

Kasson Mantorville Middle School Lunch Menu

September
2026

Variety of Fruits and Vegetables Available Daily on the Fruit and Vegetable Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 	1 All Amerian Hamburger on WG Bun French Fries Green Peas Cucumber Slices Canned Fruit Bar Fresh Fruit Bar 1% Unflavored White Milk 1% low Fat Chocolate Milk	2 Chicken Bacon Ranch Melt Flatbread Kettle Potato Chips Steamed Green Beans Celery Sticks Canned Fruit Bar Fresh Fruit Bar 1% Unflavored White Milk 1% low Fat Chocolate Milk	3 Popcorn Chicken Dinner Roll Mashed Potatoes Steamed Corn Radish Canned Fruit Bar Fresh Fruit Bar 1% Unflavored White Milk 1% low Fat Chocolate Milk	4 Ancho Beef Chili Garlic Toast Steamed Green Beans Radish Canned Fruit Bar Fresh Fruit Bar 1% Unflavored White Milk 1% low Fat Chocolate Milk
7 NO SCHOOL	8 Fluffy Pancakes Easy Egg Bake Sweet Potato Tots Baby Carrots Canned Fruit Bar Fresh Fruit Bar 1% Unflavored White Milk 1% low Fat Chocolate Milk	9 Homemade Orange Chicken Brown Rice, WG Steamed Carrots Baby Carrots Canned Fruit Bar Fresh Fruit Bar 1% Unflavored White Milk 1% low Fat Chocolate Milk	10 Corn Dog Baked Beans, Vegetarian Celery Sticks Canned Fruit Bar Fresh Fruit Bar 1% Unflavored White Milk 1% low Fat Chocolate Milk	11 Pasta with Hearty Meat Sauce Garlic Toast Roasted Broccoli Celery Sticks Canned Fruit Bar Fresh Fruit Bar 1% Unflavored White Milk 1% low Fat Chocolate Milk
14 HOM - Dill Roasted Beef Hot Dog on a Bun French Fries Dill Pickle Salad Cherry Tomato Canned Fruit Bar Fresh Fruit Bar 1% Unflavored White Milk 1% low Fat Chocolate Milk	15 Pasta w/ Hearty Meat Sauce Garlic Toast Roasted Broccoli Cherry Tomato Canned Fruit Bar Fresh Fruit Bar 1% Unflavored White Milk 1% low Fat Chocolate Milk	16 Chicken Potstickers Chicken Fried Rice Kung Fu Carrots Cherry Tomato Canned Fruit Bar Fresh Fruit Bar 1% Unflavored White Milk 1% low Fat Chocolate Milk	17 Beefy Nachos with Homemade Cheese Salsa Black Beans Cucumber Slices Canned Fruit Bar Fresh Fruit Bar 1% Unflavored White Milk 1% low Fat Chocolate Milk	18 Cheese Pizza California Blend Vegetable Cucumber Slices Canned Fruit Bar Fresh Fruit Bar 1% Unflavored White Milk 1% low Fat Chocolate Milk
21 Ancho Beef Chili Garlic Toast Seasoned Ranch Wedges Red/Orange Bell Pepper Strips Canned Fruit Bar Fresh Fruit Bar 1% Unflavored White Milk 1% low Fat Chocolate Milk	22 Crispy Chicken Tenders Dinner Roll Sweet Potato Tots Red/Orange Bell Pepper Strips Canned Fruit Bar Fresh Fruit Bar 1% Unflavored White Milk 1% low Fat Chocolate Milk	23 LTO Harissa Chicken Sandwich Roasted Broccoli Red/Orange Bell Pepper Strips Canned Fruit Bar Fresh Fruit Bar 1% Unflavored White Milk 1% low Fat Chocolate Milk	24 Macaroni & Cheese Dinner Roll Roasted Carrots Cauliflower Floret Canned Fruit Bar Fresh Fruit Bar 1% Unflavored White Milk 1% low Fat Chocolate Milk	25 Chicken Tacos Salsa Sriracha Chickpeas Cauliflower Floret Canned Fruit Bar Fresh Fruit Bar 1% Unflavored White Milk 1% low Fat Chocolate Milk
28 Cheesy Bosco Stick Marinara Sauce Steamed Green Beans Baby Carrots Canned Fruit Bar Fresh Fruit Bar 1% Unflavored White Milk 1% low Fat Chocolate Milk	29 Corn Dog Baked Beans, Vegetarian Baby Carrots Canned Fruit Bar Fresh Fruit Bar 1% Unflavored White Milk 1% low Fat Chocolate Milk	30 Beefy Nachos with Homemade Cheese Roasted Corn Baby Carrots Canned Fruit Bar Fresh Fruit Bar 1% Unflavored White Milk 1% low Fat Chocolate Milk	1 	

PRICES

Student Meal	Free
Adult Meal	\$5.25
Premium Adult Meal	\$5.50
Milk	\$0.60
2nd Student Meal	\$5.25

EXTRA INFO

Milk choice of 1% or chocolate, is included with your Lunch.
For any questions or comments contact Vicky Kroll FSD at v.kroll@komets.k12.mn.us or 507-634-4462

HARVEST OF



THE MONTH

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