

LUNCH MENU K-8

MONDAY 09/07/26

HOLIDAY Labor Day

09/14/26

Chili Cheese Fries
Ground Beef topped with cheese (2oz.)
WG Slice Bread (1 ea.)
Potatoes Wedges (3/4 cup)
Fruits Cocktail (1/2 cup)
1% White Milk or Fat Free White Milk (8 oz.)
Alt: Veggie Burger w/cheese (2 oz.)

09/21/26

Spaghetti & Meat Sauce
Ground Beef (2 oz.)
WG Spaghetti Pasta (1 cup)
Mixed Vegetables (3/4 cup)
Sliced Peaches (1/2 cup)
1% White Milk or Fat Free White Milk (8 oz.)
Alt: Veggie Burger (2 oz.)

09/28/26

Oven Roasted Chicken Nuggets
Chicken Nuggets (2 oz.)
WG Elbow Pasta w/cheese (1 cup)
Sliced Carrots (3/4 cup)
Fruits Cocktail (1/2 cup)
1% White Milk or Fat Free White Milk (8 oz.)
Alt: Veggie Burger (2 oz.)

TUESDAY 09/08/26

Ground Beef Casserole (10 oz.)
Ground Beef (2 oz.)
WG Elbow Pasta w/ Cheese (1 cup)
Mixed Vegetables (3/4 cup)
Fruits Cocktail (1/2 cup)
1% White Milk or Fat Free White Milk (8 oz.)
Alt: Veggie Burger Casserole (10 oz.)

09/15/26

Oven Roasted Chicken Nuggets
Chicken Nuggets (2 oz.)
WG Elbow Pasta w/cheese (1 cup)
Glazed Yams (3/4 cup)
Sliced Peaches (1/2 cup)
1% White Milk or Fat Free White Milk (8 oz.)
Veggie Burger (2 oz.)
(2 oz.)

09/22/26

Stew Chicken Meal
Cut-Up-Chicken (2 oz.)
WG Seasoned Brown Rice (1 cup)
Stew Red Kidney Beans (1/2 cup)
Glazed Yams (1/4 cup)
Fruits Cocktail (1/2 cup)
1% White Milk or Fat Free White Milk (8 oz.)
Alt: Vegetarian Beans (2 oz.)

09/29/26

Spaghetti & Meat Sauce
Ground Beef (2 oz.)
WG Spaghetti Pasta (1 cup)
Seasoned Corn (3/4 cup)
Sliced Peaches (1/2 cup)
1% White Milk or Fat Free White Milk (8 oz.)
Alt: Veggie Burger (2 oz.)

WEDNESDAY 09/09/26

Stew Chicken Meal
Cut-Up-Chicken (2 oz.)
WG Seasoned Brown Rice (1 cup)
Stew Red Kidney Beans (1/2 cup)
Glazed Yams (3/4 cup)
Sliced Peaches (1/2 cup)
1% White Milk or Fat Free White Milk (8 oz.)
Alt: Vegetarian Beans (2 oz.)

09/16/26

Spaghetti & Meat Sauce
Ground Beef (2 oz.)
WG Spaghetti Pasta (1 cup)
Green Beans (3/4 cup)
Fruits Cocktail (1/2 cup)
1% White Milk or Fat Free White Milk (8 oz.)
Alt: Veggie Burger (2 oz.)

09/23/26

Stew Beef Meal
Stew Beef w/brown gravy (2 oz.)
WG Elbow Pasta (1 cup)
Sliced Carrots (3/4 cup)
Sliced Peaches (1/2 cup)
1% White Milk or Fat Free White Milk (8 oz.)
Alt: Veggie Burger (2 oz.)

09/30/26

Baked Chicken Meal
Cut-Up-Chicken (2 oz.)
WG Seasoned Brown Rice (1 cup)
Stew Pink Beans (1/2 cup)
Glazed Yams (1/4 cup)
Fruits Cocktail (1/2 cup)
1% White Milk or Fat Free White Milk (8 oz.)
Alt: Vegetarian Beans (2 oz.)

THURSDAY 09/10/26

Spaghetti & Meat Sauce
Ground Beef (2 oz.)
WG Spaghetti Pasta (1 cup)
Seasoned Spinach (3/4 cup)
Fruits Cocktail (1/2 cup)
1% White Milk or Fat Free White Milk (8 oz.)
Alt: Veggie Burger (2 oz.)

09/17/26

Baked Chicken Meal
Cut-Up-Chicken (2 oz.)
WG Seasoned Brown Rice (1 cup)
Stew Pink Beans (1/2 cup)
Glazed Yams (1/4 cup)
Sliced Peaches (1/2 cup)
1% White Milk or Fat Free White Milk (8 oz.)
Alt: Vegetarian Beans (2 oz.)

09/24/26

Chili Cheese Fries
Ground Beef topped with cheese (2 oz.)
WG Slice Bread (1 ea.)
Potatoes Wedges (3/4 cup)
Fruits Cocktail (1/2 cup)
1% White Milk or Fat Free White Milk (8 oz.)
Alt: Veggie Burger w/ cheese (2 oz.)

10/01/26

Stew Beef Meal
Stew Beef w/brown gravy (2 oz.)
WG Elbow Pasta (1 cup)
Green Beans (3/4 cup)
Sliced Peaches (1/2 cup)
1% White Milk or Fat Free White Milk (8 oz.)
Alt: Veggie Burger (2 oz.)

FRIDAY 09/11/26

Oven Roasted Chicken Nuggets
Chicken Nuggets (2 oz.)
WG Elbow Pasta w/ Cheese (1 cup)
Seasoned Potato Wedges (3/4 cup)
Sliced Peaches (1/2 cup)
1% White Milk or Fat Free White Milk (8 oz.)
Alt: Veggie Burger (2 oz.)
Condiment: Ketchup

09/18/26

Hotdog Meal
Veggie Hotdog (2 oz.)
1 ea. WG Hotdog bun (2 oz.)
Broccoli Florets (3/4 cup)
Fruits Cocktail (1/2 cup)
1% White Milk or Fat Free White Milk (8 oz.)
Condiment: Ketchup

09/25/26

Oven Roasted Chicken Nuggets
Chicken Nuggets (2 oz.)
WG Elbow Pasta w/ Cheese (1 cup)
Broccoli Florets (3/4 cup)
Sliced Peaches (1/2 cup)
1% White Milk or Fat Free White Milk (8 oz.)
Alt: Veggie Burger (2 oz.)
Condiment: Ketchup

10/02/26

Hotdog Meal
Veggie Hotdog (2 oz.)
1 ea. WG Hotdog bun (2 oz.)
Broccoli Florets (3/4 cup)
Fruits Cocktail (1/2 cup)
1% White Milk or Fat Free White Milk (8 oz.)
Condiment: Ketchup