

September 2026



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	1. Cheese Pizza Sticks With Dipping Sauce 2. Bagel, Yogurt & Cheese Stick Craveable 3. PB & J Uncrustable Meal Green Beans Celery Sticks	2 1. Chicken Tenders with a Roll 2. Beef Hot Dog on a Roll 3. PBJ Uncrustable Meal Sweet Peas Carrot Sticks	3 Breakfast for Lunch: 1. Pancakes with Sausage 2. Toasted Cheese Sandwich 3. PBJ Uncrustable Meal Hash Brown Potatoes Broccoli Bites	4 1. Chicken & Cheese Quesadillas 2. Chicken Caesar Salad 3. PBJ Uncrustable Meal Caesar Side Salad Veggie Patch
7 Labor Day School Closed	8 1. Cheese Pizza Slice 2. Ham & Cheese Hoagie 3. PBJ Uncrustable Meal Green Beans Celery Sticks	9 1. Cowboy Burger on a Bun 2. Chicken Tenders with a Roll 3. PBJ Uncrustable Meal French Fries Carrot Sticks	10 1. Toasted Cheese Sandwich 2. Turkey & Cheese Hoagie 3. PBJ Uncrustable Meal Carrot Coins/ Tomato Soup Broccoli Bites	11 1. Chicken Nuggets with a Roll 2. Chicken Caesar Salad 3. PB&J Uncrustable Meal Caesar Side Salad Veggie Patch
14 1. Chicken Tenders with Waffles 2. Bagel, Yogurt & Cheese Stick Craveable 3. PB&J Uncrustable Meal Sweet Peas Cucumber Slices	15 1. Cheese Pizza Slice 2. Ham & Cheese Hoagie 3. PB&J Uncrustable Meal Carrot Coins Celery Sticks	16 1. General Chicken over Rice 2. Bagel, Yogurt & Cheese Stick Meal 3. PB & J Uncrustable Meal Steamed Broccoli Carrot Sticks	17 1. Bacon Cheeseburger on a Bun 2. Beef Hot Dog on a Roll 3. PB&J Uncrustable Meal Baked Beans Broccoli Bites	18 1. Nachos Grande with Tortilla Chips 2. Chicken Caesar Salad 3. PB & J Uncrustable Meal Steamed Corn Lettuce & Salsa
21 1. Chicken Nuggets with a Roll 2. Bagel, Yogurt & Cheese Stick Craveable 3. PB&J Uncrustable Meal French Fries Cucumber Slices	22 1. Chicken Patty on a Bun 2. Ham & Cheese Hoagie 3. PB & J Uncrustable Meal Baked Beans Celery Sticks	23 1. French Toast Sticks with Sausage Links 2. Toasted Cheese Sandwich 3. PB&J Uncrustable Meal Hash Brown Patty Carrot Sticks	24 1. Cheesesteak Sub 2. Turkey and Cheese Hoagie 3. PB&J Uncrustable Meal Seasoned Green Beans Broccoli Bites	25 1. Orange Chicken over Rice 2. Chicken Caesar Salad 3. PB & J Uncrustable Meal Steamed Broccoli Veggie Patch
28 1. Chicken Patty on a Bun 2. Bagel, Yogurt & Cheese Stick Craveable 3. PB&J Uncrustable Meal Baked Beans Cucumber Slices	29 1. Soft Shell Tacos 2. Ham & cheese Hoagie 3. PB&J Uncrustable Meal Sweet Corn Lettuce & Salsa	30 1. Cheese Pizza Slice 2. Cheeseburger on a Bun 3. PB&J Uncrustable Meal Sweet Peas Carrot Sticks		

MAKE IT A MEAL!

Choose at least 3 of 5 meal components for the school lunch price:
 Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a lunch.

Lunch Prices

Student \$3.65
 Adult \$4.50

Fruit

Fresh fruit, cupped fruit in light syrup, 100% fruit juice

Vegetables

Fresh seasonal cold vegetables, hot vegetables
 Students may choose two ½ cup servings.

Milk Selection

1% White, fat free chocolate

Your Dining Services Team

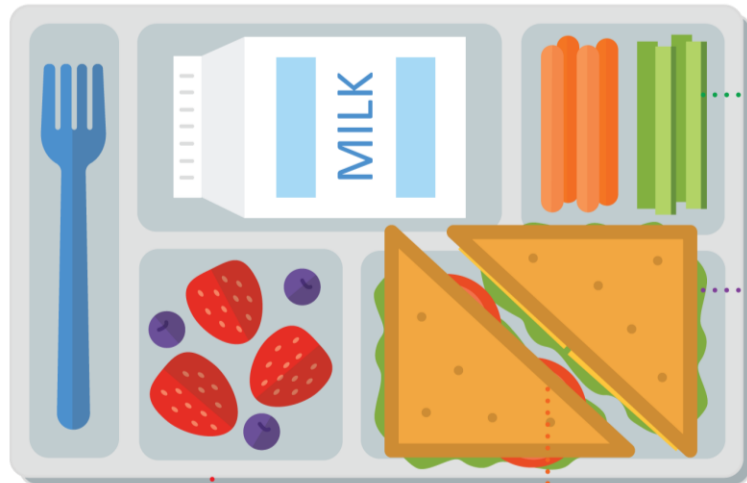
Karen Watson
 Food Service Director
 ma1614@metzcorp.com



(V) Vegetarian | (VG) Vegan
 (GF) Gluten-Free | (H) Halal

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

NUTRI-SERVE
 FOOD MANAGEMENT, INC. by Metz



MILK IS MIGHTY

Non-fat and low fat options. Flavors like chocolate and strawberry. Calcium builds bones and teeth!



GNAW ON RAW

Veggie Patch, salad, and cooked. Veggies have fiber for digestion



POWER UP WITH PROTEIN

Meat, cheese, eggs, yogurt, and peanut butter. Protein helps us grow!



WHOLE GRAINS = WHOLE PACKAGE

Bread, cereal, and crackers. Grains give us energy!



PURSUIT FOR FRUIT

Fresh, cupped, or 100% juice, fruit is nutrient-packed!

MAKE IT A MEAL!

Choose at least 3 of 5 meal components for the school lunch price:

Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum of ½ cup serving of fruit or vegetable must accompany a school lunch.

LUNCH PRICES

Student Lunch:	\$X.XX
Adult Lunch:	\$X.XX

schoolcafé

View menus on the go!
SchoolCafe provides an easy way to view our menus and manage your account.



Meet Your
nutritious friends

Peach Puppies



[ADD HEADING HERE]

[add text here]

YOUR DINING SERVICES TEAM

Firstname Lastname, Food Service Director
(###) ###-#### | email@nsfm.com

NUTRI-SERVE
FOOD MANAGEMENT, INC. by Metz