



SEPTEMBER 2026

Prairie-Hills School District #144

Enjoy a "HOT"
Breakfast !!

Monday

Tuesday

Wednesday

Thursday

Friday

1

Breakfast Turkey Wrap
Egg Patty
Cupped Fruit
Milk Choice

2

Cinnamon Roll
Turkey Bacon
Cupped Fruit
Milk Choice

3

Hot Buttered Grits
Sausage Links / WW Toast
Cupped Fruit
Milk Choice

4

Waffles w/syrup
Sausage Patty
Cupped Fruit
Milk Choice

7

Labor Day

8

Breakfast Bagel
Turkey Sausage Patty
Cupped Fruit
Milk Choice

9

Egg Patty
Croissant / Sausage Patty
Cupped Fruit
Milk Choice

10

Oatmeal w/raisins
Sausage Links
Cupped Fruit
Milk Choice

11

Pancakes w/syrup
Sausage Patty
Cupped Fruit
Milk Choice

14

Breakfast Burrito
Sausage Links
Cupped Fruit
Milk Choice

15

Cheese Egg Omelet
WW Toast w/ jelly
Cupped Fruit
Milk Choice

16

Cinnamon Roll
Turkey Bacon
Cupped Fruit
Milk Choice

17

Hot Buttered Grits
Sausage Links / WW Toast
Cupped Fruit
Milk Choice

18

French Toast w/syrup
Sausage Patty
Cupped Fruit
Milk Choice

21

Breakfast Pizza
Sausage Links
Cupped Fruit
Milk Choice

22

Breakfast Turkey Wrap
Egg Patty
Cupped Fruit
Milk Choice

23

Egg Patty
Croissant / Sausage Patty
Cupped Fruit
Milk Choice

24

Oatmeal w/raisins
Sausage Links
Cupped Fruit
Milk Choice

25

Waffles w/syrup
Sausage Patty
Cupped Fruit
Milk Choice

28

Breakfast Burrito
Sausage Links
Cupped Fruit
Milk Choice

29

Breakfast Bagel
Turkey Sausage Patty
Cupped Fruit
Milk Choice

30

Cinnamon Roll
Turkey Bacon
Cupped Fruit
Milk Choice

Milk Choices are Whole White Milk, 1% low-fat White and 1% low-fat Chocolate
Menu items are subject to change due to the availability of food items from vendors.