

BREAKFAST & LUNCH

SEPTEMBER 2026 NORTH TAPPS MIDDLE SCHOOL

MEALS INCLUDE:
CHOICE OF MILK
FRUIT/VEGGIE VARIETY

Monday

Tuesday

Wednesday

Thursday

Friday

OATMEAL
CHOC. CHIP BAR
HOT DOG

YOGURT & GRANOLA
CHEESE STUFFED
BREADSTICKS &
MARINARA

CEREAL VARIETY
CHICKEN BURGER

MINI CINNI
PIZZA FRIDAY

**LABOR DAY-
NO SCHOOL**

BANANA
BREAD WG
CHEESY CHICKEN
QUESADILLA

YOGURT &
SCOOBY CRACKERS
BEEF OR VEG.
PASTA MARINARA

EGG &
HASHBROWN
CHICKEN NUGGETS

MUFFIN
VARIETY
PIZZA FRIDAY

CINNAMON
BUN
CHICKEN STRIPS

PANCAKE &
TURKEY STICK
TACO TUESDAY

YOGURT &
GRANOLA
MAC & CHEESE

CEREAL VARIETY
SWEET & SOUR
CHICKEN w/RICE

MAPLE MINI
WAFFLE
PIZZA FRIDAY

BLUEBERRY
LOAF
BREAKFAST
FOR LUNCH

STRAWBERRY
MINI BAGEL
NACHOS

YOGURT &
SCOOBY CRACKERS
POPCORN CHICKEN
BOWL

BREAKFAST
SANDWICH
TOASTED CHEESE
SANDWICH

CEREAL VARIETY
PIZZA FRIDAY-
STUFFED CRUST

CHIP
BREAKFAST ROUND
MINI CORN DOGS

FRENCH TOAST
STICKS
BLACK BEAN
BURRITO BOWLS

YOGURT &
GRANOLA
GRILLED CHICKEN
SANDWICH & FRIES

PAYMENTS <https://wa-dieringer.intouchrecepting.com>

Nutritional and ingredient information available at: myschoolmenus.com/organizations/2031

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