

September Breakfast & Lunch Menu

ALABAMA SCHOOL OF FINE ARTS



2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1	2	3	4
Eggs, Sausage, Tst	Sausage Biscuit	Muffin & Yogurt Bar	Bacon & Pancakes	Breakfast Pizza
Mac-N-Cheese Bowl Assorted Toppings Zesty Mandarin Salad	Crispitos with Cheese or Vegetarian Quesadilla Spanish Rice Black Beans Corn on the Cob Salsa, Sour Cream	Breaded Chicken* Sandwich Sweet Potato Fries Broccoli Salad	Cajun Chicken Pasta Veggie Chicken Pasta Roasted Carrots Breaded Okra Garlic Knots/ Bread	Grilled Hamburger Fresh Trimmings Potato Salad BBQ Baked Beans Corn on the Cob
7	8	9	10	11
NO SCHOOL	Fruit Parfait Yogurt & Spiced Oatmeal	Sausage & Pancakes	Hashbrown Casserole & Donut	Chicken & Waffles
	Chicken Fajitas Assorted Toppings Fajita rice Pinto Beans & WK Corn Salsa, Sour Cream	Potato Bar w/ Various Toppings Buttered Roll	Baked Tilapia/Pork Chop Mashed Potatoes Orange Glazed Sweet Potatoes Roll	Assorted Pizza Tator Tots Garden Salad
14	15	16	17	18
French Toast Sticks	Biscuit & Sausage Gravy	Ham & Cheese Croissant	Sausage & Pancakes	Muffin & Yogurt
Baked Spaghetti or Baked Vegetarian Ziti Italian Mixed Veggies Honey Carrots Garlic Bread	Bang Bang Chicken Tacos Cilantro Lime Rice Fire Roasted Corn Mexican Slaw	BBQ Pulled Pork or Chicken* Sandwich Coleslaw Baked Beans	Chicken Tenders* or Catfish Nuggets Cheesy Broccoli Mediterranean Veggies	Sandwich Bar With Sandwich Trimmings Fresh Carrots & Celery Baked Chips Cookie
21	22	23	24	25
Breakfast Pizza	Pork Chop Sandwich	Shrimp & Grits	Ham & Cheese Casserole	Oatmeal & Blueberry Muffin
Chicken Alfredo Vegetable Primavera Sautéed Squash & Zucchini Roasted Tomatoes Garlic Toast	Beef* Nachos Cilantro Lime Rice Queso Corn Salsa, Sour Cream	Salad Bar w/ Various Toppings Tomato Basil Soup Breadstick	Assorted Chicken Wings* Creamed Spinach Pita Chips Fresh Carrots & Celery	Hamburgers Bar Assorted Fresh Toppings Corn on the Cob Baked Beans
28	29	30		
Pancake Bar w Asst Topping National Pancake Day Build Your Own Ramen Bowl Assorted Toppings Broccoli & Mushroom Stir-fry	Waffles Assorted Toppings Baja Fish Taco Cilantro Lime Rice Roasted Zucchini with Cotija Corn /Black Bean Salsa	Sausage Casserole Breakfast for Lunch Scrambled Eggs Sausage Link or Patty* French Toast/Biscuits		