



September 2026

Jasper County Head-Start & Pre-K

Breakfast & Lunch Menus



ADULT MEALS
Breakfast: \$3.00
Lunch: \$4.00

HARVEST OF THE MONTH:
Apple



Monday	Tuesday	Wednesday	Thursday	Friday	World School Milk Day September 30, 2026
	1 Breakfast: Breakfast Pizza LUNCH Cheesy Chicken Nachos or Bean Burrito Mexicorn Seasoned Black Beans Fruit Slushy	2 Breakfast: Sausage Biscuit LUNCH BBQ Chicken Sandwich or Fish Sandwich Baked Beans French Fries Sliced Pears	3 Breakfast: Maple Pancakes LUNCH Chicken Tenders w/Roll or Grilled Cheese Mashed Potatoes Seasoned Green Beans Applesauce Cup		
7 	8 Breakfast: French Toast Sticks LUNCH Cheeseburger or Turkey & Cheese Sandwich Baked Beans French Fries Sliced Pears	9 Breakfast: Steak Biscuit LUNCH Fish Sticks w/Hushpuppies or BBQ Sandwich Creamy Coleslaw Seasoned Green Beans Sliced Peaches	10 Breakfast: Honey Bun LUNCH Steak Nuggets w/Roll or Grilled Cheese Mashed Potatoes Steamed Broccoli Fruit Slushy	11 Breakfast: Blueberry Pancakes LUNCH Cheese Pizza or PBJ Buttery Corn Tater Tots Mandarin Oranges	
14 Breakfast: Cereal w/Graham Crackers LUNCH Country Fried Steak w/ Cornbread or Hot Ham & Cheese Seasoned Black Eyed Peas Lima Beans/Sliced Peaches	15 Breakfast: Breakfast Pizza LUNCH Cheeseburger or BBQ Sandwich Baked Beans French Fries Applesauce	16 Breakfast: Sausage Biscuit LUNCH Max Cheese Sticks w/Marinara Sauce or Turkey Hoagie Seasoned Green Beans Sweet Potato Fries Mixed Fruit	17 Breakfast: Super Donut w/Graham Crackers LUNCH Chicken Nuggets w/Roll or Grilled Cheese Mashed Potatoes Steamed Broccoli Fresh Orange	18 Breakfast: Chicken Biscuit LUNCH Pepperoni Pizza or PBJ Steamed Carrots Buttery Corn Sliced Pears	
21 Breakfast: Cereal w/Graham Crackers LUNCH Sweet & Sour Chicken or Egg Roll over Fried Rice w/ Roll Glazed Carrots/Mixed Veggies Pineapple Tidbits	22 Breakfast: French Toast Sticks LUNCH Walking Tacos or Bean Burrito Mexicorn Seasoned Black Beans Fruit Slushy	23 Breakfast: Steak Biscuit LUNCH BBQ Sandwich or Fish Sandwich Baked Beans French Fries Sliced Pears	24 Breakfast: Maple Pancakes LUNCH Chicken Tenders w/Roll or Grilled Cheese Mashed Potatoes Seasoned Green Beans Applesauce Cup	25 Breakfast: Chicken Biscuit LUNCH Max Cheese Sticks w/Marinara Sauce or Ham Sandwich Tater Tots Steamed Broccoli Mandarin Oranges	*Breakfast * Grab-n-go options are available daily
28 Breakfast: Blueberry Muffin LUNCH Chicken Sandwich or Salisbury Steak w/Roll Steamed Carrots Okra Sliced Pears	29 Breakfast: Breakfast Pizza LUNCH Cheeseburger or Turkey & Cheese Sandwich Baked Beans French Fries Mixed Fruit	30 Breakfast: Sausage Biscuit LUNCH Fish Sticks w/Hushpuppies or BBQ Sandwich Creamy Coleslaw Seasoned Green Beans Sliced Peaches			*Daily Offerings: ⇒ Meat ⇒ Grain ⇒ Fruits ⇒ Vegetables ⇒ Milk
MENUS SUBJECT TO CHANGE WITHOUT NOTICE.					This institution is an equal opportunity provider.