

Please advise your child that he or she is required to take at least 3 food items at breakfast and lunch. One of these items must be 1/2 a cup of fruit or vegetable.

PACIFIC UNION SCHOOL

September, 2026

Breakfast/Lunch Menu

Menu Subject to Change

1% White Milk or
Nonfat Chocolate Milk served
every day

Si Usted necesita ayuda con la traduccion de nuestro menú, por favor
póngase en contacto con la oficina de la escuela en 834-2533.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



1 **BREAKFAST**
Muffin
Yogurt
Fruit
Fruit Juice
Milk
LUNCH
Grilled Cheese
Chips
Fruit
Vegetable
Milk

2 **BREAKFAST**
Peanut Butter Jelly
Sandwich
Fruit
Fruit Juice
Milk
LUNCH
Crispy Beef Taco
Refried Beans
Fruit
Vegetable
Milk

3 **BREAKFAST**
Cold Cereal
Graham Crackers
Fruit
Fruit Juice
Milk
LUNCH
Mac n Cheese
Garlic Bread
Fruit
Vegetable
Milk

4 **BREAKFAST**
Donut
Yogurt
Fruit
Fruit Juice
Milk
LUNCH
Pizza
Green Salad
Fruit
Vegetable
Milk

5



6

7



8 **BREAKFAST**
Cold Cereal
Graham Crackers
Fruit
Fruit Juice
Milk
LUNCH
Hamburger
Chips
Fruit
Vegetable
Milk

9 **BREAKFAST**
Honey Bun
String Cheese
Fruit
Fruit Juice
Milk
LUNCH
Pizza Stick
Green Salad
Fruit
Vegetable
Milk

10 **BREAKFAST**
Benefit Bar
Yogurt
Fruit
Fruit Juice
Milk
LUNCH
Baked Ziti
Garlic Bread
Fruit
Vegetable
Milk

11 **BREAKFAST**
Pancake Sausage
On a Stick
Fruit
Fruit Juice
Milk
LUNCH
Orange Chicken
Brown Rice
Fruit
Vegetable
Milk

12

13

14

BREAKFAST
Pancake
Sausage
Fruit
Fruit Juice
Milk
LUNCH
Hot Dog
Chips
Fruit
Vegetable
Milk

15 **BREAKFAST**
Bagel
Cream Cheese
Fruit
Fruit Juice
Milk
LUNCH
Chicken Sandwich
Fries
Fruit
Vegetable
Milk

16 **BREAKFAST**
Cold Cereal
Graham Cracker
Fruit
Fruit Juice
Milk
LUNCH
Baked BBQ Chicken
Rice
Fruit
Vegetable
Milk

17 **BREAKFAST**
Concha
String Cheese
Fruit
Fruit Juice
Milk
LUNCH
Ham & Cheese
Sandwich w/Chips
Fruit
Vegetable
Milk

18 **BREAKFAST**
Cini Mini
Yogurt
Fruit
Fruit Juice
Milk
LUNCH
Pizza
Green Salad
Fruit
Vegetable
Milk

19

20

21

BREAKFAST
Ham & Cheese Bar
Graham Crackers
Fruit
Fruit Juice
Milk
LUNCH
Corn Dog
Fries
Fruit
Vegetable
Milk

22 **BREAKFAST**
Muffin
Yogurt
Fruit
Fruit Juice
Milk
LUNCH
Grilled Cheese
Chips
Fruit
Vegetable
Milk

23 **BREAKFAST**
Peanut Butter Jelly
Sandwich
Fruit
Fruit Juice
Milk
LUNCH
Chile Verde
Rice
Fruit
Vegetable
Milk

24 **BREAKFAST**
Cold Cereal
Graham Crackers
Fruit
Fruit Juice
Milk
LUNCH
Mac n Cheese
Garlic Bread
Fruit
Vegetable
Milk

25 **BREAKFAST**
Donut
Yogurt
Fruit
Fruit Juice
Milk
LUNCH
Pizza Stick
Green Salad
Fruit
Vegetable
Milk

26

27

28

BREAKFAST
Breakfast Pizza
Fruit
Fruit Juice
Milk
LUNCH
Chicken Nuggets
Fries
Fruit
Vegetable
Milk

29 **BREAKFAST**
Cold Cereal
Graham Crackers
Fruit
Fruit Juice
Milk
LUNCH
Baked Ziti
Garlic Bread
Fruit
Vegetable
Milk

30 **BREAKFAST**
Honey Bun
String Cheese
Fruit
Fruit Juice
Milk
LUNCH
Orange Chicken
Brown Rice
Fruit
Vegetable
Milk



"This institution is an equal opportunity provider"

"Esta institución es un proveedor de igualdad de oportunidades"