

Blue Bird Baby



About Us

Blue Bird Baby offers a class series for parents and guardians to learn how to massage their little ones ranging from 3 weeks to 3 years. This class will help parents read some of their child's cues, help their little one to relax, and help to ease mild discomforts their child may have.

This is a series of four classes:

- Class One: teaches how to massage legs and belly
- Class Two: teaches how to massage arms and chest
- Class Three: teaches how to massage their face
- Class Four: teaches how to massage the back

Baby Massage Class Types

- *Individual Classes*
- *The Wigglers Class: 3 weeks to crawling*
- *The Crawlers Class: crawling to pulling up*
- *The Movers and Shakers: Cruising to 3 years*

