

KARATE CLASSES

BUILD CONFIDENCE ♦ STAY FIT ♦ MASTER DISCIPLINE

We offer Tang Soo Do karate three days a week on a monthly basis, taught by Master Robert Greco, 4th degree black belt and Mrs. Dianne Greco, 2nd degree black belt.



WHY CHOOSE KARATE



SELF DEFENSE

Learn practical techniques for real-life situations



FOCUS & DISCIPLINE

Improve concentration and mental strength



FITNESS & STRENGTH

Build endurance, flexibility, and power



CONFIDENCE

Develop self-confidence and leadership skills



OUR PROGRAMS



YOUTH (AGES 6-12)

- Tuesdays and Thursdays 6:30PM-7:30PM
- Saturdays 10:00AM-11:00AM



ADULTS (AGES 13+)

- Tuesdays and Thursdays 7:30PM-8:30PM
- Saturdays 11:00AM-12:00PM

FREE TRIAL CLASS

The last Saturday of each month is an opportunity to try karate with a **FREE** Intro class!

Registration is on a month-to-month basis, no commitments; opens on the 15th of the month prior.
BUTLER YMCA • 339 N. Washington St. Butler, PA 16001 • www.bcfymca.org • 724.287.4733

The Butler Area School District does not sponsor or sanction this program/event/activity.