

Middle & High Fall 2026 Menus

C-A participates in the Community Eligibility Provision (CEP) as part of the National School Lunch Program. Under this program, breakfast and lunch are free to all enrolled C-A students.

Daily Breakfast Choices: Assorted WG items, Fruit & Milk

Daily Lunch Choices: Beef Nachos, Chicken Patty on Bun, Calzone, Caesar Salad with Lite Caesar Dressing, Croutons & Cheez Its, Yogurt, Fruit & Granola Parfait or Wrapped Sandwich, Fresh Fruit, Vegetable Choices: Cold Baked Beans, Fresh Broccoli, Grape Tomatoes, Cucumbers & Cold Corn with Pepper and Hot Sauce & Milk Choices

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 Breakfast	Pancake Puffs <i>No Syrup Needed!</i>	Scrambler Pouch Egg, Cheese & Turkey Sausage	Bagel & Cream Cheese	Breakfast Pizza	Trix Muffin
Week 1 Lunch 8/31 9/21 10/12 11/2 11/23 12/14 1/11	Chicken Tenders Seasoned Oven Fries Dynamite Dipping Sauce Buffalo Wing Flavored Cheez Its	Pork Carnitas Tex – Mex Corn	Chicken Meatballs Dippers on Seasoned Chow Mein Noodles Sweet & Sour Dipping Cup	Beef Cheeseburger on Bun Cajun Oven Fries Three Bean Salad Cool Tropical Trio Slushie	Stuffed Crust Pizza Romaine & Spring Salad
Week 2 Breakfast	Strawberry Banana Fruit Smoothie & String Cheese	Breakfast Bagel	Mini Blueberry Waffles <i>No Syrup Needed!</i>	Mini Cinnis	Breakfast Pizza
Week 2 Lunch 9/7 9/28 10/19 11/9 11/30 1/18	Beef Chili Corn Bread & Goldfish Crackers	Tangerine Chicken Stir Fry Fried Vegetable Rice Apple Cinnamon Loaf	Doritos Walking Taco with Taco Seasoned Beef Salsa Cup	Salisbury Steak Warm Biscuit Mashed Potatoes & Gravy Broccoli Slaw with Raisins	Bosco Sticks Marinara Cup Romaine & Spring Salad Frozen Cherry, Blue Raspberry Sorbet Cup
Week 3 Breakfast	Stuffed Snack Waffle <i>No Syrup Needed!</i>	Turkey Sausage, Cheese, & Egg Sandwich	Filled Crescent Roll	Hard Boiled Eggs	Breakfast Pizza
Week 3 Lunch 9/14 10/5 10/26 11/16 12/7 1/4 1/25	Plant Based Bolognese Sauce with Penne Pasta Parmesan Cheese Warm Biscuit Green Beans	Birria Chicken & Mozzarella Cheese on Flatbread Salsa Cup Sidekicks Blue Raspberry Lemmon Slushie	Cheesesteak Spudquake Potato Shells, Philly Meat, Onions, Peppers & Queso Sauce Sriracha Sauce Buffalo Ranch Corn Snacks	Chicken Drumstick Corn Bread Mashed Potatoes & Gravy Fresh Cucumber Marinade Salad	Chicken Nuggets Buffalo Ranch Dipping Sauce Mini Chocolate Chip Cookies Romaine & Spring Salad

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