

# ANNA ISD

## HIGH SCHOOL BREAKFAST

### SEPTEMBER MENU

Aug 31, 2026

| Monday                                                                                                                                                                                    | Tuesday                                                                                                                                                                                 | Wednesday                                                                                                                                                                          | Thursday                                                                                                                                                                                        | Friday |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|
|                                                                                                                                                                                           | 1<br>Ham, Egg & Cheese Bisc<br>HASH BROWN<br>Choice of Cereal<br>Muffins<br>Pop Tart<br>Donuts, Pwd Sugar Minis<br>Graham Crackers<br>Fresh Fruit<br>Choice of Juice<br>Choice of Milk  | 2<br>Chicken Biscuit<br>Choice of Cereal<br>Muffins<br>Pop Tart<br>Donuts, Pwd Sugar Minis<br>Graham Crackers<br>Fresh Fruit<br>Choice of Juice<br>Choice of Milk                  | 3<br>Chocolate Sprinklz Donut<br>Choice of Cereal<br>Muffins<br>Pop Tart<br>Donuts, Pwd Sugar Minis<br>Graham Crackers<br>Fresh Fruit<br>Choice of Juice<br>Choice of Milk                      | 4      |
| 7<br>HOLIDAY                                                                                                                                                                              | 8<br>Breakfast Burrito<br>Choice of Cereal<br>Muffins<br>Pop Tart<br>Donuts, Pwd Sugar Minis<br>Graham Crackers<br>Fresh Fruit<br>Choice of Juice<br>Choice of Milk                     | 9<br>Cinn Roll w/saus patty<br>Choice of Cereal<br>Muffins<br>Pop Tart<br>Donuts, Pwd Sugar Minis<br>Graham Crackers<br>Fresh Fruit<br>Choice of Juice<br>Choice of Milk           | 10<br>Sausage Brkfst Sandwich<br>HASH BROWN<br>Choice of Cereal<br>Muffins<br>Pop Tart<br>Donuts, Pwd Sugar Minis<br>Graham Crackers<br>Fresh Fruit<br>Choice of Juice<br>Choice of Milk        | 11     |
| 14<br>Chicken & Waffles<br>Choice of Cereal<br>Muffins<br>Pop Tart<br>Donuts, Pwd Sugar Minis<br>Graham Crackers<br>Fresh Fruit<br>Choice of Juice<br>Choice of Milk                      | 15<br>Eggs Saus Bisc<br>Tater Tots<br>Choice of Cereal<br>Muffins<br>Pop Tart<br>Donuts, Pwd Sugar Minis<br>Graham Crackers<br>Fruit Cocktail<br>Choice of Juice<br>Choice of Milk      | 16<br>Blueberry Muffin<br>Bacon slice<br>Choice of Cereal<br>Muffins<br>Pop Tart<br>Donuts, Pwd Sugar Minis<br>Graham Crackers<br>Fresh Fruit<br>Choice of Juice<br>Choice of Milk | 17<br>Cinn Roll w/saus patty<br>Sausage Patty<br>Choice of Cereal<br>Muffins<br>Pop Tart<br>Donuts, Pwd Sugar Minis<br>Graham Crackers<br>Fresh Fruit<br>Choice of Juice<br>Choice of Milk      | 18     |
| 21<br>Morning Sausage Roll<br>Yogurt Parfait<br>Choice of Cereal<br>Muffins<br>Pop Tart<br>Donuts, Pwd Sugar Minis<br>Graham Crackers<br>Fresh Fruit<br>Choice of Juice<br>Choice of Milk | 22<br>Breakfast Burrito<br>Choice of Cereal<br>Muffins<br>Pop Tart<br>Donuts, Pwd Sugar Minis<br>Graham Crackers<br>Fresh Fruit<br>Choice of Juice<br>Choice of Milk                    | 23<br>Cinn Roll w/saus patty<br>Choice of Cereal<br>Muffins<br>Pop Tart<br>Donuts, Pwd Sugar Minis<br>Graham Crackers<br>Fresh Fruit<br>Choice of Juice<br>Choice of Milk          | 24<br>Blueberry Muffin<br>Bacon&Egg BrkfstCroissan<br>Choice of Cereal<br>Muffins<br>Pop Tart<br>Donuts, Pwd Sugar Minis<br>Graham Crackers<br>Fresh Fruit<br>Choice of Juice<br>Choice of Milk | 25     |
| 28<br>Sausage Biscuit<br>Choice of Cereal<br>Muffins<br>Pop Tart<br>Donuts, Pwd Sugar Minis<br>Graham Crackers<br>Fresh Fruit<br>Choice of Juice<br>Choice of Milk                        | 29<br>Ham, Egg & Cheese Bisc<br>HASH BROWN<br>Choice of Cereal<br>Muffins<br>Pop Tart<br>Donuts, Pwd Sugar Minis<br>Graham Crackers<br>Fresh Fruit<br>Choice of Juice<br>Choice of Milk | 30<br>Chicken Biscuit<br>Choice of Cereal<br>Muffins<br>Pop Tart<br>Donuts, Pwd Sugar Minis<br>Graham Crackers<br>Fresh Fruit<br>Choice of Juice<br>Choice of Milk                 |                                                                                                                                                                                                 |        |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.