

PE 8

Welcome to PE class! I am so excited!. My goal for this class is to make it fun, engaging, relevant, and useful for the students. Please read through the syllabus with your student. Once you have read through the course syllabus, please have your student sign their name and you sign your name below. **Have students return to Mrs. Killips**

Student (print): _____ Student (signature): _____

Parent/Guardian(Signature): _____

Parent/Guardian contact is very important to me. If you have any questions or concerns, please do not hesitate to contact me. The best way to reach me is through the school email: bkillips-sas@eupschools.org

SPORTS

- ☐ Tennis
- ☐ Air Force Football
- ☐ Ultimate Frisbee
- ☐ Pickleball
- ☐ Basketball
- ☐ Volleyball
- ☐ Other various sports and physical activities



EXPECTATIONS

- ☐ Come to class with a good attitude
- ☐ Be On Time - Be in the class before the bell rings.
- ☐ **Effort:** Increase your heart rate, focus on drills, and follow game rules.
- ☐ Be **Respectful** - Demonstrate respect for teacher, classmates, materials, equipment and classroom.
- ☐ Be **Responsible** - Follow the instructions of Mrs. Killips and substitute
- ☐ Be SAFE- Keep hands and body parts to self.
- ☐ Students must check in with the teacher before using the washroom, getting a drink, or leaving the classroom, gym/field for any reason
- ☐ I will excuse you when the bell rings.

Recommended Equipment:

- ☐ We require **ALL** students to wear non marking athletic footwear that must be tied.
- ☐ It is highly recommended that you change or wear athletic appropriate clothing this includes t-shirts, shorts, leggings or sweats.

Attendance

Attendance and participation are mandatory for Physical Education class because consistency is key for developing lifelong fitness skills. Students are responsible for making up missed work and alternate assignments may be given. Only a doctor's note will excuse you from activities.

Policies & Guidelines

Proper Attire:

- ☐ Athletic tennis shoes (no slides, sandals, Crocs, boots, HeyDudes, etc.)
- ☐ Full-length t-shirt/sweatshirt with sleeves (no midriffs, tank tops, cut-offs)
- ☐ Shorts, leggings, or sweatpants
- ☐ If proper attire is a concern, please speak directly with Mrs. Killips.

Electronics: Not allowed in class. Keep them in your locker.

Grading

You start the semester with an A (450 points). Points are earned daily for participation (5pts). Points will be deducted accordingly for the following:

- ☐ Full participation = +5
- ☐ Non-dress/No participation = -25
- ☐ Inappropriate athletic shoes/dress = -15
- ☐ Cell phone or Electronic device = -5
- ☐ Lack of effort/misuse of equipment/swearing/leaving gym without permission = -10

Grading Scale:

- ☐ A = 100-93 | B = 86-83 | C = 76-73 | D = 66-63 | E = 59 & below

Arrival & Dismissal:

- ☐ 5 minutes to dress before class. 10 minutes at the end to shower/change.
- ☐ Stay in the gym until the bell.
- ☐ Tardies will be given to students who are not dressed and ready in the gym at the time attendance is taken. Excessive tardies will affect students' grades.

Lockerroom/ Showers

- ☐ Due to construction there will be no locker rooms available

Injuries:

- ☐ Report injuries or medical issues immediately to Mrs. Killips or an administrator.