



KM Elementary Breakfast

September
2026

Variety of Fruits and Vegetables Available Daily on the Fruit and Vegetable Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 	1 	2 	3 French Toast Snack Bread, WG Cheese Stick Choice of Cereal Graham Crackers Canned Fruit Bar Fresh Fruit Bar Juice Selection 1% Unflavored White Milk	4 Bacon Breakfast Pizza Choice of Cereal Graham Crackers Canned Fruit Bar Fresh Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk
7 no school	8 Pancake on a Stick, WG Choice of Cereal Graham Crackers Canned Fruit Bar Fresh Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	9 Blueberry Muffin, WG Cheese Stick Choice of Cereal Graham Crackers Canned Fruit Bar Fresh Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	10 Breakfast Taco Choice of Cereal Graham Crackers Canned Fruit Bar Fresh Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	11 Mini Maple Waffle, WG Choice of Cereal Graham Crackers Canned Fruit Bar Fresh Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk
14 Chocolate Chip Brekkie ,WG Choice of Cereal Graham Crackers Canned Fruit Bar Fresh Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	15 Pancake on a Stick, WG Choice of Cereal Graham Crackers Canned Fruit Bar Fresh Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	16 Blueberry Muffin, WG Cheese Stick Cinnamon Toast Crunch Cereal, WG Graham Crackers Canned Fruit Bar Fresh Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	17 Banana Chocolate Chip Snack Bread, WG Choice of Cereal Graham Crackers Canned Fruit Bar Fresh Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	18 Bacon Breakfast Pizza Choice of Cereal Graham Crackers Canned Fruit Bar Fresh Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk
21 Chocolate Chip Brekkie ,WG Choice of Cereal Graham Crackers Canned Fruit Bar Fresh Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	22 Pancake on a Stick, WG Choice of Cereal Graham Crackers Canned Fruit Bar Fresh Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	23 Chocolate Chocolate Chip Muffin, WG Cheese Stick Choice of Cereal Graham Crackers Canned Fruit Bar Fresh Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	24 French Toast Snack Bread, WG Choice of Cereal Graham Crackers Canned Fruit Bar Fresh Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	25 Bacon Breakfast Pizza Choice of Cereal Graham Crackers Canned Fruit Bar Fresh Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk
28 Chocolate Chip Brekkie ,WG Choice of Cereal Graham Crackers Canned Fruit Bar Fresh Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	29 Pancake on a Stick, WG Choice of Cereal Graham Crackers Canned Fruit Bar Fresh Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	30 Blueberry Muffin, WG Cheese Stick Choice of Cereal Graham Crackers Canned Fruit Bar Fresh Fruit Bar Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	1 	

PRICES

Free For Students
Extra Milk

\$0.50

EXTRA INFO

Milk choice of 1% or chocolate, is included with your Lunch.
For any questions or comments contact Vicky Kroll FSD at v.kroll@komets.k12.mn.us or 507-634-4462

HARVEST OF



THE MONTH

Your MENUS plus more
information on our app
Taher Food4Life®



www.taher.com

Menus are subject to change without notice. This institution is an equal opportunity provider.