



SEPTEMBER 2026

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	1 Strawberry Mini Bagel with Cream Cheese Apple 100% Fruit Punch Choice of Milk	2 Vanilla Yogurt w/ Goldfish Grahams Banana 100% Orange Juice Choice of Milk	3 Cinnamon Pop Tart with Graham Crackers Apple 100% Fruit Punch Choice of Milk	4 Cocoa Puffs Cereal Bar with Graham Crackers Apple Slices 100% Apple Juice Choice of Milk
7 SCHOOL CLOSED 	8 WG Bagel with Cream Cheese Apple 100% Fruit Punch Choice of Milk	9 Strawberry Pop Tart with Graham Crackers Banana 100% Orange Juice Choice of Milk	10 Vanilla Yogurt w/ Goldfish Grahams Apple 100% Fruit Punch Choice of Milk	11 Cinna Toast Cereal Bar with Graham Crackers Apple Slices 100% Apple Juice Choice of Milk
14 Banana Muffin with Graham Crackers Pear 100% Apple Juice Choice of Milk	15 Strawberry Mini Bagel with Cream Cheese Apple 100% Fruit Punch Choice of Milk	16 Golden Grahams Cereal Bar w/ Graham Crackers Banana 100% Orange Juice Choice of Milk	17 Cinnamon Pop Tart with Graham Crackers Apple 100% Fruit Punch Choice of Milk	18 Cocoa Puffs Cereal Bar with Graham Crackers Apple Slices 100% Apple Juice Choice of Milk
21 SCHOOL CLOSED <i>Peach Puppies</i> 	22 Mini Cinni Bagel with Cream Cheese Apple 100% Fruit Punch Choice of Milk	23 Strawberry Yogurt w/ Goldfish Grahams Banana 100% Orange Juice Choice of Milk	24 Blueberry Bread Apple 100% Fruit Punch Choice of Milk	25 Trix Cereal Bar with Graham Crackers Apple Slices 100% Apple Juice Choice of Milk
28 Apple Cinnamon Muffin with Graham Crackers Pear 100% Apple Juice Choice of Milk	29 WG Bagel with Cream Cheese Apple 100% Fruit Punch Choice of Milk	30 Blueberry Pop Tart with Graham Crackers Banana 100% Orange Juice Choice of Milk		

Your Dining Services Team

Rose Levan
General Manager
(610) 861.8135 ext.37714
rose.levan@metzcorp.com



Breakfast Prices

Student

Free

Adult

MAKE IT A MEAL!

Choose at least 3 of 4 meal components for the school breakfast price:
Whole Grain, Meat/Mean Alternative, Fruit/Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a breakfast.

Milk Selection

1% White Milk
Skim Milk
Fat Free Chocolate Milk

Available Daily

Fruit Selection

Seasonal Fresh Fruits:

Apples, Bananas, Pears, Oranges, Strawberries, Blueberries, Tangerines, Grapes, Melons

Canned Fruits in light Syrup:

Mixed Fruit, Peaches, Pears, Applesauce, Apple Slices, Pineapple, Mandarin Oranges

100% Juice: Apple, Grape, Orange, Fruit Punch

Now Hiring

Part-time dining service substitutes with potential for permanent positions.

For more information please contact Rose Levan

at
610.861.81354 Ext. 37714
or

rlevan@basdschools.org



Metz
CULINARY MANAGEMENT
ENVIRONMENTAL SERVICES

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.