

Kings Canyon USD

KCUSD K-5 LUNCH

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September 2026

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Monday	Tuesday	Wednesday	Thursday	Friday
	Sep - 1 Teriyaki Beef Dunkers K-5 WGR Grilled Cheese Harvest Salad Stir Fry Veggie Blend 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Sep - 2 Chicken Burger Beef/Cheese Taco Stick Zucchini Sticks BAKED BEANS 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Sep - 3 DELI SANDWICH Cheeseburger Buddies CARROTEENIES Harvest Salad 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Sep - 4 Bean/Cheese Burrito WGR Pizza Wedge Waffle Fries Harvest Salad Fruit Cup, Variety MILK - Variety* Assorted Condiments
Sep - 7 HOLIDAY	Sep - 8 WGR Grilled Cheese Spaghetti Harvest Salad CARROT STICKS 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Sep - 9 WGR TexMex Bowl Bean/Cheese Burrito Fresh Cucumber BEANS REFRIED SPICY 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Sep - 10 WGR Beef Rib Q Stuffed Pizza Pocket Steamed Broccoli Harvest Salad 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Sep - 11 WGR Cheezy Bites DELI SANDWICH Vegetable Medley Harvest Salad 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments
Sep - 14 Bean & Cheese Tostada WGR Chicken Strips CARROTEENIES Sweet Corn Fruit Cup, Variety MILK - Variety* Assorted Condiments	Sep - 15 Carnitas and Rice Bowl WGR Corn Dog Harvest Salad BEANS REFRIED SPICY 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Sep - 16 Beef/Cheese Taco Stick WGR Grilled Cheese Waffle Fries Zucchini Sticks Fruit Cup, Variety MILK - Variety* Assorted Condiments	Sep - 17 Smokey's Cheeseburger Chicken Nuggets Vegetable Medley Harvest Salad 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Sep - 18 BEEFY NACHOS WGR French Bread Pizza CELERY STICKS Harvest Salad Fruit Cup, Variety MILK - Variety* Assorted Condiments
Sep - 21 Chili Beans & Corn Muffin WGR Cheezy Bites Sweet Corn CARROTEENIES Fruit Cup, Variety MILK - Variety* Assorted Condiments	Sep - 22 Teriyaki Beef Dunkers K-5 WGR Grilled Cheese Harvest Salad Stir Fry Veggie Blend 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Sep - 23 Chicken Burger Beef/Cheese Taco Stick Zucchini Sticks BAKED BEANS 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Sep - 24 DELI SANDWICH Cheeseburger Buddies CARROTEENIES Harvest Salad 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Sep - 25 Bean/Cheese Burrito WGR Pizza Wedge Waffle Fries Harvest Salad Fruit Cup, Variety MILK - Variety* Assorted Condiments
Sep - 28 BEEFY NACHOS WGR Hot Dog Sweet Corn CARROTEENIES Fruit Cup, Variety MILK - Variety* Assorted Condiments	Sep - 29 WGR Grilled Cheese Spaghetti Harvest Salad CARROT STICKS 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Sep - 30 WGR TexMex Bowl Bean/Cheese Burrito Fresh Cucumber BEANS REFRIED SPICY 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments		

This Institution is an equal opportunity provider.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Menu is subject to change.

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