



# SEPTEMBER 2026

## East Montpelier Elementary School

All Kids Eat Free  
Adult Breakfast \$5.00  
Adult Lunch \$7.00  
Milk \$.50

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

Buffalo Chicken  
Sliders

**1**

No Sandwiches

Baked Fish

**2**

No Sandwiches

Burgers

**3**

No Sandwiches

Macaroni and Cheese  
Cups

**4**

No Sandwiches

No  
School

**7**

Taco Tuesday  
Seasoned Beef,  
hard or soft shell, cheese,  
sour cream, salsa

**8**

No Sandwiches

WG Ramen  
Noodles

**9**

No Sandwiches

Corn Dog

**10**

No Sandwiches

Orange Chicken  
Bowl  
Orange chicken, broccoli,  
rice  
No Sandwiches

**11**

Italian Dunkers  
Marinara  
Sandwich of the day:  
Turkey

**14**

Taco Tuesday  
Seasoned Chicken,  
hard or soft shell, cheese,  
sour cream, salsa  
Sandwich of the day:  
Tuna

**15**

Ham & Cheese  
Biscuit

**16**

Sandwich of the day:  
Ham

Grilled Marinated  
Chicken

**17**

Sandwich of the day:  
Egg Salad

Chicken Nuggets  
Dipping sauce

**18**

Sandwich of the day:  
PB&J

Brunch For  
Lunch  
No Sandwich

**21**

Taco Tuesday  
Seasoned Beef,  
hard or soft shell, cheese,  
sour cream, salsa  
Sandwich of the day:  
Tuna

**22**

Pizza  
Cheese or  
Pepperoni  
Sandwich of the day:  
Ham

**23**

Pasta Alfredo  
Texas toast  
Sandwich of the day:  
Egg Salad

**24**

All  
School  
Hike

**25**

Homemade  
Lunchable  
No Sandwich

**28**

Taco Tuesday  
Seasoned chicken,  
hard or soft shell, cheese,  
sour cream, salsa  
Sandwich of the day:  
Tuna

**29**

Shepherd's Pie  
Ground beef, mashed po-  
tato, corn  
Sandwich of the day:  
Ham

**30**

**This institution is an equal opportunity provider**

**MENU SUBJECT TO CHANGE**

Salad Bar, fruit and milk offered daily. Sandwiches offered most days  
Breakfast Served Daily: cereal, bagel, oatmeal, muffin and special of the day