



Calais Elementary School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WG Nachos
Beef or Bean, Cheddar, Sour
Cream, Olives, Salsa, Avocado
and Corn

01

BBQ Pulled Pork or BBQ Tofu
on WG Bun
Sweet Potato Puffs
Cole Slaw

02

Popcorn Chicken Bowl with
Mashed Potatoes, Gravy and
Corn
Bean Salad

03

Cheese, Pepperoni or BBQ
Chicken Pizza
Garden Salad
Roasted Chick Peas

04

**Labor Day
No School**

07

Chicken or Cheese Quesadilla
Salsa and Sour Cream
Corn

08

Chicken, Gravy, Biscuit
Mashed Potatoes
Peas and Carrots

09

Cheesy Noodles
Beef
Roasted Broccoli

10

Meatball or Beanball
Parmigiana Sub
Caesar Salad

11

Hot Dog on WG Bun
Baked Beans
French Fries

14

Beef and/or Bean Burrito
Salsa, Sour Cream and Corn

15

Chicken or Impossible Chicken
Parm with Penne Pasta
Garden Salad

16

Mac and Cheese Bar
Bacon, Ham, Beans, Peas, Diced
Apples, Broccoli

17

Cheese, Pepperoni or Ham &
Pineapple Pizza
Tomato, Bean and Cucumber
Salad

18

Alfredo Pasta w/Chicken
(Vegetarian Option)
Peas

21

Turkey or Vegetarian Chili
Cheddar, Sour Cream
Corn Bread
Carrot Sticks

22

Crispy Chicken or Impossible
Sandwich
Zucchini Noodle Salad

23

Chicken Nuggets
Potato Wedges
Carrot Sticks
Dipping Sauces

24

Pasta Bar with choice of
Marinara, Pesto, Meat or
Cheese Sauce
Roasted Broccoli
Garlic Bread

25

Brunch
Cheesy Scrambled Eggs,
Pancakes with Maple Syrup,
Sausage Patty or Impossible
Sauce Patty, Hash Browns

28

WG Nachos
Beef or Bean, Cheddar, Sour
Cream, Olives, Salsa, Avocado
and Corn

29

Cheesy Noodles with Beef
Green Beans
Bread Stick

30



All meals include choice of fresh fruit and milk,. Daily sandwich option.is PB&J
This establishment is an equal opportunity provider.

SEPTEMBER 2026