

SEPTEMBER 2026 – BREAKFAST MIDDLE SCHOOLS

*Assorted milk and lactose-free milk is served daily.
All students in Richmond County eat at no cost.

Offer Vs Serve – Students must have 3 food items, including at least 1/2 cup fruit or juice. May have meat/meat alternate, grain, fruit, juice, and milk.

USDA is an equal opportunity provider, employer, and lender.

The menu is subject to change due to product availability.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Sausage & Cheese Pastries Cinni Minis Poptarts *Assorted Fresh Fruit Assorted Chilled Fruit Juice	2 French Toast Sticks Manager's Choice Cereal Bar w/ Breakfast Cracker Assorted Fruit Assorted Chilled Fruit Juice	3 Breakfast Bento Box Glazed Pull-Apart Donut Cereal Assorted Chilled Fruit Cup Assorted Chilled Fruit Juice	4 Sausage Biscuit Manager's Choice Poptarts Assorted Fruit Assorted Chilled Fruit Juice
7 Student Holiday	8 Bacon Scramble Pizza Breakfast Bento Box Poptarts *Assorted Fresh Fruit Assorted Chilled Fruit Juice	9 French Toast w/ Sausage Links Cinni Minis Cereal Bar w/ Breakfast Cracker Assorted Fruit Assorted Chilled Fruit Juice	10 Fruit Smoothie w/ Breakfast Cracker Dunkin Donut Sticks Cereal Assorted Chilled Fruit Cup Assorted Chilled Fruit Juice	11 Sausage Biscuit Manager's Choice Poptarts Assorted Fruit Assorted Chilled Fruit Juice
14 Southern Style Chicken Biscuit Mini Pancakes Cereal Assorted Fruit Assorted Chilled Fruit Juice	15 French Toast Sticks Breakfast Snack Bag Poptarts *Assorted Fresh Fruit Assorted Chilled Fruit Juice	16 Scrambled Eggs w/ Cheese & Biscuit Raspberry Swirl Danish Cereal Bar w/ Breakfast Cracker Assorted Fruit Assorted Chilled Fruit Juice	17 Strawberry Parfait w/ Granola Mini Chocolate Donuts Cereal Assorted Chilled Fruit Cup Assorted Chilled Fruit Juice	18 Sausage Biscuit Manager's Choice Poptarts Assorted Fruit Assorted Chilled Fruit Juice
21 Southern Style Chicken Biscuit Muffins Cereal Assorted Fruit Assorted Chilled Fruit Juice	22 Strawberry Bagels Cinnamon Roll Poptarts *Assorted Fresh Fruit Assorted Chilled Fruit Juice	23 Bacon, Egg & Cheese Croissant Mini Waffles Cereal Bar w/ Breakfast Cracker Assorted Fruit Assorted Chilled Fruit Juice	24 Breakfast Protein Power Pack Powdered Donuts Holes Cereal Assorted Chilled Fruit Cup Assorted Chilled Fruit Juice	25 Sausage Biscuit Manager's Choice Poptarts Assorted Fruit Assorted Chilled Fruit Juice
28 Southern Style Chicken Biscuit Uncrustable PBJ Cereal Assorted Fruit Assorted Chilled Fruit Juice	29 Bacon Scramble Pizza Breakfast Bento Box Poptarts *Assorted Fresh Fruit Assorted Chilled Fruit Juice	30 French Toast w/ Sausage Links Cinni Minis Cereal Bar w/ Breakfast Cracker Assorted Fruit Assorted Chilled Fruit Juice	Vegetarian options are offered daily. *Georgia-grown and locally sourced products and ingredients are offered regularly.	
Learn more about Richmond County's Wellness Policy plans & how to participate at Nutrition Services / Wellness Policy (rcboe.org)				