

September 2026

Niagara Falls City School District NFHS / Prep Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Burger Monday	Tacos	Pasta Wednesday	Pizza Thursday	Veg of the Month
31-Aug	1	2	3	CORN 4
		Pepperoni Pizza	Pepperoni Pizza	
	PREP DAY	Lettuce & Tom Salad	Lettuce & Tom Salad	NO SCHOOL
		Bagged Carrots	Bagged Carrots	Professional
		Fresh Fruit	Fresh Fruit	Development
		NYS Milk Choice	NYS Milk Choice	
w/g bun 7	8	Dinner Roll 9	10	11
	Buffalo Chicken Wrap	Penne Pasta	Pepperoni Pizza	Chicken & Gravy
NO SCHOOL	Oven Crisp Fries	Bolognaise	Lettuce & Tom Salad	Mashed potatoes
LABOR	Broccoli & Carrots	Green Beans	Bagged Carrots	Buttered Corn
DAY	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	NYS Milk Choice	NYS Milk Choice	NYS Milk Choice	NYS Milk Choice
w/g bun 14	15	Dinner Roll 16	17	18
Cheeseburger	BBQ Chicken Bomber	Pasta Alfredo	Pepperoni Pizza	Sweet & Sour Chicken
Oven Crisp Fries	Oven Potatoes	w/ Diced Chicken	Lettuce & Tom Salad	w/mixed veg over Rice
Baked Beans	Mixed Vegetable	Green Beans	Bagged Carrots	Buttered Corn
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
NYS Milk Choice	NYS Milk Choice	NYS Milk Choice	NYS Milk Choice	NYS Milk Choice
w/g bun 21	22	Dinner Roll 23	24	w/g bun 25
BBQ Burger	Beef & Cheese Wrap	Spaghetti	Pepperoni Pizza	Hot Dog W/G Bun
Tator Tots	Brown Rice	Bolognaise	Lettuce & Tom Salad	Chili Con Carne
Baked Beans	Green Beans	Mixed Vegetable	Bagged Carrots	Buttered Corn
Chilled Fruit	Fresh Fruit	Chilled Fruit	Fresh Fruit	Chilled Fruit
NYS Milk Choice	NYS Milk Choice	NYS Milk Choice	NYS Milk Choice	NYS Milk Choice
w/g bun 28	29	Dinner Roll 30		
Hamburger	Sweet & Sour Chicken	Penne Pasta		
Oven Crisp Fries	w/mixed veg over Rice	Bolognaise		
Baked Beans	Buttered Corn	Green Beans		
Chilled Fruit	Fresh Fruit	Chilled Fruit		
NYS Milk Choice	NYS Milk Choice	NYS Milk Choice		

September Vegetable of the Month - Corn - Served every Friday

Menu subject to change

* Milk includes 1%, fat free & flavored fat free

* All bread items are whole wheat or whole grain

* Under the Community Eligibility Provision of the USDA, All NFCS Students receive a meal at no charge for both Breakfast and Lunch

September 2026 Halal Menu

Niagara Falls City School District NFHS / Prep Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Burger Monday	Tacos	Pasta Wednesday	Pizza Thursday	Veg of the Month
31-Aug	1	9th Grade 2	10th Grade 3	CORN 4
		Cheese Pizza	Cheese Pizza	
	PREP DAY	Lettuce & Tom Salad	Lettuce & Tom Salad	NO SCHOOL
		Bagged Carrots	Bagged Carrots	Professional
		Fresh Fruit	Fresh Fruit	Development
		NYS Milk Choice	NYS Milk Choice	
w/g bun 7	8	Dinner Roll 9	10	11
	Buffalo Chicken Wrap	Penne Pasta	Cheese Pizza	Chicken & Gravy
NO SCHOOL	Oven Crisp Fries	W/Marinara Sauce	Lettuce & Tom Salad	Mashed potatoes
LABOR	Broccoli & Carrots	Green Beans	Bagged Carrots	Buttered Corn
DAY	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	NYS Milk Choice	NYS Milk Choice	NYS Milk Choice	NYS Milk Choice
w/g bun 14	15	Dinner Roll 16	17	18
Gardenburger	BBQ Chicken Bomber	Pasta Alfredo	Cheese Pizza	Sweet & Sour Chicken
Tator Tots	Oven Potatoes	w/ Diced Chicken	Lettuce & Tom Salad	w/mixed veg over Rice
Baked Beans	Mixed Vegetable	Green Beans	Bagged Carrots	Buttered Corn
Chilled Fruit	Fresh Fruit	Chilled Fruit	Chilled Fruit	Chilled Fruit
NYS Milk Choice	NYS Milk Choice	NYS Milk Choice	NYS Milk Choice	NYS Milk Choice
w/g bun 21	22	Dinner Roll 23	24	w/g bun 25
BBQ Gardenburger	Vegetarian Wrap	Spaghetti	Cheese Pizza	Hot Dog W/G Bun
Tator Tots	Brown Rice	W/Marinara Sauce	Lettuce & Tom Salad	Tomato Soup
Baked Beans	Green Beans	Mixed Vegetable	Bagged Carrots	Buttered Corn
Chilled Fruit	Chilled Fruit	Chilled Fruit	Chilled Fruit	Chilled Fruit
NYS Milk Choice	NYS Milk Choice	NYS Milk Choice	NYS Milk Choice	NYS Milk Choice
w/g bun 28	29	Dinner Roll 30		
Halal Burger	Sweet & Sour Chicken	Penne Pasta		
Tator Tots	w/mixed veg over Rice	W/Marinara Sauce		
Baked Beans	Buttered Corn	Green Beans		
Chilled Fruit	Fresh Fruit	Chilled Fruit		
NYS Milk Choice	NYS Milk Choice	NYS Milk Choice		

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