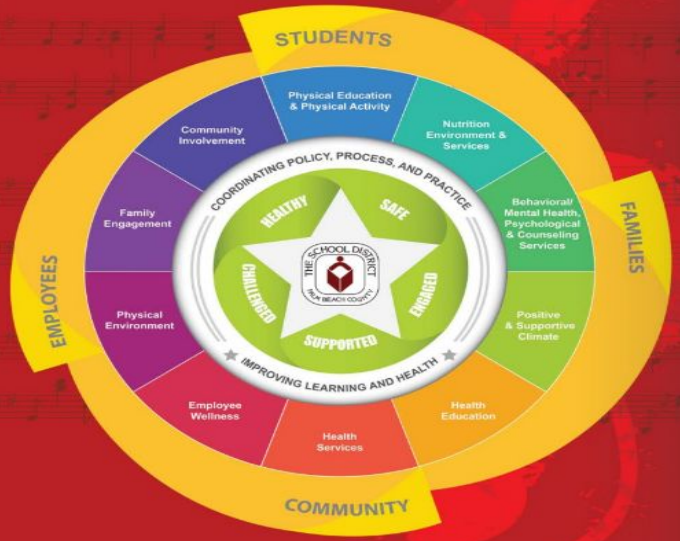
Whole School, Whole Community, Whole Child (WSCC) Model

The School District of Palm Beach County

Working in Concert to Create a

Whole School, Whole Community, Whole Child Culture...

A Symphony of Services Improving Learning and Health



The 10 WSCC Components and their Goals

1. **Physical Education & Physical Activity**
   - Goal: To promote physical activity and provide physical education with the intention of improving students' health, academic achievement, and reducing childhood obesity.
2. **Nutrition Environment & Services**
   - Goal: To promote student and staff health through the operation of Child Nutrition Programs, safe food practices, and the availability of healthy eating environments, school gardens, nutrition education, and promotional outreach, with the intention of improving staff and students' health, academic achievement, and reducing childhood obesity.
3. **Behavioral/Mental Health, Psychological & Counseling Services**
   - Goal: To promote the behavioral, emotional, mental and social health for students and staff.
4. **Positive & Supportive Climate**
   - Goal: To promote and safeguard the behavioral, emotional, physical, and social health of students and staff.
5. **Health Education**
   - Goal: To provide health education initiatives in an effort to promote the overall wellness of students and staff.
6. **Health Services**
   - Goal: To provide health related services and information to students and parents/ guardians.
7. **Employee Wellness**
   - Goal: To promote the safety and the physical, social, behavioral, and emotional health of staff.
8. **Physical Environment**
   - Goal: To provide a physical environment that meets or exceeds federal guidelines to include, but not limited to, the following topics: school safety and security, indoor air quality, managing asbestos in schools, reduction of health and environmental hazards, radon testing and mitigation, compliance with OSHA Hazard Communication Standards, protection of natural habits, and sustainable schools.
9. **Family Engagement**
   - Goal: To encourage families to participate in the wellness initiative in our District to support student's physical, social, behavioral, and emotional well-being.
10. **Community Involvement**
    - Goal: To encourage community involvement in the wellness initiative in our District to support student's physical, social, behavioral, and emotional well-being.

Whole School, Whole Community, Whole Child Culture



Healthy School Teams (HST)

The Wellness Promotion Policy (2.035) requires each school to establish a Healthy School Team (HST) to ensure schools are creating healthier environments with a cohesive wellness culture and remain in compliance with the Smart Snacks in School Standards.

View:
USDA's Smart Snacks in Schools

Smart Snacks in Schools

- **All foods sold at school during the school day are required to meet nutrition standards**.
- The Smart Snacks in School regulation applies to:
  - Food fundraisers
  - School stores
  - Vending machines
  - Any other venues where food is sold to students, such as culinary programs.

View: HST Webpage

View: HST Resources

View: Employee HUB

View:
HST Possible Members List

Who Should Be on the Healthy School Team?

1. **Physical Education & Physical Activity** = PE Teacher
2. **Nutrition Environment & Services** = School Food Service (SFS) Manager, SFS staff member
3. **Behavioral/Mental Health, Psychological & Counseling Services** = School Behavioral Health Professional (SBHP), School Psychologist, School Counselor
4. **Positive & Supportive Climate** = Skills for Learning & Life (SLL) Lead, Safe School Ambassador, Positive Behavior Interventions and Supports Team (PBIS)/Internal Coach (IC), Single School Culture Coordinator, School Based Team (SBT) Leader, ESE Representative, Club/Activity Sponsors
5. **Health Education** = Health and/or Academic Teachers, School Counselor, Media Specialist
6. **Health Services** = School Nurse/Health Room Staff, 504 Designee/ESE Coordinator
7. **Employee Wellness** = Wellness Champion (Staff)
8. **Physical Environment** = Green Champion, School Police, School Garden Liaison, School Custodian, School Administration
9. **Family Engagement** = Parents, ESOL Representative, Equity Representative, PTA/PTSA Representation, PTO/PTSO Representative, Title 1 Contact, School Administration and Faculty
10. **Community Involvement** = Non-for-Profit Organizations, Community Stakeholders, Students' Clubs and Organizations

Healthy School Teams (HST) Requirements and Oversight

- Complete FY27 Charter Schools HST Members Form - HST Lead and HST Members.
- Healthy School Team **must meet as needed** to support the goals and objectives of the School Food Service Management Policy (6.185 Section 5), and the Wellness Promotion Policy (2.035).
- When required, the HST Lead and HST Members assist with the completion of the required **Wellness Promotion Policy School Assessment (**FY26 Responses**)**.
- Complete the required FY27 Food Fundraising Tracking Form prior to each food fundraiser held on campus with **one** entry form per fundraiser when food is sold to students during the school day.

USDA Definition of 'School Day'



View:
Florida State Statute (FAC 5P-2.002)

STARTS: Midnight

ENDS: 30 minutes after the official school day ends – (last bell)

FOOD Fundraisers are ONLY allowed to be sold 30 minutes AFTER the last lunch.

Food Fundraisers During the School Day

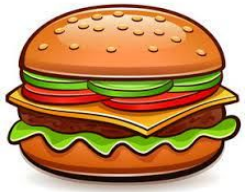
When Selling Food to Students

- Follow the **Allowable Selling Time:**
  - Schedule the food fundraiser between **30 minutes after the last lunch period ends** *and up to 30 minutes after the end of the official school day (last bell)*.
- Adhere to the **Allowable Exemption Amounts** for the school year:
  - *Unless the food items meet Smart Snack Compliant*

School Level	Number of Allowable Exemptions
Elementary Schools (Including K-6, if applicable)	5 days during the school year
Middle (6-8)/Junior High (7-9) Schools	10 days during the school year
High Schools (9-12)	15 days during the school year
Combination Schools (PK-8, 6-12, K-12)	10 days during the school year

- Complete the Food Fundraiser Tracking Form – prior to each food fundraiser held on campus during the school day…**One Entry Form Per Fundraiser**.

Combination Foods





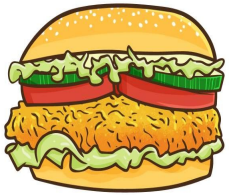


"Entrée-like" items containing a protein and a grain

May <u>ONLY</u> be sold
30 minutes <u>AFTER</u> the
end of the school day.

Cannot be an Exemption at ALL

<u>Amended State Statute revised as of September 5, 2023</u>





View:
<u>USDA's Smart Snacks in Schools</u>

Culinary Arts Program During the School Day



- Foods from the Culinary Arts Program that **DO NOT** meet the **Smart Snacks nutrition standards must not** be sold to students during the school day.
- Foods from the Culinary Arts Program that **DO** meet the **Smart Snacks nutrition standards can be sold to students 30 minutes after the last lunch period** and **must** follow the Food Fundraising Required Guidelines (*see food fundraising required guidelines slide*).
- Foods from the Culinary Arts Program can be sold to **adults** at any time during the school day.

View:
Smart Snacks Calculator

Vending Machines & School Stores

According to the **United States Department of Agriculture (USDA),** **beverages & snacks sold** in **Vending Machines** and **School Stores:**

- Are **NOT** considered Fundraisers
- May be operational at anytime during the school day
- **Must ALWAYS be Smart Snack Compliant when selling snacks and beverages**





Vending Machines and School Stores



FACTS

According to the United States Department of Agriculture (USDA), Beverages and Snacks SOLD in Vending Machines and School Stores:

- Are NOT fundraisers.
- May be operational at any time during the school day.
- Must ALWAYS be Smart Snack Compliant.

Whole School, Whole Community, Whole Child Culture...





For more information contact:
healthyschoolteams@palmbeachschools.org

Non-Discrimination Statement

USDA is an equal opportunity provider and employer.

Food Fundraising Guidelines



Healthy School Teams

Florida Statute requires that all food and beverages **SOLD** to students follow specific guidelines.

To maintain consistant standards district-wide, keep this document nearby.

For more information
District Hub/Teachers/HealthySchoolTeams

Food Fundraisers

There are important guidelines that must be followed when conducting food fundraisers.

When selling food to students, the food must:

1. Be Smart Snack compliant.
2. Be sold **30** minutes after the last lunch period ends.
3. Adhere to the allowable fundraising exemption amounts for the school type.
4. Be reported and tracked on the **Food Fundraiser Tracking Form** (found on the Healthy School Teams HUB page) prior to each food fundraiser held on campus throughout the year. One entry form is required per food fundraiser.



Allowable Exemptions

The State of Florida allows schools to "break the Smart Snack Rule" a specific number of days each year which is called an "**exemption**." Exemption amounts are based upon the school type which are noted below:

Elementary Schools
(Including K-6, if applicable)

Allowable Exemptions
5 days during the school year
Allowable Selling Times
30 minutes after the last lunch

Middle Schools
(6-8) or Junior High (7-9)

Allowable Exemptions
10 days during the school year
Allowable Selling Times
30 minutes after the last lunch

High Schools
(9-12)

Allowable Exemptions
15 days during the school year
Allowable Selling Times
30 minutes after the last lunch

Combination Schools
(PK-8, 6-12, K-12)

Allowable Exemptions
10 days during the school year
Allowable Selling Times
30 minutes after the last lunch

The USDA defines the school day as...

Midnight to **30** minutes after the official school day ends (last bell) which is specific to these food fundraising guidelines.

Combination Foods

Are any "entrée-like" items that contain a protein and a grain. Combination foods may ***ONLY be sold 30 minutes after the end of the school day.***

Examples of Combination Foods
Pizza
Chicken Sandwich
Burger
Hotdog
Sandwich



Per State Statute, there are **NO EXEMPTIONS** for **Combination Foods.**



[Food Fundraising Guidelines TRIFOLD]



Kids First

Providing FOOD For Thought!



healthyschoolteams@palmbeachschools.org