

# THURSTON MIDDLE SCHOOL:

## SEPTEMBER 2026 LUNCH MENU

**OFFERED  
DAILY**

**PROTEIN BOX**  
Turkey roll ups,  
chicken salad,  
mini whole grain roll  
and fresh veggies

**BEAN CHEESE  
AND RICE BURRITO**

**CRISPY CHICKEN  
SANDWICH**  
with **SunChips®**

**CHICKEN  
CAESAR SALAD**

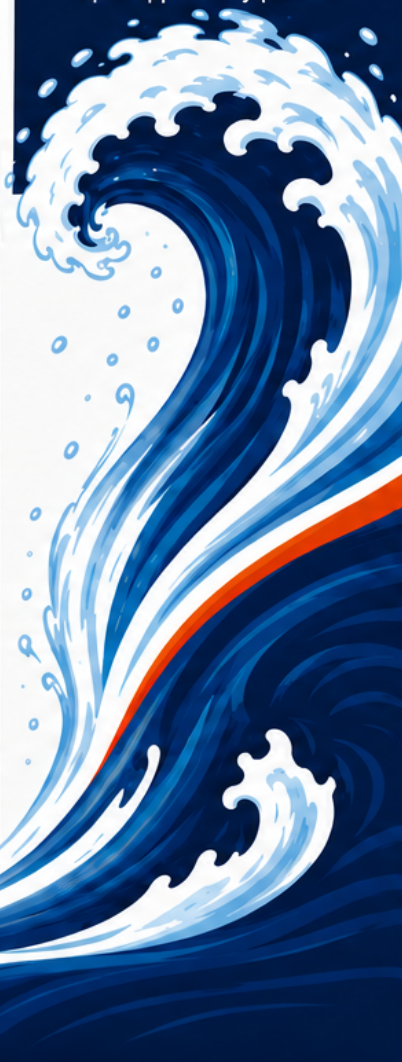
**FRESH SIDE OPTIONS**  
Fresh Fruit  
Fresh Veggie,  
Seasonal Salad Mix

★ ONE ENTRÉE SELECTION PROVIDED AT **NO COST** PER STUDENT ★

**FREE FOR  
ALL STUDENTS**



This institution is an  
equal opportunity provider.



### MONDAY

Mon. 31, Aug

Lemon Pepper Wings  
with freshly  
baked cornbread

### TUESDAY

Sept. 1

Hot Dog  
*Featuring Cream Co. Meats —  
a premium all-beef hot dog  
made with thoughtfully sourced  
beef and no added hormones  
or antibiotics.*

### WEDNESDAY

Sept. 2

Orange Chicken  
and Noodles  
served with  
fortune cookie

### THURSDAY

Sept. 3

Marinara Pasta  
with Chicken Meatballs  
and Garlic Knot  
*Featuring Etto Pasta*

### FRIDAY

Sept. 4

Gina's  
Pizza Day

Sept. 7

No School  
(Labor Day)

Sept. 8

Crispy Chicken Sliders  
with options  
scratch made  
citrus slaw

Sept. 9

Chicken Alfredo  
with Garlic Knot

Sept. 10

Shredded Chicken Tacos  
with optional lettuce  
and pico de gallo

Sept. 11

Gina's  
Pizza Day

Sept. 14

Turkey and  
Provolone Sub  
Sandwich

Sept. 15

Citrus Marinated Chicken  
with Brown Rice  
and Scratch Made  
Tzatziki

Sept. 16

Thinly Sliced Teriyaki  
Beef Strips over  
*unfried* Rice  
and Steamed Veggies

Sept. 17

Bacon  
Cheeseburger

Sept. 18

Gina's  
Pizza Day

Sept. 21

Lemon Pepper Wings  
with Cornbread,  
Celery and  
Carrot Sticks

Sept. 22

Hot Dog  
*Featuring Cream Co. Meats —  
a premium all-beef hot dog  
made with thoughtfully sourced  
beef and no added hormones  
or antibiotics.*

Sept. 23

Orange Chicken  
and Noodles  
served with  
fortune cookie

Sept. 24

Marinara Pasta  
with Chicken Meatballs  
and Garlic Knot  
*Featuring Etto Pasta*

Sept. 25

Gina's  
Pizza Day

Sept. 28

Chicken Nuggets  
with Cornbread  
Bites

Sept. 29

Crispy Chicken Sliders  
with options  
scratch made  
citrus slaw

Sept. 30

Chicken Alfredo  
with Garlic Knot

Menu is subject to change.

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