BREAKFAST

SEPTEMBER 2026

Wallingford Middle & High Schools

BIG NEWS! **ALL** students can receive breakfast each school day **AT NO CHARGE**!
Join us every morning and be ***READY TO LEARN***

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Mini Cinnamon Crumb Loaf 100% Fruit Juice Fruit Choice Milk Choice	2 Banana Bread Slice 100% Fruit Juice Fruit Choice Milk Choice	3 Hard Cooked Egg Fruit Muffin 100% Fruit Juice Fruit Choice Milk Choice	4 Apple Roll 100% Fruit Juice Fruit Choice Milk Choice
7 Goody Ring Bun 100% Fruit Juice Fruit Choice Milk Choice	8 Honey Wheat Bagel Cream Cheese 100% Fruit Juice Fruit Choice Milk Choice	9 Pumpkin Bread Slice 100% Fruit Juice Fruit Choice Milk Choice	10 Assorted Muffins 100% Fruit Juice Fruit Choice Milk Choice	11 Cinnamon Swirl Roll 100% Fruit Juice Fruit Choice Milk Choice
14 Raised Donut Pull Apart 100% Fruit Juice Fruit Choice Milk Choice	15 Apple Roll 100% Fruit Juice Fruit Choice Milk Choice	16 Lemon Bread Slice 100% Fruit Juice Fruit Choice Milk Choice	17 Hard Cooked Egg Fruit Muffin 100% Fruit Juice Fruit Choice Milk Choice	18 Raspberry Swirl Roll 100% Fruit Juice Fruit Choice Milk Choice
21 Mini Powdered Dunkers 100% Fruit Juice Fruit Choice Milk Choice	22 Honey Wheat Bagel Cream Cheese 100% Fruit Juice Fruit Choice Milk Choice	23 Blueberry Bread Slice 100% Fruit Juice Fruit Choice Milk Choice	24 Assorted Muffins 100% Fruit Juice Fruit Choice Milk Choice	25 Cinnamon Swirl Roll 100% Fruit Juice Fruit Choice Milk Choice
28 Glazed Twists 100% Fruit Juice Fruit Choice Milk Choice	29 Apple Roll 100% Fruit Juice Fruit Choice Milk Choice	30 Banana Bread Slice 100% Fruit Juice Fruit Choice Milk Choice		

Daily Options Include: Assorted Reduced Sugar, Whole Grain Rich Cereals, Fruit Parfait with Nut Free Granola, & Hot Breakfast Sandwiches

Fruit Choices Include: Fresh, Canned in light syrup or natural juice and Raisins or Craisins

Milk Choices Include: 1% White, Fat Free Chocolate and Lactaid

This institution is an equal opportunity provider