



Assistant Director of Food & Nutrition

Chloe Carter | Phone:(724)843-7470 x1327 | Email:carterc@tigerweb.org

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Confetti Pancakes Assorted Juice Alt: Raspberry Roll	2 Scrambled Eggs, Potatoes & Toast Assorted Juice Alt: Blueberry Overnight Oats	3 Breakfast Burrito Assorted Juice Alt: Banana Mini Loaf w/ crackers	4 Mini Maple Waffles Assorted Juice Alt: Goody Ring
7  NO SCHOOL	8 Double Chocolate Chip Muffin Top Assorted Juice Alt: Breakfast Pizza	9 Bacon Egg & Cheese Muffin Assorted Juice Alt: Blueberry Muffin	10 Iced Donut w/ Sprinkles Assorted Juice Alt: Yogurt w/ Crackers	11 Pull A-Part Donut Assorted Juice Alt: Breakfast Eggrolls
14 Mini Chocolate Chip French Toast Assorted Juice Alt: Omelet w/ Toast	15 Cinnamon Roll Assorted Juice Alt: Assorted Zee Zee Bars	16 Sausage Breakfast Pizza Assorted Juice Alt: Maple Waffle Snaps	17 Strawberry Cream Cheese Bagel Assorted Juice Alt: Assorted Benefit Bars	18 Breakfast Chicken Patty on a Biscuit Assorted Juice Alt: Soft Filled Cinnamon Toast Crunch Bar
21 Sausage & Cheese Biscuit Assorted Juice Alt: Strawberry Pancake Puffs	22 Confetti Pancakes Assorted Juice Alt: Raspberry Roll	23 Scrambled Eggs, Potatoes & Toast Assorted Juice Alt: Blueberry Overnight Oats	24 Breakfast Burrito Assorted Juice Alt: Banana Mini Loaf w/ crackers	25 Mini Maple Waffles Assorted Juice Alt: Goody Ring
28 Pancake Wrap Nuggets Assorted Juice Alt: Apple Roll	29 Double Chocolate Chip Muffin Top Assorted Juice Alt: Breakfast Pizza	30 Bacon Egg & Cheese Muffin Assorted Juice Alt: Blueberry Muffin	A little kindness goes a long way.	
Daily Milk Options: FF Vanilla, FF Strawberry, FF Chocolate, 1% White				



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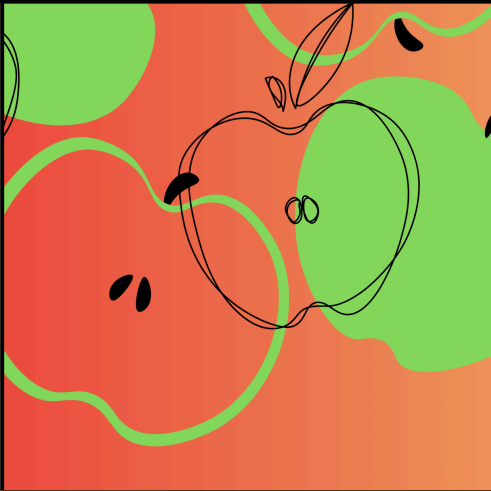
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Monday	Tuesday	Wednesday	Thursday	Friday	
	1 Lasagna Roll Ups w/ Garlic Toast Steamed Broccoli Apple Slices Alt: Crispy Chicken Tenders w/ bread	2 Popcorn Chicken Bowl w/ Fresh Bread Golden Corn Petite Banana Alt: Italian Hoagie	3 Loaded Chicken Totchos w/ Garlic Toast Green Beans Citrus Orange Alt: Buffalo Chicken Panini	4 BBQ Pulled Pork Quesadilla Refried Beans Mandarin Oranges Alt: Chili Cheese Dog	THE PIZZERIA CHEESE PIZZA PEPPERONI PIZZA SAUSAGE PIZZA SPECIALTY PIZZA THE GRILL CHEESEBURGER
7 NO SCHOOL	8 Walking Beef Tacos w/ Fresh Bread Refried Beans Mixed Fruit Alt: Chicken Sliders	9 Cheese Ravioli w/Garlic Toast Steamed Broccoli Pineapple Tidbits Alt: Turkey Bacon Ranch Panini	10 General TSO Chicken Bowl Steamed Carrots Petite Banana Alt: Crunchy Fish Sticks w/ Garlic Toast	11 Oven Baked Chicken w/ Biscuit Mixed Vegetables Applesauce Alt Choice: Meatball Hoagie	CHICKEN SANDWICH SPICY CHICKEN SANDWICH FRENCH FRIES GRAB N' GO HAM OR TURKEY SANDWICH
14 Dutch Waffle & Chicken Baked French Fries Mandarin Oranges Alt Choice: Chipotle Chicken Flatbread	15 Beef & Cheese Taco Salad Seasoned Green Beans Diced Peaches Alt Choice: Corn Dog Nuggets	16 Korean BBQ Dumplings w/ Fried Rice Mixed Vegetables Mixed Fruit Alt Choice: BBQ Rib Sandwich	17 Pork Burrito Bowl w/ Rice & Cheese Black Beans Pineapple Tidbits Alt Choice: Hot Dog	18 Meatball Hoagie Steamed Carrots Cinnamon Applesauce Alt Choice: Chicken Nuggets w/ bread	BREADED OR SPICY CHICKEN WRAP TURKEY, HAM OR ITALIAN WRAP BREADED OR SPICY CHICKEN SALAD GARDEN SALAD
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Monday	Tuesday	Wednesday	Thursday	Friday	
21 Hot Honey Dill Chicken Sandwich Baked French Fries Golden Apple Alt Choice: Cheeseburger Wrap	22 Chicken & Cheese Nachos w/ bread Steamed Green Beans Mixed Fruit Alt: BBQ Rib Sandwich	23 French Toast Sticks w/ Sausage Patties Tater Tots Diced Pears Alt: Corn Dog Nuggets	24 Korean BBQ Meatball Rice Bowl Steamed Carrots Diced Peaches Alt: BBQ Chicken Sandwich	25 Italian Dunkers Mixed Vegetables Citrus Orange Alt: Meatball Hoagie	THE PIZZERIA CHEESE PIZZA PEPPERONI PIZZA SAUSAGE PIZZA SPECIALTY PIZZA
28 Crispy Chicken Salad w/ bread Crispy Fries Pineapple Tidbits Alt Choice: Pizza Burger	29 Buffalo Chicken Dipper w/Garlic Toast Carrots Diced Pears Alt Choice: Cheesy Pepperoni Panini	30 Breaded Pork Patty w/bread Mashed Potatoes Mixed Vegetables Petite Banana Alt Choice: BBQ Chicken Sandwich			THE GRILL CHEESEBURGER CHICKEN SANDWICH SPICY CHICKEN SANDWICH FRENCH FRIES GRAB N' GO HAM OR TURKEY SANDWICH
 A little kindness goes a long way.					BREADED OR SPICY CHICKEN WRAP TURKEY, HAM OR ITALIAN WRAP BREADED OR SPICY CHICKEN SALAD GARDEN SALAD
Daily Milk Options: FF Vanilla, FF Strawberry, FF Chocolate,1% White					