BREAKFAST

SEPTEMBER 2026

John Young Middle School

Students! Please enjoy a FREE Breakfast and Lunch Daily!

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Cheese Omelet w/English Muffin or Apple Cinnamon Toast	2 Sausage Egg and Cheese Sandwich or Yogurt Parfait or Smoothie	3 Scrambled Eggs W/Cheese & Ham or Cinnamon Toast Crunch Filled Pastry	4 No School
7 No School	8 Pancake Wrap or Glazed Pull Aparts	9 Sausage Egg and Cheese Sandwich or Yogurt Parfait or Smoothie	10 Sausage Gravy Breakfast Pizza or Dunkin Sticks or Small Muffins	11 Breakfast Scrambler or Mini Strawberry Bagel
14 Pancake Sausage Sandwich or Chocolate Filled Crescent	15 Bacon & Egg Breakfast Pizza Or Dunkin Sticks or Small Muffins	16 Sausage Egg and Cheese Sandwich or Yogurt Parfait or Smoothie	17 Bacon & Cheese Egg Bites or Glazed Pull Aparts	18 Cheese Omelet w/English Muffin or Cinnamon Roll
21 Scrambled Eggs W/Cheese & Ham or Cinnamon Toast Crunch Muffin	22 Pancake Wrap or Mini Strawberry Bagel or Donut Holes	23 Sausage Egg and Cheese Sandwich or Yogurt Parfait or Smoothie	24 Sausage Gravy Biscuit Sticks or Glazed Pull Aparts	25 Pancake Sausage Sandwich or Superbakery Breads or Small Muffins
28 Bacon & Cheese Egg Bites or Mini Pancakes	29 Sausage Gravy Breakfast Pizza or Benefit Bar or Mini Donuts	30 Sausage Egg and Cheese Sandwich or Yogurt Parfait or Smoothie		

Cereal variety is served daily and could consist of assorted cereals, cereal bars, muffins and pastries.
Milk and fruit options daily.
Menu subject to change. This Institution is an equal opportunity provider, employer and lender

MY SCHOOL BUCKS PAY FOR MEALS ONLINE MySchoolBucks.com