



BREAKFAST

SEPTEMBER 2026

JEFFERSON COUNTY SCHOOLS

All students in Jefferson County eat at no cost, CEP
Language Assistance is available if needed.

★ Harvest of the Month Apples

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast Bun w/cheese
Assorted Cereal w/GC
100% Juice/Fruit
Tacos/Cheese
L/T/Corn/Black bean Salsa
Fruit/Fruit

Popcorn Chicken/Biscuit
Assorted Cereal w/GC
100% Juice/Fruit
Sausage/Hot Dog
Coleslaw/Baked Beans
Baked Chips Fruit/Fruit

Muffin/Yogurt
Assorted Cereal w/GC
100% Juice/Fruit
Steak w/Gravy Mash Potatoes
Lima Beans/Cornbread
Fruit/Fruit

French Toast Sticks/Sausage
Assorted Cereal w/GC
100% Juice/Fruit
Boneless Chicken Bites w/Roll
Celery/Carrots
Fresh Fruit/Fruit

★
Holiday
Labor Day
Be Safe & Enjoy

Waffle/Sausage
Assorted Cereal w/GC
100% Juice/Fruit
Baked Chicken/Cornbread
Turnips/Blackeye Peas
Fruit/Fruit

Strawberry Bagel
Assorted Cereal w/GC
100% Juice/Fruit
Pizza
Carrots w/dip Corn
Fresh Fruit/Fruit Cup

Sausage Biscuit
Assorted Cereal w/GC
100% Juice/Fresh Apples
Beefaroni/Breadstick
Mixed Vegetables/Green Beans
Fruit/Sidekicks

Grits/Toast/Sausage
Assorted Cereal w/GC
100% Juice/Fruit
Chicken Sandwich
Lettuce/Pickle/ Tomato/Broccoli
Vegetable Juice
Fruit/Fresh Fruit

Pancake on a Stick
Assorted Cereal w/GC
100% Juice/Fruit
Chicken Nuggets/Roll
Mash Potatoes/Green Beans
Fruit/Fruit Cup

Sausage Biscuit
Assorted Cereal w/GC
100% Juice/Fruit
Steak Sandwich
Lettuce/Tomato
Breaded Okra /Vegetable
Juice

Breakfast Bagel
Assorted Cereal w/GC
100% Juice/Fruit
BBQ Sandwich
Sweet Potato Fries/Broccoli
Fruit Cup//Fruit

Muffin/Yogurt
Assorted Cereal w/GC
100% Juice/Fresh Fruit
Asian Chicken/Breadstick
Oriental Vegetables
Black Bean Salsa Fruit/Fruit

French Toast Sticks/Sausage
Assorted Cereal w/GC
100% Juice/Fruit
Cheeseburger/LT
Pickles/Potato Tots
Fruit/Fresh Fruit

Eggo Bites
Assorted Cereal w/GC
100% Juice/Fruit
Chicken Strips/Cornbread
Cabbage/Black eye Peas
Fruit/Fruit Cup

Breakfast Bun w/Cheese
Assorted Cereal w/GC
100% Juice/Fruit
Chicken Wrap
Lettuce/Tomato/Corn
Black Bean Salsa
Fruit Cup/Fresh Fruit

Waffle/Sausage
Assorted Cereal w/GC
100% Juice/Fruit
Pizza
Carrots w/dip Corn
Fresh Fruit/Fruit Cup

Popcorn Chicken/Biscuit
Assorted Cereal w/GC
100% Juice/Fruit
Chicken Alfredo/Breadstick
Broccoli/Mixed Vegetables
Fruit/Sidekicks

Freestyle Friday
Assorted Cereal w/GC
100% Juice/Fruit
Wings/Roll Fresh
Carrots/Celery
Fruit/Fruit Cup

Sausage Biscuit
Assorted Cereal w/GC
100% Juice/Fruit
Chicken Nuggets/Roll
Mash Potatoes/Green Beans
Fruit/Fruit Cup

Breakfast Pizza
Assorted Cereal w/GC
100% Juice/Fruit
Tacos/Cheese
Lettuce/Tomato/Corn
Black bean Salsa
Fruit/Fruit

Strawberry Bagel
Assorted Cereal w/GC
100% Juice/Fruit
Sausage/Hot Dog
Coleslaw/Baked Beans
Baked Chips
Fruit/Fruit

LUNCH

Offer vs. Serve - Students must have 3 food items, including at least $\frac{1}{2}$ cup fruit or juice. A variety of milk is offered daily.

Disclaimer: Menus are subject to change without notice.

A second entrée of choice is offered daily.

USDA is an equal opportunity provider, employer and lender.