SEPTEMBER BREAKFAST

	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Cheerios Cereal w/ Honey Grahams	Fruit & Yogurt Smoothie w/ Granola	Yogurt w/ Honey Grahams	Chocolate Chip Muffin Top
7	8	9	10	11
Labor Day No School	Conchita w/ String Cheese	Blueberry Muffin	Croissant w/ Grape Jelly	Yogurt w/ Honey Grahams
14	15	16	17	18
Vanilla Concha	Banana Muffin	Bagel w/ Cream Cheese	Berry Apple Zee Zee Bar	Strawberry Yogurt Parfait w/ Cinnamon Granola
21	22	23	24	25
Cinnamon Roll	Yogurt w/ String Cheese	Fruit & Yogurt Smoothie w/ Granola	Yogurt w/ Honey Grahams	Chocolate Chip Muffin Top
28	29	30		
Cinnamon Crumble	Conchita w/ String Cheese	Blueberry Muffin		

Breakfast Includes:	***Featured Fruit:***	***RevUp Rewards:***
Choice of 1% Low Fat White or Fat Free White Milk Fruit of the Day Vegetarian *Cereal Served w/ Honey Grahams *All Grains Are Whole Grain Rich	Apple (1/2 C),Pear (1/2 C),Plum (1/2 C),Banana (1/2 C),Apple Slices (1/2 C),Nectarine (1/2 C)	Scan Our QR Code Daily Complete the Survey **You're Entered to Win!** Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards

This institution is an equal opportunity provider. Menus are subject to change without notice.

NORCAL Breakfast SBP