September 2026

Eastchester HS / Middle School | Breakfast MENU

EUFSD EASTCHESTER UNION FREE SCHOOL DISTRICT

MON	TUES	WED	THURS	FRI
	1 **Supt Conf Day** **No Student**	2 **First Day of School!** Egg and Cheese WG English Muffin 100% Juice Milk	3 WG Waffle Strawberry 100% Juice Milk	4 French Toast Sticks Orange slice 100% Juice Milk
7 **Labor Day No School**	8 Breakfast Taco Egg and Cheese Pear 100% Juice Milk	9 WG Muffin Cheese Stick Apple Slice 100% juice Milk	10 WG Chocolate Chip Muffin Yogurt Pineapple 100% Juice Milk	11 WG Glazed Cinnamon Roll Apple Sauce Raisins 100% Juice
14 Strawberry Yogurt Parfait Graham Crackers Apple Juice Milk	15 Bacon Egg and Cheese on WG Roll Honeydew Melon 100% juice Milk	16 WG Pancake Apple Slice 100% Juice Milk	17 Ham, Egg, and Cheese WG Roll Melon wedge 100% juice Milk	18 Egg and Cheese Taco Banana 100% Juice Milk
21 **Yom Kippur No School**	22 Blueberry WG Muffin Yogurt Apple Slice 100% juice	23 Cinnamon Sugar Donut Pear 100% Juice Milk	24 Egg Cheese WG English Muffin 100% juice Milk	25 Egg and Cheese on WG Bagel Pineapple 100% Juice Milk
28 WG French Toast Sticks Orange 100% Juice Milk	29 Blueberries Yogurt Parfait Graham Crackers 100% Juice Milk	30 Egg and Turkey Sausage WG Croissant Apple sauce 100% juice Milk		

Daily Options:

WG Bagel with butter or cream Cheese, WG Muffin or Cereal Served with Cheese Stick Or Yogurt
Fresh fruit , 100% Fruit Juice

Choice of 1%, or Skim milk with all meals

Food Allergies or questions Please contact Food Service Director
914-793-6130 ex. 4234

Gluten Free and Vegetarian Options Available

Local Farm Fruit and Vegetables Based on Availability

Non-High Fructose Corn Syrup

aramark STUDENT NUTRITION

This institution is an equal opportunity provider.

Menus are subject to change.

Consuming raw or uncooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. If you have questions or would like additional information please contact your food service director at 914-793-6130 ex. 4234