



Assistant Director of Food & Nutrition

Chloe Carter | Phone:(724)843-7470 x1327 | Email:carterc@tigerweb.org

Monday 	Tuesday 	Wednesday 	Thursday 	Friday 
	1 Sausage Breakfast Pizza Assorted Juice Alt: Pull Apart Donut	2 Soft Filled Cinnamon Toast Crunch Bar Assorted Juice Alt:Cereal Bar w/ crackers	3 Assorted Benefit Bar Assorted Juice Alt: Assorted Yogurt w/ crackers	4 Strawberry Cream Cheese Bagel Assorted Juice Alt: Goody Ring
7  LABOR DAY NO SCHOOL	8 Iced Donut w/ Sprinkles Assorted Juice Alt: Grape Crescent	9 Strawberry Pancake Puffs Assorted Juice Alt: Goody Bun	10 Raspberry Swirl Roll Assorted Juice Alt: Choco Crisp Cereal Blast Waffle	11 Chocolate Crescent Assorted Juice Alt: Blueberry Muffin
14 Pop Tart w/ Crackers Assorted Juice Alt: Mini Chocolate Chip French Toast	15 Cinnamon Roll Assorted Juice Alt: Assorted Cereal Bars w/ crackers	16 Chocolate Chip Waffle Snaps Assorted Juice Alt: Cherry Frudel	17 Blueberry Pancakes Assorted Juice Alt: Assorted Zee Zee Bars	18 Sausage, Egg & Cheese Muffin Assorted Juice Alt: Benefit Bars
21 Chocolate Chip Muffin Assorted Juice Alt: Mini Cinnis	22 Sausage Breakfast Pizza Assorted Juice Alt: Pull Apart Donut	23 Soft Filled Cinnamon Toast Crunch Bar Assorted Juice Alt:Cereal Bar w/ crackers	24 Assorted Benefit Bar Assorted Juice Alt: Assorted Yogurt w/ crackers	25 Strawberry Cream Cheese Bagel Assorted Juice Alt: Goody Ring
28 Mini Maple Waffle Assorted Juice Alt: Chocolate Muffin Tops	29 Iced Donut w/ Sprinkles Assorted Juice Alt: Grape Crescent	30 Strawberry Pancake Puffs Assorted Juice Alt: Goody Bun	A little kindness goes a long way.	
Daily Milk Options: FF Vanilla, FF Strawberry, FF Chocolate,1% White				



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Monday	Tuesday	Wednesday	Thursday	Friday
	1 Lasagna Roll Ups w/ Garlic Toast Steamed Broccoli Applesauce Alt: Breaded Chicken Sandwich	2 Popcorn Chicken Bowl w/ Fresh Bread Steamed Golden Corn Petite Banana Alt: Corn Dog	3 Loaded Chicken Totchos w/ Garlic Toast Green Beans Citrus Orange Alt: Hot Dog	4 Pierogies w/ Fresh Bread Refried Beans Mandarin Oranges Alt: Cheese Pizza
7 NO SCHOOL	8 Walking Beef Tacos w/ Fresh Bread Refried Beans Fresh Orange Alt: Chicken Sliders	9 Cheese Ravioli w/Garlic Toast Steamed Carrots Mixed Fruit Alt: Turkey Bacon Ranch Panini	10 General TSO Chicken Bowl Steamed Broccoli Petite Banana Alt: BBQ Pulled Pork Sandwich	11 BBQ Pulled Pork Quesadilla Steamed Corn Mandarin Oranges Alt: Cheese Pizza
14 Dutch Waffle & Chicken Baked French Fries Mandarin Oranges Alt Choice: Crunchy Fish Sticks w/ Garlic Toast	15 Grilled Cheese w/ Tomato Soup Pineapple Tidbits Steamed Green Beans Alt : Hot Dog	16 Chicken Ramen Bowl w/ Fresh Bread Mixed Vegetables Mixed Fruit Alt Choice: Cheeseburger	17 Pork Burrito Bowl w/ Rice & Cheese Black Beans Diced Peaches Alt Choice: Chicken Nuggets w/ bread	18 Cheese Pizza Seasoned Steamed Carrots Applesauce Alt: Breaded Chicken Sandwich
Daily Milk Options: Fat Free Vanilla, Fat Free Strawberry, 1% White, Fat Free Chocolate				



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Chloe Carter | Phone: (724) 843-7470 x1327 | Email: carterc@tigerweb.org

Monday 	Tuesday 	Wednesday 	Thursday 	Friday 
21 Cheeseburger Wrap Baked French Fries Golden Apple Alt Choice: Chicken Nuggets w/ bread	22 Chicken Breast Tender w/ Crave Sauce & Garlic Toast Steamed Carrots Mixed Fruit Alt: BBQ Rib Sandwich	23 French Toast Sticks w/ Sausage Crispy Tater Tots Petite Banana Alt: Corn Dog Nuggets	24 Korean BBQ Meatball Rice Bowl w/ Garlic Toast Steamed Carrots Diced Peaches Alt: BBQ Chicken Sandwich	25 Cheese Pizza Vegetarian Beans Pineapple Tidbits Alt: Meatball Hoagie
28 Italian Dunkers Steamed Broccoli Golden Apple Alt Choice: Chicken Quesadilla	29 Buffalo Chicken Dipper w/ Garlic Toast Steamed Carrots Diced Pears Alt Choice: Corn Dog	30 Breaded Pork Patty w/ fresh bread Mashed Potatoes w/ Gravy Steamed Peas Cinnamon Apple Slices Alt Choice: Cheeseburger		



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Daily Milk Options: Fat Free Vanilla, Fat Free Strawberry, 1% White, Fat Free Chocolate