

# School Wellness Plan 2026-2027

*School Way Café*

**School Name:** University High School

**Principal's Name or Person Responsible for Plan:** William T. Smith ext.: 46337

Each school must have a wellness plan and a point of contact (this person cannot be a School Way Café employee). **Please provide your point of contact and extension if different than above:** Same

Your school website must contain a link to the Volusia County Schools Wellness Policy.

If your school is not already a "Team Nutrition" school, we encourage your school to become one. For information, visit [www.fns.usda.gov/tn/](http://www.fns.usda.gov/tn/).

The district's wellness policy encourages nutrition education curriculum programs and to provide opportunities for physical activities. The policy also recommends using rewards and incentives that are not food-related and limiting sweet treats for refreshments and parties.

**Part I: Goals** - List your school's wellness goals for the upcoming school year on in Part I this form and e-mail it to School Way Café [schoolwaycafe@groups.volusia.k12.fl.us](mailto:schoolwaycafe@groups.volusia.k12.fl.us) and a copy to your Area Superintendent by **September 18, 2026**. See attached Wellness Tool Kit for ideas to use for your wellness plan.

**Part II: Evaluation** – At the end of the school year, evaluate the results of your school's wellness goals and complete Part II of this form. E-mail a copy to School Way Café [schoolwaycafe@groups.volusia.k12.fl.us](mailto:schoolwaycafe@groups.volusia.k12.fl.us) by **May 14, 2027**.

**Note: Documentation is required to validate completion of your goals.**

| Part I – Complete by <b>September 18, 2026</b>                                                                                         | Part II - Complete by <b>May 14, 2027</b>                                                                                                                                                                                                                                                                                                             |
|----------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Goals for 2026-2027</b>                                                                                                             | <b>Implementation Evaluation</b>                                                                                                                                                                                                                                                                                                                      |
| UHS walking club. Faculty will be invited to walk 1 mile after school 1 day per week. AP Smith will lead the effort to begin the year. | <input type="checkbox"/> Goal was successfully implemented.<br><input type="checkbox"/> Goal was partially implemented.<br><i>Comments:</i><br><br><input type="checkbox"/> Goal was not implemented this school year.<br><i>Comments:</i><br><br><input type="checkbox"/> Documentation is available at school site and easily accessible for audit. |

| Part I – Complete by <b>September 18, 2026</b>                                                                                                                       | Part II - Complete by <b>May 14, 2027</b>                                                                                                                                                                                                                                                                                                                                |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Goals for 2026-2027                                                                                                                                                  | Implementation Evaluation                                                                                                                                                                                                                                                                                                                                                |
| <p>Monthly Salad Bar Faculty Potluck for lunch to encourage healthy eating. These meetings have been published on the school calendar to increase participation.</p> | <p><input type="checkbox"/> Goal was successfully implemented.</p> <p><input type="checkbox"/> Goal was partially implemented.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Goal was not implemented this school year.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Documentation is available at school site and easily accessible for audit.</p> |
| <p>Weekly Newsletter to include family friendly healthy recipes. Started last year and has seen success.</p>                                                         | <p><input type="checkbox"/> Goal was successfully implemented.</p> <p><input type="checkbox"/> Goal was partially implemented.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Goal was not implemented this school year.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Documentation is available at school site and easily accessible for audit.</p> |
| <p>Hydration Station in the faculty lounge to encourage water intake. Ice maker included to encourage cold drinks when needed.</p>                                   | <p><input type="checkbox"/> Goal was successfully implemented.</p> <p><input type="checkbox"/> Goal was partially implemented.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Goal was not implemented this school year.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Documentation is available at school site and easily accessible for audit.</p> |