RPCS REDS

RPCS Athletics Emergency Action Plan

RPCS follows a written emergency plan that should be followed in the event of a medical emergency. All athletics personnel should be familiar with the emergency plan and their role and responsibility in an emergency.

An emergency warrants the need for Emergency Medical Services (EMS) to provide medical attention and/or transport to a hospital. EMS should be activated (by calling 911) in the following situations:

- cessation of breathing
- loss of consciousness
- suspected neck or spine injury
- open fracture (bone punctured skin)
- severe heat exhaustion or heat stroke
- severe bleeding that cannot be controlled

Chain of Command

The highest person in the chain of command (leader) who is present at the scene will be in charge. This person will decide whether or not to call 911, provide instructions to others in the chain on their roles, and stay with the injured athlete until EMS arrives.

Athletic Trainer: Erin Frey & Angela Palmeri
Athletics Administration Team: Scott Buckley & Dani Steinbach
Director of Security: Joe Martin & Security Team
Coaches
School Nurse: Danielle Thiboutot (if present)

Protocol

1. The leader will instruct someone to activate EMS.
    - A cell phone will be used in most cases. Landlines are also located in the PE office, athletic training room, AD's office, fitness center, multipurpose room for use.
    - EMS should be told your name, your location, what the emergency is, the condition of the athlete, and specific instructions on how to get to the athlete's location, and current treatment. Also, EMS should be told that a security officer will be at the entrance to the venue to direct them in. Answer all questions and do not hang up before the operator does.
2. The leader will provide first aid and stay with the athlete during this period.
3. Someone from the athletics administration team will contact security over the radio in order to position a security officer at the venue entrance to direct the ambulance.
4. The leader will designate someone else to contact the athlete's parents if they are not present. Contact information for all athletes can be found in myRPCS and on Magnus Health. In the event that an athlete's parents are not able to accompany them to the hospital, an athletics admin team member will.
5. The coaches will be responsible for crowd control. It will be important to direct athletes and/or parents away from the incident in order to make room for emergency personnel when they arrive.
6. If transport is deemed necessary, EMS will be responsible for determining the best hospital for care, unless the parents have a specific request.

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Location of AEDs
Automated external defibrillators (AEDs) are located in the following areas:

1. Athletic Training Room (mobile unit)
2. Athletic Center outside Athletic MPR
3. Sinex Theater
4. Dance Studio
5. Middle School Commons
6. 200 Level Grand Staircase
7. Dining Hall
8. Harris Center
9. Ward House outside Development Office
10. Maintenance Shop
11. Squash Courts *(off-campus at 2 Tower Lane)*
12. Athletic Center outside bathroom near lower turf field

Campus Information
Entrance Points:

1. Main Campus: 5204 Roland Avenue, Baltimore, MD 21210
   Athletic Center, Turf Fields, Tennis Courts
   - EMS Route: Enter main school entrance on Roland Avenue
   - Main number: 410-323-5500
2. St. Mary's Seminary: 5400 Roland Avenue, Baltimore, MD 21210
   Soccer Fields, Softball Field, Cross Country course
   EMS Route: Enter St. Mary's on Roland Avenue, north of main school entrance
3. Squash Courts: 2 Tower Lane, Baltimore, MD 21210
   - EMS Route: South on Roland Avenue, from main campus, right on Upland Road, left on Long Lane, right on Tower Lane
   - Main number: 443-835-4629

Contact Information

- Erin Frey 410-941-8840 (office)
- Angela Palmeri 410-941-8841 (office)
- Dani Steinbach 410-941-8838 (office)
- Scott Buckley 410-941-8839 (office)
- Joe Martin 410-921-6064 (office)
- Danielle Thiboutot 410-941-8842 (office)