Zanesville City School District
National Road Elementary

Lunch Menu

September 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 Daily Lunch Nutrition Requirements Grain: 1oz eq Fruit: .5c Veg: .75c M/MA: 1oz eq Milk: 1c	**1** Beefy Nachos & Cheeese Salsa Spiced Pinto Beans Red Pepper Strips Mixed Fruit Fresh Pear 1% Unflavored White Milk 1% low Fat Chocolate Milk	**2** Choice of Pizza California Blend Vegetable Cucumber Slices Pineapple Tidbits Fresh Pear 1% Unflavored White Milk 1% low Fat Chocolate Milk	**3** Crispy Chicken Tenders Mashed Potatoes Steamed Corn Applesauce Fresh Pear 1% Unflavored White Milk 1% low Fat Chocolate Milk	**4** Cheeseburger on WG Bun Baby Carrots Steamed Green Beans Diced Pear Fresh Pear 1% Unflavored White Milk 1% low Fat Chocolate Milk
7 Cheesy Bosco Stick Marinara Sauce Steamed Peas Baby Carrots Diced Peaches Fresh Grapes 1% Unflavored White Milk 1% low Fat Chocolate Milk	**8** Fluffy Pancakes Easy Egg Bake Sweet Potato Tots Baby Carrots Mixed Fruit Fresh Grapes 1% Unflavored White Milk 1% low Fat Chocolate Milk	**9** Choice of Pizza California Blend Vegetable Baby Carrots Pineapple Tidbits Fresh Grapes 1% Unflavored White Milk 1% low Fat Chocolate Milk	**10** Corn Dog Baked Beans, Vegetarian Celery Sticks Applesauce Fresh Grapes 1% Unflavored White Milk 1% low Fat Chocolate Milk	**11** Pasta w/ Hearty Meat Sauce Garlic Toast Roasted Broccoli Celery Sticks Diced Pear Fresh Grapes 1% Unflavored White Milk 1% low Fat Chocolate Milk
14 Roasted Beef Hot Dog on a Bun French Fries Dill Pickle Salad Cherry Tomato Diced Peaches Banana 1% Unflavored White Milk 1% low Fat Chocolate Milk	**15** Lasagna Garlic Toast Roasted Broccoli Cherry Tomato Mixed Fruit Banana 1% Unflavored White Milk 1% low Fat Chocolate Milk	**16** Choice of Pizza California Blend Vegetable Cherry Tomato Pineapple Tidbits Banana 1% Unflavored White Milk 1% low Fat Chocolate Milk	**17** Beefy Nachos & Cheese Salsa Black Beans Cucumber Slices Applesauce Banana 1% Unflavored White Milk 1% low Fat Chocolate Milk	**18** Crispy Chicken Patty on WG Bun Tater Tots Broccoli Florets Sliced Pears Banana 1% Unflavored White Milk 1% low Fat Chocolate Milk
21 Cheeseburger on WG Bun Seasoned Ranch Wedges Red Pepper Strips Diced Peaches Fresh Pear 1% Unflavored White Milk 1% low Fat Chocolate Milk	**22** Crispy Chicken Nuggets Sweet Potato Tots Red Pepper Strips Mixed Fruit Fresh Pear 1% Unflavored White Milk 1% low Fat Chocolate Milk	**23** Choice of Pizza California Blend Vegetable Red Pepper Strips Pineapple Tidbits Fresh Pear 1% Unflavored White Milk 1% low Fat Chocolate Milk	**24** Macaroni & Cheese Dinner Roll Roasted Broccoli Cauliflower Floret Applesauce Fresh Pear 1% Unflavored White Milk 1% low Fat Chocolate Milk	**25** Taco Triangles Salsa Spiced Pinto Beans Cauliflower Floret Diced Pear Fresh Pear 1% Unflavored White Milk 1% low Fat Chocolate Milk
28 Cheesy Bosco Stick Marinara Sauce Steamed Green Beans Baby Carrots Diced Peaches Fresh Grapes 1% Unflavored White Milk 1% low Fat Chocolate Milk	**29** Roasted Beef Hot Dog on a Bun Baked Beans, Vegetarian Baby Carrots Mixed Fruit Fresh Grapes 1% Unflavored White Milk 1% low Fat Chocolate Milk	**30** Choice of Pizza California Blend Vegetable Baby Carrots Pineapple Tidbits Fresh Grapes 1% Unflavored White Milk 1% low Fat Chocolate Milk	**1**	

PRICES

Extra Milk	$.50
Extra Entree	$1.50
Adult Entree	$3.00
Adult Lunch	$5.00

EXTRA INFO

All Zanesville City Schools students are eligible to receive a NO COST lunch. The USDA requires that students choose a minimum of 3 of the 5 food group components offered. One of these choices MUST be a fruit or vegetable to receive the meal at NO COST.

HARVEST OF THE MONTH

Your MENUS plus more information on our app Taher Food4Life®

FOOD 4 LIFE TAHER

www.taher.com

Menus are subject to change without notice. This institution is an equal opportunity provider.