

MIDDLE SCHOOL LUNCH MENU

SEPTEMBER 2026



BETHLEHEM
AREA SCHOOL DISTRICT
DINING SERVICES



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**SCHOOL
CLOSED**



7

8

Nachos Grande
with Tortilla Chips
Feature Veggies
Fire Roasted Corn
Pico De Gallo
Choice of Milk

9

French Toast Sticks
with Sausage Links
Feature Veggies
Tri Taters
Side Caesar Salad
Choice of Milk

10

General Tso's
with Vegetable Rice
Feature Veggies
Steamed Broccoli
Asian Cucumber Salad
Choice of Milk

11

Popcorn Mash Potato Bowl
Feature Veggies
Buttered Corn
Broccoli Salad
Choice of Milk

14

Italian Meatball and Cheese
on Toasted Baguette
Feature Veggies
Mixed Vegetable
Tomato and Mozzarella Salad
Choice of Milk

15

Beef Walking Tacos
with Doritos
Feature Veggies
Buttered Corn
Black Bean and Corn Salsa
Choice of Milk

16

Dutch Waffles
with Sausage Links
Feature Veggies
Tri Taters
Sliced Cucumbers
Choice of Milk

17

Cowboy Burger
on WG Bun
Feature Veggies
Baked Fries
Baby Carrots
Choice of Milk

18

Pepper Steak Bowl
with Lo Mein Noodle
Feature Veggies
Steamed Broccoli
Strawberry Spinach Salad
Choice of Milk

**SCHOOL
CLOSED**



21

22

Buffalo Chicken Dip
Feature Veggies
Lemon Parm Broccoli
Baby Carrots
Choice of Milk

23

Country Fair Corn Dog
Feature Veggies
BBQ Baked Beans
Steamed Mixed Vegetable
Choice of Milk

24

Boneless Wing Bar
Feature Veggies
Sidewinder Fries
Tomato Mozzarella Salad
Choice of Milk

25

Cheeseburger Tot Bowl
Feature Veggies
Buttered Corn
Baby Carrots
Choice of Milk

28

Chicken Tenders
with Dinner Roll
Feature Veggies
Ranchero Carrots
Side Garden Salad
Choice of Milk

29

Chicken Nachos
with Tostitos
Feature Veggies
Fire Roasted Corn
Pico De Gallo
Choice of Milk

30

French Toast Sticks
with Sausage Links
Feature Veggies
Tri Taters
Warm Cinnamon Apples
Choice of Milk

Your Dining Services Team

Rose Levan
General Manager
(610) 861.8135 ext. 37714
rose.levan@metzcorp.com



Lunch Prices

Student

\$2

.85
Adult

MAKE IT A MEAL!

Choose at least 3 of 5 meal components for the school lunch price:
Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a lunch.

Available Daily

Pizza- Cheese and Pepperoni, Specialty Grill- Hamburger Cheeseburger, Chicken Sandwich, Spicy Chicken Sandwich
Chef Fresh - Assorted Homemade Wraps, Sandwiches, Salads and Craveables

Fruit & Veggie Selection

Choice of Vegetable

Hot Vegetable, Leafy Salad, Composed Bean Salad, Seasonal Fresh Vegetables

Choice of Fruit

Seasonal Fresh Fruits, Canned Fruits in Light Syrup

Students may choose two ½ cup servings.

Milk Selection

1% White Milk
Skim Milk
Fat Free Chocolate Milk

Now Hiring

Part-time dining service substitutes with potential for permanent positions.

For more information please contact Rose Levan at 610.861.81354 Ext. 37714 or rlevan@basdschools.org



Metz
CULINARY MANAGEMENT
ENVIRONMENTAL SERVICES

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.