

Allergen Chart

Serving Date: 8/31/2026 - 10/2/2026

Generated on: 8/31/2026 10:56:42 AM by Cris Castro

Condiments											
Menu Item	None Indicated	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Sesame	Soy	Tree nuts	Wheat
BBQ Sauce - Smokey Brown Sugar by Felton & Marys (PDX Local) - LR1913				C							
Fry Sauce - LR1920			C								
Salsa Del Sol - LR1347											
Ketchup - LR1417											
Ketchup - LR1418											
Mayonnaise - LR1422			C								
Mayonnaise - LR1701			C								
Mustard - LR1419											
Mustard - LR1423	NI										
Pancake Syrup - LR1438											
Ranch Dressing - LR1421			C			C					
Ranch - LR1769			C			C					
Relish Sweet Pickle Premium - LR1924											

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Desserts											
Menu Item	None Indicated	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Sesame	Soy	Tree nuts	Wheat
Valentines Banana Cupcake - LR1921			C			C			C		C
Dough Chocolate Chip WG - LR1363			C			C			C		C

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Entrees											
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Loaded Breakfast Bagel w/ Bacon, Egg & Cheese - LR1551			C			C					C
LO Homemade Cheese Pizza - LR1620			C			C			C		C
LO Homemade Pepperoni Pizza - LR1621			C			C			C		C
Cheesy Pull-Apart Breadsticks - LR1042			C			C			C		C
Breakfast Trio: Waffles w/ Bacon & Hashbrowns - LR1525			C			C					C
Bacon Cheeseburger (w/Tots available) - LR1524						C					C
Bacon Mac & Cheese (Vegetarian option available) - LR1404			C			C					C
Sonora & Chicago Dogs - LR1926											C
BBQ Pretzel Cheeseburger - LR1931				C		C					
BBQ Pulled Pork Sandwich - LR1680											C
Beef Hot Dog - LR1644											C
Beef Teriyaki Bites with Rice & Broccoli - LR1930									C		C
Beef Teriyaki Bites with Rice - LR1933									C		C
Beefy Quesadilla with Refried Beans & Pico de Gallo - LR1618						C			C		C
Belgian Cinnamon Waffle - LR1384			C			C					C
Belgian Waffle Parfait - LR1632			C			C					C
Belgium Waffle Buttery Maple - LR1383			C			C					C
Breaded Chicken Burger (Potato Wedges available) - LR1003									C		C
Brunch for Lunch: French Toast and Sausage - LR1030									C		C
Brunch for Lunch: French Toast with Sausage & Hash Browns - LR1325									C		C
Cheerios - WG Oat Cereal w/Real Honey - LR1627											
Cheese Quesadilla - LR1405						C			C		C
Sizzlin' Cheeseburger & Tasty Tots - LR1002						C					C
Chef Salad - LR1215			C			C			C		C

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Chicken & Waffles - LR1794			C			C					C
Chicken & Waffles with Hashbrowns - LR1041			C			C					C
Chicken Biscuit Sandwich - LR1601						C			C		C
Chicken Burger Spicy on a Pretzel Bun - LR1937									C		C
Chicken Burrito Bowl - LR1934						C			C		
Comfort Chicken Drumstick & Mashed Potatoes w/ Garlic Bread - LR1356			C			C			C		C
Chicken Drumstick with Biscuit & Corn on the Cobb - LR1968						C					C
Chicken Drumstick with Garlic Bread & Jojo's - LR1582			C			C			C		C
Chicken Fillet Sandwich - LR1976											C
Chicken Fried Rice w/Egg Roll - Secondary - LR1957			C			C			C		C
Golden Chicken Nuggets with Garlic Toast - LR1733			C			C			C		C
Chicken Pesto Wrap - LR1403						C					C
Chicken Tendies & Garlic Bread Basket - LR1734			C			C			C		C
Crispy Chicken Tenders & Garlic Bread - LR1336			C			C			C		C
Cinnamon Bun, Whole Wheat - LR1628			C			C			C		C
Cinnamon Toast Crunch 25% Less Sugar - LR1562									C		C
Corn Dog & Wedges Fries - LR1333			C			C			C		C
Creamy Mac & Cheese with Apple Crisps - LR1048			C			C					C
Crispy Chicken Caesar Salad - LR1219			C	C		C			C		C
Ultimate Vegan Burrito - LR1729									C		C
Crunchy Vegan Tacos (Just Meat) - LR1983									C		C
Crunchy Vegan Tacos - LR1876									C		
Deli Stacker on a Pretzel Bun - LR1974						C					
Warm Cinnamon Roll - LR1401			C			C			C		C
French Toast Stix & Sizzlin Sausage - LR1499									C		C

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French Toast Stix - LR1764									C		C
General Tso Chicken Rice Bowl - LR1895								C	C		C
Grilled Chicken Caesar Wrap w/ Crispy Tots - LR1435			C	C		C					
Gyros with Tzatziki & Rice,yellow, 40 servings - LR1959						C			C		C
Classic Hamburger (Tots available) - LR1001											C
Kickin Green Wrap - LR1975									C		C
PNW Kickin Vegan Tenders - LR1787									C		C
PNW Vegan Patty Burger & Fries - LR1759									C		C
Lemon Bread Slice WG - LR1631			C			C			C		C
LO Homemade Pepperoni Pizza (w/Tots available) - LR1519			MC			C			MC		C
LO Homemade Cheese Pizza (w/Tots available) - LR1642			MC			C			MC		C
Creamy Mac & Cheese - LR1550			C			C			C		C
Mini Bagels w/Strawberry Creamy Cheese - LR1381						C					C
Mini Cinni - LR1288						C					C
Mini Waffle Madness - LR1705			C			C					C
Chocolate Chip Muffin - LR1894			C			C			C		C
Fluffy Banana Muffin - LR1893			C			C			C		C
Nacho Tray - Corn Tortillas with Bean Dip & Cheddar Dip - LR1981						C					
Tangy Orange Chicken w/ Seasoned Rice - LR1355			C						C		C
Tangy Orange Chicken w/ Seasoned Rice & Peas - LR1021			C						C		C
Pancakes & Sausage - LR1392			C			C			C		C
Pancakes with blueberries - LR1972			C			C			C		C
Classic Italian pasta w/ Marinara Meatballs & Garlic Bread - LR1740			C			C			C		C
Rotini Pasta w/Meat Sauce & Garlic Bread - LR1922			C			C			C		C

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PB&J Grape Uncrustable - LR1211							C				C
PB&J Grape Uncrustable - LR1638						C	C				C
Pizza Hut Cheese Pizza - Whole Wheat - LR1902						C			C		C
Pizza Hut Pepperoni Pizza - Whole Wheat - LR1901						C			C		C
Pop Tart - Strawberry - LR1645									C		C
Protein Bowl - Beef or Chicken, Choice of Beans, Cheese & Salsa - LR1402						C					
Rotini Pasta with Meat Sauce & Garlic Bread - LR1655			C			C			C		C
Chimichurri Salmon Rice Bowl - LR1791											
Cheese 'n' Sausage Bagel Sandwiches - LR1548						C					C
Sausage & Egg English Muffin - LR1470			C		C	C					C
Smoothie w/ Twisty Pretzel - LR1781						C					C
Sonoran Hot Dog (Bacon wrapped with pinto beans & jalapenos) - LR1915											C
Sourdough Grilled Cheese Sandwich w/Potato Wedges - LR1303						C			C		C
Spicy Breaded Chicken Burger (w/Tots available) - LR1004									C		C
Taquitos de Carnitas, Mexican Rice & Mexi Corn - LR1681			C								
Tasty Rice & Beans Bowl - LR1020											
Turkey & Cheese Deli Sandwich - LR1979						C					C
Walking Taco with Beef, Cheese and Beans - LR1031						C					
Doritos Walking Taco your way - LR1232						C					
Ham & Cheese Croissant - LR1563			C			C					C
Sausage Pancake Bites - LR1850											C
Campfire S'mores - Morning Breakfast Bar - LR1664			C			C		C		C	
Wings & Rings - LR1941						C					C
Yami Yogurt Meal & Graham Crackers - LR1653						C					

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Berry Blast Yogurt Parfait - LR1217						C			C		C
Yogurt w/Graham Crackers - LR1498						C			C		C
Yogurt with Bagel & Chocolate Spread - LR1977						C					C
Yogurt with Soft Pretzel & Cheddar Cheese Dip - LR1969						C					C
Yogurt with Soft Pretzel & Chocolate Spread - LR1978						C					C
CIInnamon Crisp - Morning Breakfast Bar - LR1875									C		C

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Fruits											
Menu Item	None Indicated	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Sesame	Soy	Tree nuts	Wheat
Fresh Apple Slices - LR1265											
Apple Juice, Apple & Eve - LR1424	NI										
Diced Apples in a cup by ZeeZees - LR1616											
Fresh Apples - PNW Local - LR1143	NI										
Fresh Bananas (Depending on availability, subject to change) - LR1058	NI										
Craisins - Dried Cranberries, Strawberry flavored - LR1643											
Mandarin Oranges - LR1147	NI										
Mixed Berries Cup - LR1625											
Chewy bites of pineapple, raisins, golden raisins, cranberries, and apples (Dried fruit) - LR1984											
Orange Tangerine Juice, Apple & Eve - LR1425											
Fresh Orange Wedges (Depending on availability, subject to change) - LR1610	NI										
Fresh Orange - LR1118	NI										
Diced Peach Cup - LR1271	NI										
Sliced Peaches - LR1270											
Diced Pears - LR1121											
Seasonal Fresh Fruit - LR1767	NI										
Diced Berries Cup (Cold) - LR1140	NI										
Dried Pineapple Bits - LR1779											
Cinnamon Diced Apples by ZeeZees - LR1778	NI										
Cinnamon Applesauce Cup - LR1541											

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Grains											
Menu Item	None Indicated	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Sesame	Soy	Tree nuts	Wheat
Banana Bread Slice WG - LR1508			C			C			C		C
Cheese & Garlic Croutons - LR1461						C					C
Cheese & Garlic Crouton - LR1786						C					C
Saltine Crackers - LR1371					C						C

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Milk											
Menu Item	None Indicated	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Sesame	Soy	Tree nuts	Wheat
Chocolate Milk Fat Free - LR1006						C					
Milk Plain 1% - LR1007						C					
Whole Milk - LR1985						C					

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Sides											
Menu Item	None Indicated	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Sesame	Soy	Tree nuts	Wheat
Cheese Cheddar Mild Fancy Shredded - LR1544						C					
Mozzarella String Cheese - LR1017						C					
Diced Chicken - LR1503											
Fortune Cookie - LR1886											
Tomato Soup Campbells - LR1197						C					C

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Smart Snack											
Menu Item	None Indicated	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Sesame	Soy	Tree nuts	Wheat
Low Fat, Vanilla Ice Cream Sandwich - LR1707						C			C		C

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Vegetables											
Menu Item	None Indicated	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Sesame	Soy	Tree nuts	Wheat
Baby Carrots - LR1409											
Black Beans - LR1064	NI										
Bell Pepper Slices - LR1130	NI										
Steamed Broccoli - LR1029	NI										
Baby Carrots - LR1081	NI										
Fresh Cauliflower Florets - LR1084	NI										
Celery Sticks - LR1085	NI										
Corn cup - LR1343	NI										
Sweet Corn - LR1636	NI										
Cucumber Slices - LR1092	NI										
Dill Pickle Spear - LR1923											
Edamame - LR1093	NI										
Tomato Slices or Wedges - LR1462											
Black Olives Sliced - LR1115	NI										
Sliced Onion - LR1116	NI										
Green Peas - LR1119											
Peas & Carrots - LR1738	NI										
Steamed Peas & Carrots - LR1123	NI										
Green Peas - LR1126	NI										
Pickle Chips - LR1132											
Crispy Potato Wedges - LR1547											
Refried Beans w/Shredded Cheddar Cheese - LR1278						C					
Romaine & Spinach Salad Mix - LR1607	NI										
Street Corn Cup - LR1589			C			C					
Tater Tots - LR1196											

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Menu Item	None Indicated	Crustacean Shellfish	Egg	Fish	Gluten	Milk	Peanuts	Sesame	Soy	Tree nuts	Wheat
Cherry Tomatoes - LR1149	NI										
Roasted Chick Peas - LR1377											

Report Selections:

Report Option: Menu Items on Menus for a timeframe

All of our items with wheat contain gluten.

If your student has an allergy, and a medical form is submitted, we will provide an alternative food item without the allergen.