FMSD Snack Menu
September 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Cinnamon Graham Bug Bites (1oz bag) 100% Unsweetened Apple Juice (3/4c) F	Cheez It Crackers (.75oz bag) Big Orange (3/4c) F	Giant Cinnamon Goldfish Cracker (.75oz bag) Big Apple (3/4c) F	Cheddar Colors Goldfish Crackers (.75oz bag) Big Orange (3/4c) F	Belly Bear Chocolate Graham Cracker (.78oz bag) 100% Unsweetened Fruit Juice (3/4c) F

Recipe Number	Item Name	Portion Size	Manufacturer and Number	Total Calories, % Calories Sugar, % Calories Fat	USDA Component
SR3037 SR4149	Cinnamon Graham Bug Bites 100% Apple Juice	1 each 1 each	Kelloggs' 20150 Ardmore	120 / 26% / 26% 100/ 92% /0%	1 Whole Grain 3/4 cup Fruit
CAR1520 SR1172	Cheez It Crackers Big Orange	1 each 1 each	Kellogg's 79263 Daylight	90/ 0% / 28% 62/ 80% /0%	1 Whole Grain 1 cup Fruit
SR2334 SR2870	Giant Cinnamon Goldfish Cracker Big Apple	1 each 1 each	Pepperidge Farm 14396 Daylight	120/ 23% /30% 95/ 80% /0%	1 Whole Grain 1 cup Fruit
CAR1203 SR1172	Cheddar Color Goldfish Big Orange	1 each 1 each	Pepperidge Farm 18105 Daylight	100/ 0%/ 31% 45/ 80% /0%	1 Whole Grain 1 cup Fruit
SR3021 SR4151	Belly Bear Chocolate Graham Cracker 100% Fruit Juice	1 each 1 each	Belly Bear Ardmore	120/ 26% /30% 100/ 80% /0%	1 Whole Grain 3/4 cup Fruit

Students must take two snack items to count as a reimbursable meal.

These snacks meet the requirements of California Education Code sections 49430-49431.7, 8482-8484.6 and Federal National School Lunch Program guidelines as specified in the USDA's *Food Buying Guide*

FMSD
Preparing All Children as Global Learners

This institution is an equal opportunity provider.