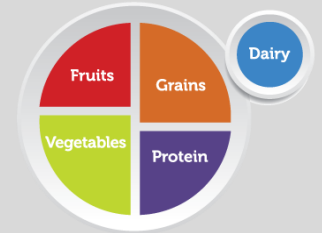




J.S. Morton H.S. Alternative Menu September 2026 Breakfast & Lunch

MONDAY SEPTEMBER 14, 21, 28	TUESDAY SEPTEMBER 1, 8, 15, 22, 29	WEDNESDAY SEPTEMBER 2, 9, 16, 23, 30	THURSDAY SEPTEMBER 3, 10, 17, 24	FRIDAY SEPTEMBER 4, 11, 18, 25
Breakfast includes servings of grain/protein, fruit, and milk.				
Hot Breakfast Sausage, Egg, & Cheese Sandwich Grab 'n Go Kellogg's Cereal Bowl Pack *Fruit Selection Banana Smoothie Milk Carton	Hot Breakfast Chilaquiles Grab 'n Go Kellogg's Strawberry Pop Tart *Fruit Selection Mango Strawberry Smoothie Milk Carton	Hot Breakfast Breakfast Burrito Grab 'n Go Breakfast Muffin & String Cheese *Fruit Selection Orange Vanilla Smoothie Milk Carton	Hot Breakfast Breakfast Pizza Grab 'n Go General Mills Cereal Bar *Fruit Selection Mango Smoothie Milk Carton	Hot Breakfast Breakfast Tacos Grab 'n Go Strawberry Yogurt Chex Mix *Fruit Selection Berry Smoothie Milk Carton
Hot Lunch Chicken Fajita Burrito or Sausage Pizza Slice Meatless Entrees Available Daily- PBJ Sandwich, Entrée Salad, Bosco Sticks	Hot Lunch Oven Fried Chicken Meal or Pepperoni Pizza Slice Meatless Entrees Available Daily- Veggie Burger, Entrée Salad, Bosco Sticks	Hot Lunch Walking Taco or Nachos w/ Beef & Cheese or Margherita Pizza Slice Meatless Entrees Available Daily- PBJ Sandwich, Entrée Salad, Bosco Sticks	Hot Lunch Grilled Cheese & Tomato Soup or Cheese Pizza Slice Meatless Entrees Available Daily- Veggie Burger, Entrée Salad, Bosco Sticks	Hot Lunch Loaded Tots or Sausage & Pepperoni Pizza Slice Meatless Entrees Available Daily- PBJ Sandwich, Entrée Salad, Bosco Sticks
Meatless Entrées Available Daily: Veggie Burger, PB&J Sandwich, or Entrée Salad				
Lunch Sides: Choose a vegetable side and a fruit side				
Elote Salad Spicy Slaw Fresh Fruit: Grapes Tangerine Slushie Cup	Broccoli w/ Ranch Cucumbers w/ Lime Fresh Fruit: Melon Peaches	Carrots w/ Ranch Cauliflower Fresh Fruit: Tangerine Mango w/ Tajin & Lime Slushie Cup	Broccoli w/ Ranch Cucumbers w/ Lime Fresh Fruit: Melon Peaches	Elote Salad Spicy Slaw Fresh Fruit: Grapes Tangerine Slushie Cup
Offer vs. Served: Each meal must include at least a ½ cup serving of fruit or vegetable. Please Note: Menu substitutions may occur due to supply chain disruptions.				

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Meals follow the USDA guidelines for the National School Lunch Program

***Fruit Selection varies by day**

apples, mango, oranges, peaches, bananas, pineapple, dried or canned fruit, 100% real fruit juice

2oz protein serving with each lunch entree

You may select one 8oz. carton of milk with each breakfast
And each lunch meal

Milk Selection 1% white

Fat-Free Chocolate

**Selections are bundled meals featuring grains and meats and also include 1 cup vegetable, 1 cup fruit and 8 oz. milk selection*

A la Carte Items available daily. Items must be paid for with cash at the time of purchase and do not qualify for a subsidized meal

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on basis of race, color, national origin, sex, age, or disability.