

ESCNJ Lunch

September 1 - September 30

ALC

What's Cooking Today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	School Closed 1	School Closed 2	W/G Chicken Fries Sweet Potato Fries Fresh Banana Whole Grain Bread Milk -8oz 3	Whole Wheat 3x5 Cheese Pizza Romaine Salad w/ Dressing Fresh Orange Milk - 8oz 4
School Closed 7 Labor Day	All Beef Hamburger on Wheat Hamburger Bun Sweet Potato Fries Fresh Apple Milk - 8oz 8	Cheese Lasagna with Spaghetti Sauce Green Beans Whole Wheat Dinner Roll Fresh Pear Milk -8oz 9	BREAKFAST FOR LUNCH 10 French Toast Sticks with Syrup Turkey Sausage Patty Black Bean & Corn Salad Fresh Banana Milk - 8oz	Whole Wheat 3x5 Cheese Pizza Romaine Salad w/ Dressing Fresh Orange Milk - 8oz 11
Sliced Turkey with Gravy Mashed Potatoes Wheat Dinner Roll Fruit Milk - 8 oz 14	W/G Popcorn Chicken with Sweet & Sour Sauce Vegetarian Beans Fresh Apple Whole Grain Bread Milk - 8oz 15	Beef Meatballs Parmigiana on Wheat Sub Diced Carrots Fresh Pear Milk -8oz 16	Beef Nachos w/ Cheddar Cheese Sauce on W/G Tortilla Scoops Sliced Cucumbers with Dip Fresh Banana Milk - 8oz 17	Whole Wheat 3x5 Cheese Pizza Romaine Salad w/ Dressing Fresh Orange Milk - 8oz 18
School Closed 21 Yom Kippur	W/G Cheese Ravioli w/ Beef Meat Sauce Corn Whole Grain Bread Fresh Apple Milk - 8oz 22	All Beef Italian Wheat Sub (Beef Bologna, Beef Salami, & American Cheese Sub) Sliced Cucumbers w/Dip Fresh Pear Milk-8oz 23	Tri Color Tortellini with Alfredo Sauce Diced Carrots Fresh Banana Wheat Dinner Roll Milk-8oz 24	Whole Wheat 3x5 Cheese Pizza Romaine Salad w/ Dressing Fresh Orange Milk - 8oz 25
W/G Breaded Chicken Patty on Wheat Bun Vegetarian Beans Fruit Milk - 8oz 28	Turkey & Cheese on Wheat Hamburger Bun Potato Salad Cup Fresh Apple Milk - 8oz 29	W/G Toasted Cheese Sandwich Sliced Cucumbers with Dip Fresh Pear Milk - 8 oz. 30		

This institution is an equal opportunity provider.

EL USDA es u proveedor y empleador que ofrece igualdad de oportunidades.