

# HIGH SCHOOL LUNCH MENU

## SEPTEMBER 2026



**BETHLEHEM**  
AREA SCHOOL DISTRICT  
DINING SERVICES



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

**SCHOOL  
CLOSED**



**14**  
Italian Meatball and Cheese  
on Toasted Baguette  
or  
Mini Corn Dogs  
**Feature Veggies**  
Mixed Vegetable  
Tomato and Mozzarella Salad  
Choice of Milk

**SCHOOL  
CLOSED**



**28**  
Chicken Tenders  
with Dinner Roll  
or  
Italian Super Sub  
**Feature Veggies**  
Ranchero Carrots  
Side Garden Salad  
Choice of Milk

**1**  
Birria Beef Nachos  
with Tostito Rounds  
or  
Bosco Cheese Stick  
with Marinara  
**Feature Veggies**  
Seasoned Black Beans  
Apple Cider Slaw  
Choice of Milk

**8**  
Nachos Grande  
with Tortilla Chips  
or  
Bacon Cheddar Pierogies  
**Feature Veggies**  
Fire Roasted Corn  
Pico De Gallo  
Choice of Milk

**15**  
Beef Walking Tacos  
with Doritos  
**Feature Veggies**  
Buttered Corn  
Black Bean and Corn Salsa  
Choice of Milk

**22**  
Buffalo Chicken Dip  
or  
Chicken Nuggets  
with Pretzel Stick  
**Feature Veggies**  
Glazed Carrots  
Cucumber Slices  
Choice of Milk

**29**  
Chicken Nachos  
with Tostitos  
or  
Mozzarella Sticks  
with Marinara  
**Feature Veggies**  
Fire Roasted Corn  
Pico De Gallo  
Choice of Milk

**2**  
Chicken with Waffle Sticks  
or  
Bacon Cheeseburger  
with Clark Sauce  
**Feature Veggies**  
Baked Fries  
Broccoli Salad with Ranch  
Choice of Milk

**9**  
French Toast Sticks  
with Sausage Links  
or  
Little Mac Burger  
**Feature Veggies**  
Tri Taters  
Side Caesar Salad  
Choice of Milk

**16**  
Dutch Waffles  
with Sausage Links  
or  
Grilled Ham and Cheese  
**Feature Veggies**  
Tri Taters  
Sliced Cucumbers  
Choice of Milk

**23**  
Breakfast Tot Bowl  
with Biscuit  
or  
Country Fair Corn Dog  
**Feature Veggies**  
BBQ Baked Beans  
Steamed Mixed Vegetable  
Choice of Milk

**30**  
French Toast Sticks  
with Sausage Links  
or  
Bacon Cheeseburger  
on a WG Bun  
**Feature Veggies**  
Tri Taters  
Warm Cinnamon Apples  
Choice of Milk

**3**  
Chicken Alfredo  
with WG Garlic Bread  
or  
Patty Melt on Bread  
**Feature Veggies**  
Lemon and Parm Broccoli  
Bruschetta  
Choice of Milk

**10**  
General Tso's  
with Vegetable Rice  
or  
Mozzarella Sticks  
with Marinara  
**Feature Veggies**  
Steamed Broccoli  
Asian Cucumber Salad  
Choice of Milk

**17**  
Chicken Parm over  
Spaghetti w/ Garlic Bread  
or  
Cowboy Burger  
**Feature Veggies**  
Baked Fries  
Baby Carrots  
Choice of Milk

**24**  
Boneless Wing Bar  
with Choice of Sauce  
or  
Pulled Pork Sandwich  
**Feature Veggies**  
Sidewinder Fries  
Tomato Mozzarella Salad  
Choice of Milk

**4**  
Dunker Chicken Drumstick  
or  
Cheeseburger Flatbread  
**Feature Veggies**  
Buttered Corn  
Garden Salad  
Choice of Milk

**11**  
Popcorn Mash Potato Bowl  
or  
Cheese Steak on WG Roll  
**Feature Veggies**  
Buttered Corn  
Broccoli Salad  
Choice of Milk

**18**  
Cheeseburger Tot Bowl  
or  
Ranchero Jack Chicken  
Toaster Sandwich  
**Feature Veggies**  
Buttered Corn  
Strawberry Spinach Salad  
Choice of Milk

**25**  
Pepper Steak Bowl  
with Lo Mein Noodle  
or  
Buffalo Chicken Cheesesteak  
**Feature Veggies**  
Steamed Broccoli  
Baby Carrots  
Choice of Milk

#### Your Dining Services Team

Rose Levan  
General Manager  
(610) 861.8135 ext. 37714  
rose.levan@metzcorp.com



#### Lunch Prices

Student

\$2

.85  
Adult

#### MAKE IT A MEAL!

Choose at least 3 of 5 meal components for the school lunch price:  
Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a lunch.

#### Available Daily

Pizza- Cheese and Pepperoni, Specialty Grill- Hamburger Cheeseburger, Chicken Sandwich, Spicy Chicken Sandwich  
Chef Fresh - Assorted Homemade Wraps, Sandwiches, Salads and Craveables

#### Fruit & Veggie Selection

##### Choice of Vegetable

Hot Vegetable, Leafy Salad, Composed Bean Salad, Seasonal Fresh Vegetables

##### Choice of Fruit

Seasonal Fresh Fruits, Canned Fruits in Light Syrup

Students may choose two ½ cup servings.

#### Milk Selection

1% White Milk  
Skim Milk  
Fat Free Chocolate Milk

#### Now Hiring

Part-time dining service substitutes with potential for permanent positions.

For more information please contact Rose Levan at 610.861.8135 Ext. 37714 or [rlevan@basdschools.org](mailto:rlevan@basdschools.org)



**Metz**  
CULINARY MANAGEMENT  
ENVIRONMENTAL SERVICES

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.